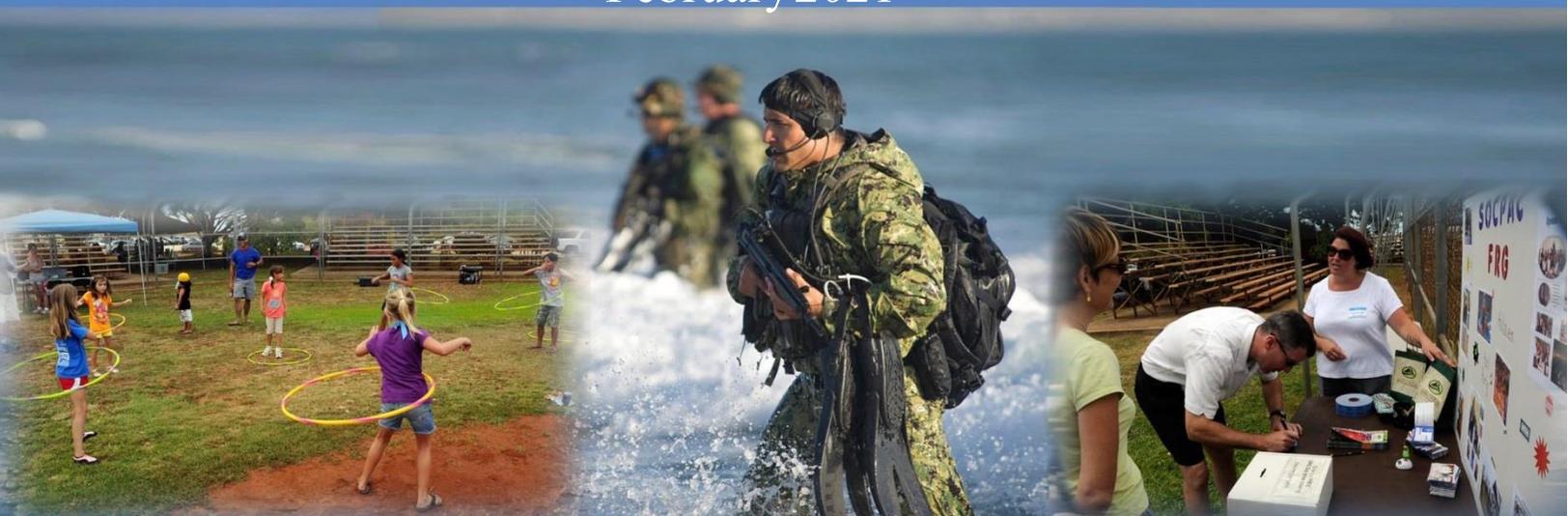




SOCPAC Newcomer's Guide

February 2021



Aloha and congratulations on your new assignment to Special Operations Command, Pacific (SOCPAC). This guide provides information to assist in your transition. Please provide feedback on its contents.

If you have not made contact with your Sponsor within 30 days of arrival, please call SOCPAC SOJ1 at (808) 204-3626.

IN-PROCESSING: Your Sponsor should pre-arrange or escort you to get a badge, then report to the SOJ1 in Building 700 Room 113 (1st Floor), Camp H.M. Smith, HI for in-processing. Please call (808) 204-3626 if you have any questions.

THIS BOOKLET IS NOT COMPREHENSIVE; MORE INFORMATION MAY BE FOUND AT THE FOLLOWING SITES:

SOCPAC Homepage: <https://www.socom.mil/socpac>

SOCPAC Newcomer's Site: <https://www.socom.mil/socpac/newcomers>

SOCPAC Training Requirements: <https://www.socom.mil/socpac/Documents/SOCPAC%20Training%20Courses.pdf>

SOCPAC Facebook Private Group: <https://www.facebook.com/groups/pacificguardian> (request to join)

COMMAND CONTACT INFORMATION

SOCPAC Joint Operations Center (JOC)
(808) 470-1040

SOCPAC Command Group
(808) 470-1009

CAMP H.M. SMITH SECURITY

Marine Corps Base Hawaii (MCBH) Provost Marshal's Office is responsible for all matters relating to law enforcement and installation security. These responsibilities include such things as emergency response, traffic enforcement, criminal and traffic accident investigation, installation access control, crime prevention, physical security, pet regulation enforcement, and coordination with local, state, federal and military law enforcement, and security agencies.

