



National Intrepid Center of Excellence

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The National Intrepid Center of Excellence (NICoE) is a DoD institute dedicated to providing cutting-edge evaluation, treatment planning, research and education for service members and their families dealing with the complex interactions of combat and mission related mild traumatic brain injury and psychological health conditions.

PATIENT PROFILE

NICoE patients are active duty service members with a mild-to-moderate TBI complicated by other impairing PH conditions, who are not responding to current therapy and who have been prevented from returning to full duty. The profile of service members seen at the NICoE includes:

- *Active duty desiring to remain mission-capable; National Guard/Reservists on active duty*
- *Mild-to-moderate TBI and psychological health issues*
- *Persistence of symptoms*
- *No active/untreated substance abuse disorder*
- *Capable of participating in an intensive outpatient level of care, including:*
 - *The ability to perform all Activities of Daily Living skills*
 - *Independently obtain or provide for their own food and transportation*
 - *Conduct their own financial affairs*
 - *Not a danger to self or others*
 - *Not in need of services requiring a level of nursing care or medical monitoring higher than what can safely be provided in an outpatient setting*

The NICoE features an interdisciplinary team including a neurologist, psychiatrist, internist (team leader), neuropsychologist, family therapist, speech language pathologist, nutritionist, audiologist, physical and occupational therapist and chaplain.

NICoE EVALUATIONS

- *Physical and neurological evaluations*
- *Psychiatric and psychological health evaluations*
- *Vestibular, audiology and speech evaluations*
- *Electrophysiologic testing*
- *Sleep evaluation*
- *Neuroimaging evaluation (can include MRI, PET-CT, MEG)*
- *Physical rehabilitation*
- *Family evaluation*
- *Integrative medicine (complimentary and alternative medicine)*
- *Nutrition evaluation*
- *Art therapy evaluation*
- *Spirituality consultation*
- *Pharmacy and substance use assessments*
- *Virtual reality assessments*

The NICoE's clinical mission is to offer interdisciplinary diagnostic and treatment planning for patients with complex TBI and PH issues, including those who are not responding to current therapy. The NICoE provides both patients and families with a holistic clinical care environment, while producing a comprehensive, individualized treatment plan. The NICoE works with the primary care provider, case managers, and the command to ensure collaborative recovery efforts, and to measure short-term and long-term outcomes of therapeutic interventions.

The NICoE provides an intensive four-week evaluation of physical, neurological, spiritual and psychosocial health.



HOPE ★ HEALING ★ DISCOVERY ★ LEARNING

