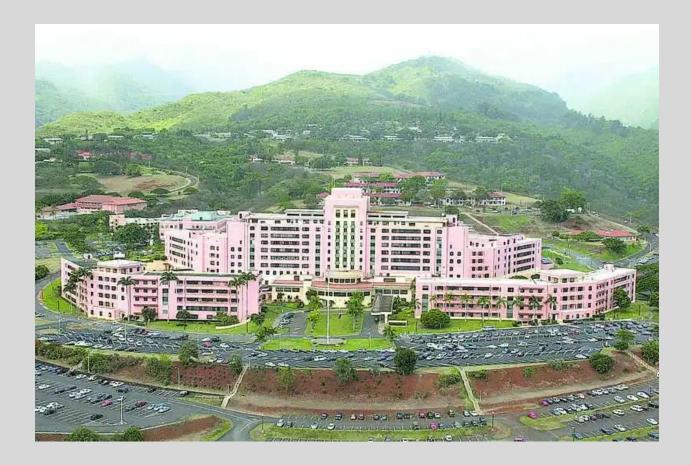
## **MEDICAL RESOURCES**



Before you move, contact the TRICARE office in the region you are leaving to see if you need to switch to a new region. Hawaii is part of the West region, and our current regional TRICARE provider is Health Net Federal Services (as of Jan 2021). Visit <a href="https://www.tricare.new.tricare.n

## **Choose from the following locations:**

(808)448-6000
(808)257-3365
(808)473-1880
(808)433-2778
(808)433-2778
(808)433-5401/5402

**Appointments:** More than 90% of all appointments can be scheduled online at <a href="www.tricareonline.com">www.tricareonline.com</a>. **Emergency Services:** Dial 911 or report to Tripler Army Medical Center Emergency Room. For lifethreatening emergencies, report to nearest Emergency Room.