Camp Smith Desk Sergeant (808) 477-7114
Camp Smith Vehicle Registration (808) 477-8734/8735
<https://www.mcbhawaii.marines.mil/Offices-Staff/Provost-Marshals-Office/>

HQ, USINDOPACOM VISITOR CONTROL CENTER

Building 700, Camp H.M. Smith, HI
(808) 477-9356/9358

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SPECIAL OPERATIONS COMMAND, PACIFIC

Welcome to Special Operations Command, Pacific (SOCPAC), located aboard Camp H.M. Smith, Oahu, Hawaii. This Resource Guide was compiled as a means to keep our families informed and to assist you during your relocation transition while settling into your new community.

SOCPAC is a sub-unified command and serves as the Special Operation Forces (SOF) component command for the U.S. Indo-Pacific Command (USINDOPACOM). Its Area of Responsibility (AOR) represents the largest geographic area of the unified commands. It covers over half of the Earth's surface with more than 105 million square miles and nearly 60 percent of the world's population. Distance, diversity, and change characterize the INDOPACOM AOR.

SOCPAC Mission: COMSOCPAC serves as USINDOPACOM's Theater Joint Forces Special Operations Component Commander (TJFSOCC). The TJFSOCC coordinates, plans, and directs all Special Operations across the USINDOPACOM AOR in support of its objectives of deterring aggression, responding quickly to crisis, enhancing regional security cooperation, and defeating threats to the U.S. and its interests.

SOCPAC Vision: SOCPAC and its aligned forces, networked with partners, are postured, trained and equipped to conduct sustained special operations in pursuit of a secure and stable USINDOPACOM AOR, always ready to respond to CDRUSINDOPACOM-directed contingencies. As a SOF organization, we provide unique and unconventional capabilities and approaches to challenges. Synchronized efforts are imperative to Building Partner Security Capacity, Shaping Key Operational Environments, Identifying Violent Extremist Organizations Networks, and Responding to Crisis or Conflict at any time. The ability to rapidly and effectively learn lessons, adapt to change, and leverage technology is essential to success.

Meaning of the SOCPAC Shield

The *blue background and lettering and the golden borders* represent the unit's headquarters in Hawaii and the Pacific area of operations.

The open *parachute* represents the airborne mission of the unit.

The *eagle* represents the United States of America but also agility, speed and power which are synonymous with SOF and the ability to rapidly deploy and adapt to any situation, delivering a powerful strike against the enemy.

The *trident*, a symbol of naval prowess, symbolizes the Navy SEAL Teams and Special Boat Units.

Red is the color of action and sacrifice. It denotes zeal and courage and is a traditional Marine Corps color.

The *dagger*, associated with Army SOF (Special Forces, Rangers, MISO and Civil Affairs), also represents total military preparedness and readiness for deployment.

The *lightning bolt* denotes Air Force Special Operations, rapid response, cyber capabilities and aerospace power.

Each of these symbols represents the elements that form the whole of our Joint Headquarters – SOCPAC.



ALOHA AND WELCOME TO HAWAII



Oahu (Hawaiian: *O‘ahu*) is the most populous of the Hawaiian islands, the third largest in size (after Hawaii Island and Maui) and the cultural, financial, and predominant tourist destination of the Hawaiian islands. Home to over 85% of the state's population, Oahu is appropriately nicknamed "The Gathering Place."

Oahu is truly at the heart of Hawaii. The city of Honolulu, the state capital, is a large metropolitan city in particular, its Waikiki district. It is the only real metropolitan area in all of the Hawaiian Islands.

Visitors to Oahu and local Hawaiian residents have access to all the amenities and conveniences that only a large city, such as Honolulu, can provide. This includes bustling nightlife, great restaurants, exciting cultural events and establishments, good public transportation, and a variety of shopping and lodging options. Combined with the city and island's extensive beaches, parks, mountains, recreational areas, and quaint towns, it is an enjoyable metropolitan area. However, "big city problems" exist as well, such as traffic, high cost of living, and some crime.

If you are looking for serenity and relaxation, Oahu offers many destinations on the island – you just need to know where to look. Outside Honolulu and Waikiki one can discover many beachside resorts and activities, far from the hustle and bustle. Natural beauty can be found in the two mountain ranges, the Ko‘olau and Waianae ranges. Many great hikes are just a short drive into the mountains from Waikiki. Secluded white sand beaches, quaint beach towns and pounding winter surf are available on the North Shore.

So, enjoy Oahu and all it has to offer. Take the opportunity to see the North Shore during the wintertime when monstrous waves pound the shore (think of the opening scene of the 1970's show "Hawaii Five-O"). Take a drive through miles of pineapple fields and visit some of the beaches, mountain trails, and scenery outside of Waikiki to see all Oahu has to offer.

For more information, visit the Hawaii Military Guide Portal at <https://hawaiimilitaryguide.com/>

or

download a comprehensive Installation Guide at <https://www.mybaseguide.com/installation/camp-h-m-smith/>

HONOLULU AIRPORT



The official name of Honolulu Airport is Daniel K. Inouye International Airport (HNL). Visitor Information Staff are available daily from 6:00 am to 11:45 pm (Hawaii time) to assist travelers with questions, comments or concerns. Information desks are located throughout the airport, with the military liaison desk located by Baggage Claim 19.

If you need assistance and the desks are not staffed, you can call (808) 836-6413 for assistance.

ARRIVAL SUPPORT:

Prior to arrival at the Honolulu airport, make sure to work out arrival details with your SOCPAC sponsor. If at all possible, the sponsor, or other command representative, should greet your inbound family and escort you to the arranged temporary lodging location.

AIRPORT USO:

Located between Baggage Claims 19 and 20 on the ground level of Terminal 2, this USO offers a warm "aloha" welcome to all military travelers and their families. The center offers "island luxury" style décor along with a wide array of free services including: refreshments and drinks, computer stations, Wi-Fi, children's room, sleeping room, marble shower (towels and toiletries provided), magazines and books and information services about things to see and do in Hawaii. For more information call (808) 836-3351.

GROUND TRANSPORTATION:

There are a number of ways to get to and from the airport. It is located 10 miles from Waikiki, 6 miles from downtown Honolulu, and 6 miles from SOCPAC (Camp H.M. Smith).

Taxi Service is available on the center median fronting the terminal baggage claim areas. The fare from the airport to Waikiki during non-rush hour periods is approximately \$35-\$40. Fare is by meter only. For tax dispatch, call (808) 831-2023. **Ride-share services** such as Lyft or Uber are also available.

Six rental car companies, Avis, Budget, Enterprise, Hertz, National, and SIXT are located on airport. All others provide off-airport car rentals. On airport rental car offices are located on the ground level of the Terminal 2 Parking Garage except Enterprise which is located on Aolele Street. Car rental shuttles stop in designated areas along the center median on the ground level outside of baggage claim areas.

See <http://airports.hawaii.gov/hnl/getting-to-from/ground-transportation/car-rentals/>.

RELOCATION ASSISTANCE

Your decision where to live while stationed at SOCPAC will be a function of several factors, to include: on-base vs. off-base desires, proximity to schools, work, beaches, etc, as well as traffic patterns. While websites provide excellent background information and orientation, engage your sponsor and other people living on Oahu early to learn more about the different options and what is the best fit for you and your family. In addition to support offered by your sponsor, there are many Army, Navy, Air Force and Marine relocation assistance programs available to help you and your family deal with issues that can arise during a move. Arrival services include sponsor program, information on housing, schools, home buying, cultural tours, briefs, lending closet, and more. Departure services include pre-departure classes and briefings, and flight reservations.

MILITARY & FAMILY SUPPORT SERVICES - HAWAII

U.S. ARMY

Army Community Service Center (ACS)

Bldg # 690, 310 Brannon Road
Schofield Barracks, HI 96857
PH: (808) 787-4227

Army Emergency Relief

Bldg # 690, 310 Brannon Road
Schofield Barracks, HI 96857
PH: (808) 655-2415

Social Work Services

Wing 3F, Mountainside
Tripler Army Medical Center
PH: (808) 433-2769/2777

U.S. NAVY

Military & Family Support Center-Pearl Harbor

4827 Bougainville Dr.
Honolulu, HI 96818
PH: (808) 474-1999

Navy-Marine Corps Relief Society

1514 Makalapa Drive
Honolulu, HI 96818
PH: (808) 473-0282

Family Advocacy Programs

4827 Bougainville Dr.
Honolulu, HI 96818
PH: (808) 474-1999

U.S. AIR FORCE

Military & Family Support Center-Hickam

Bldg #1105, 655 Vickers Ave.
JB Pearl Harbor-Hickam, HI 96853
PH: (808) 474-1999

Air Force Aid Society

Bldg #1105, 655 Vickers Ave.
Hickam
PH: (808) 449-0301

Family Advocacy Program

Bldg #1105, 655 Vickers Ave.
Hickam
PH: (808) 474-1999

U.S. MARINE CORPS

Marine Corps Community Services (MCCS)

Marine & Family Services

Bldg # 216 / # 579
Marine Corps Base Hawaii Kaneohe Bay
PH: (808) 257-0372/7786

Family Advocacy Program

Bldg # 216
Marine Corps Base Hawaii Kaneohe Bay
PH: (808) 257-7780/8803

MILITARY INSTALLATION GUIDE

A comprehensive military installation guide for all of Oahu is available (hard copy) at the Family Support/Community Service Centers listed above, or download it at <https://www.mybaseguide.com/installation>.

TEMPORARY LODGING ALLOWANCE (TLA)

*****Note: You must stay in a TLA-approved hotel for reimbursement. The most current listing can be obtained from the lodging and housing offices. See your service component below for contact information.***

TLA is for military personnel arriving and departing Hawaii and is provided to partially reimburse a member for the more-than-normal expenses incurred while occupying temporary lodgings. Basic Allowance for Housing (BAH) continues during the period a member receives TLA reimbursement.

Temporary lodging reimbursements are limited to only those facilities that are either on the TLA Approved Lodging list or are properly registered with the State of Hawaii to operate as Hotel/Transient Accommodations. If reserving with someone not listed, simply ask them for a Transient Accommodations Tax ID Number. If they cannot provide one, please choose different accommodations. Vacation rentals such as AirBnB, timeshares, and bed-and-breakfast places are not TLA approved. MWR recreational cabins are also not TLA approved.

All branches of service use the same approved TLA list and same TLA rates and require a non-availability letter if on-base lodging is not used. TLA is authorized and processed by your branch of service, so for making reservations and initiating TLA, please start with your service's lodging facility and/or TLA/housing office listed below.

Army	<p>Army Soldiers must be signed in off leave to start TLA. You must in-process with the housing office within 5 working days if you will be receiving TLA.</p> <p>Lodging: The Inn at Schofield, (808) 624-9650</p> <p>TLA/Housing Office: Bldg 950, 215 Duck Road, Schofield Barracks, (808) 655-3073 Webpage: https://home.army.mil/hawaii/index.php/garrison/dpw/housing/hso</p>
Navy	<p>Secure on-base billeting as soon as possible. If you are unable to obtain on-base billeting, secure a non-availability letter prior to make any hotel reservations. You must in-process with the housing office if you will be receiving TLA.</p> <p>Lodging: Navy Lodge, (808) 440-2290 or Navy Gateway, (808) 800-2330</p> <p>TLA/Housing Office: Bldg 2652, 4825 Bougainville Drive, Honolulu, (808) 474-1820/1821 Webpage: https://www.cnic.navy.mil/regions/cnrh/installations/jb_pearl_harbor_hickam/ffr/housing_and_lodging/family_and_unaccompanied_housing/housing_services/temporary_lodging_allowance.html</p>
Air Force	<p>Secure on-base billeting as soon as possible. If you are unable to obtain on-base billeting, secure a non-availability letter prior to making any hotel reservations. To initiate your TLA, schedule an appointment with the housing office.</p> <p>Lodging: Navy Lodge (808) 440-2290 or Hickam- Royal Alaka'i Inn (808) 448-5974</p> <p>TLA/Housing Office: Bldg 6500, 200 Kokomalei Street, Hickam, (808) 448-6888/0856 Webpage: https://www.cnic.navy.mil/regions/cnrh/installations/jb_pearl_harbor_hickam/ffr/housing_and_lodging/family_and_unaccompanied_housing/housing_services/temporary_lodging_allowance.html</p>
Marines	<p>Most TLA hotels are in Honolulu. Marines must obtain a non-availability statement from the Base Temporary Lodging Facility before being authorized TLA. Start by checking in at IPAC.</p> <p>Lodging: Inns of the Corps (married) (808) 254-2806 or Five Palms (single) (808) 257-2409</p> <p>TLA Office/IPAC: Bldg 1043, 3rd Street, MCBH Kaneohe Bay, (808) 257-1582/2198 Webpage: https://www.mcbhawaii.marines.mil/Welcome-Aboard/Inbound-Arrival-Info/</p>
Hale Koa	<p>The Hale Koa is a popular hotel for military in Waikiki. Members should still get a non-availability letter and consider options before booking. Its rooms are single rooms and do not have kitchens.</p> <p>https://www.halekoa.com/ or 1-800-367-6027</p>

HOUSING



The following information and links are provided for incoming personnel and families. You may choose to live on- or off-base. Military Housing Offices on Oahu provide counseling on housing availability for both on- and off-base; provide assignment to and termination of government quarters; and grant Temporary Lodging Allowance (TLA) authorizations.

It is recommended to start looking for a new home as soon as possible by visiting the housing links provided below.

Off -Base Housing: If you are planning to live off-base, visit the Automated Housing Referral Network (AHRN) website at <https://www.ahrn.com>. This website helps service members and families connect with available rentals faster and easier. You must create a login and username to search for rental properties.

Rentals on Oahu are expensive and square footage is limited. Average rental rates are studio, \$1,200; one bedroom, \$1,500; two bedroom, \$1,800; three bedroom, \$2,600; and four bedroom, \$3,000 and up.

Some units come with utilities included in the rent (gas, electricity, and/or water); however, utilities are generally more expensive here than on the mainland. Not all units have central air conditioning. Many have window or split A/C units along with ceiling fans, but electricity costs to run these units can be very high.

Four- and five-bedroom units are all single-family houses, and they are difficult to find. Nearly all rentals require first and last month's rent, which doubles rental costs upon move-in. Members can request an advance of Basic Allowance for Housing (BAH) to help pay for these up-front costs.

On-Base Housing:

Army: Army Housing Services Office
215 Duck Road (Bldg 950)
Schofield Barracks, HI 96857
PH: (808) 655-3073
<https://home.army.mil/hawaii/index.php/garrison/dpw/housing/hso>

Navy: Navy Housing Service Center
4825 Bougainville Drive (Navy Aloha Center)
Joint Base Pearl Harbor-Hickam, Honolulu, HI 96818
PH: (808) 474-1820
https://www.cnic.navy.mil/regions/cnrh/installations/jb_pearl_harbor_hickam/ffr/housing_and_lodging/family_and_unaccompanied_housing/housing_services.html

Air Force: Hickam Military Housing Office
200 Kokomalei Street (Bldg 6500)
Joint Base Pearl Harbor-Hickam, Honolulu, HI 96818
PH: (808) 312-0199
<https://www.housing.af.mil/Home/Units/Joint-Base-Pearl-Harbor-Hickam/>

Marines: MCBH Family Housing Office
1571 Lawrence Road
MCBH Kaneohe Bay, HI 96734
PH: (808) 257-2676
<https://www.mcbhawaii.marines.mil/Offices-Staff/S-4-Installations-Environment-Logistics/Family-Housing/>

UTILITY COMPANIES

Hawaiian Electric Company (HECO)

(808) 548-7311 Outages: (855)-304-1212
900 Richards Street
Honolulu, HI 96813
Mon-Fri: 7:30 am – 6:00 pm (except holidays)
<https://www.hawaiianelectric.com>

Hawaii Gas Company

(808) 535-5933 Emergency: (808) 526-0066
515 Kamakee St
Honolulu, HI 96814
Mon-Fri: 7:30 am – 4:00 pm (except holidays)
<http://www.hawaiigas.com>

Board of Water Supply (BWS)

(808) 748-5000
630 S. Beretania Street
Honolulu, HI 96843
Mon-Fri: 7:45 am – 4:00 pm (except holidays)
<https://www.hbws.org>

Hawaiian Telcom

(808) 643-3456
1177 Bishop St.
Honolulu, HI 96813
Mon-Fri: 8:00 am – 5:00 pm
Sat: 9:00 am – 5 pm
<https://www.hawaiiantel.com>

Spectrum Cable

1-855-243-8892
Locations throughout Oahu
Hours vary by location, approx 10:00 am – 7:00 pm
daily
<https://www.spectrum.com/services/hawaii>

SCHOOLS AND EDUCATION

SOCPAC personnel are dispersed all over Oahu and make education choices based on their children's individual needs. We are providing some key resources to help you make your choices. School liaison officers at the various military installations can help answer questions related to the Hawaii Department of Education (DOE), public and private schools, and/or home schooling. They are here to support and facilitate school transitions for SOCPAC families with school-age children and can provide current information on educational services to help families make the best educational decisions for their children.

While school starts early here, Hawaii schools are not year-round (with exception of multi-track schools). Public school students usually are in school from the 1st week of August to the end of May; however, this is not true for all schools.

The Hawaii DOE assigns children to public schools based on their place of residence. You must be on island and have an address to register for public school; however, a temporary lodging address may be used. Students who wish to attend a school other than their home zoned school may submit a "Request for Geographic Exception" (G.E.) at their assigned ("home") school. Approval of the exception is based on space availability and priority considerations.

Information Referrals:

- Hawaii Department of Education (DOE): <http://www.hawaiipublicschools.org/Pages/Home.aspx>
- School Calendars: <http://www.hawaiipublicschools.org/Pages/Calendar.aspx>
- School Finder: <http://www.hawaiipublicschools.org/ParentsAndStudents/EnrollingInSchool/SchoolFinder/Pages/home.aspx>
- School Reports: <http://www.hawaiipublicschools.org/VisionForSuccess/SchoolDataAndReports/SchoolReports/Pages/home.aspx>
- Aloha Military Families and Students: http://www.hawaiischoolguide.com/military/resources/resources/aloha_military_families_students_amfas
- Hawaii Charter School Directory: <http://charterschools.directory/hawaii-charter-schools.html>
- Hawaii Private School Guide: https://www.hais.us/RelId/622597/ISvars/default/Private_School_Guide.htm
- Interstate Compact on Educational Opportunities for Military Children: <https://mic3.net/>

Other Resources:

- Military Child Education Coalition: <http://www.militarychild.org>
- Tutor.com – Live, Free Homework Help for K-12: <https://www.tutor.com>
- Military One Source: <http://www.militaryonesource.mil>
- School Ratings and Reviews: <https://www.greatschools.org/> or <https://www.niche.com>

SCHOOL LIAISON OFFICERS

The Army, Navy, Air Force, and Marine Corps all have School Liaison Officers (SLOs) who serve a communication and assistance role between the school system, the military, and military families.

SLOs work with the local education agency directly on deployment support and student resiliency. They also network, educate, and work in partnership with local schools to enhance the education experience. Finally, they play an important role as a subject matter expert on an installation, helping military commanders with the support necessary to coordinate and advise military parents of school-aged children and to solve education-related problems. SLOs promote parental involvement in their children’s education, develop and coordinate partnerships in education, and educate local communities and schools regarding the needs of military children.

The SLOs are listed by service but they can help all services and they’re most knowledgeable about schools in their part of the island. Inbounds or newcomers with questions may want to start with the SLO for their branch of service or for the part of the island where they may want to live:

Branch	Name	Title	Phone	Email
Army Garrison Hawaii (USAG-HI)	Wendy Nakasone-Kalani			wendy.k.nakasone-kalani.naf@mail.mil
	Tamsin Keone	SLO	655-8326	tamsin.k.keone.naf@mail.mil
	Kim Munoz			kim.l.munoz.naf@mail.mil
Joint Base Pearl Harbor Hickam (JBPHH)	Cherise Castro	SLO	306-9247	cherise.castro@navy.mil
Marine Corps Base Hawaii (MCBH)	Amy Solomon	SLO	257-2019	amy.solomon@usmc.mil
Coast Guard	Stacey Sawyer	Family Resource Specialist	842-2089	Stacey.C.Sawyer@uscg.mil

Notes:

- 1) SLO list current as of Feb 2021
- 2) All phone numbers are in area code 808
- 3) SLO resources/webpages:
 - <https://hawaii.armymwr.com/programs/school-support-services>
 - <https://jbphh.greatlifehawaii.com/family/school-liason-office>
 - <https://mccshawaii.com/slp/>



Connecting Families, Schools & Communities

CHILD CARE



Military and DoD civilian families can search for child and youth care options through a single online gateway. Using the www.militarychildcare.com website, families can find comprehensive information on child care programs, conduct a customized search, and get on the waiting lists for on-base care anytime before or after arriving in Hawaii.

You can get on the waiting lists for Child Development Centers (CDCs) before arriving. You can enter the estimated date when you will need care and update it as your plans firm up or more information becomes available.

Child Care Resources:

Child Care Aware® of America partners with the US Military to serve and support their families through its Child Care Resource & Referral, Fee Assistance and Respite Child Care programs. Fee assistance and respite care programs vary depending on the branch of service.

<https://www.childcareaware.org/>

PATCH Hawaii is the local Child Care Resource & Referral agency and very helpful to military families.

<https://www.patchhawaii.org/> or Phone: (808) 839-1988

The YMCA has very good programs in Hawaii, including learning centers during the pandemic, a variety of child care and summer camp options, and 3 locations of the Armed Services YMCA (ASYMCA) at Joint Base Pearl Harbor-Hickam (JBPHH), Marine Corps Base Hawaii (MCBH) Kaneohe Bay, and Schofield Barracks/Wheeler Army Airfield.

<https://www.asymca.org/honolulu-hi>

<https://www.ymcahonolulu.org/>

Pre-schools can be expensive and hard to find. Unfortunately, Hawaii ranks at the bottom of states when it comes to access to free public pre-school. Relatively few public elementary schools offer Pre-K and some of those are limited to special needs children. One resource to help find pre-schools once you know what part of the island you want to live in is <http://www.hawaiischoolguide.com/>.

On a more positive note, Before and After-school care is offered at many public elementary schools. The program is called A+ and is quite affordable (subsidized by the state).

For summer care, a very affordable option is the County Department of Parks and Recreation's "Summer Fun" program for ages 6 and up. This fills up fast at many sites, so registration is advised as soon as it opens. Registration finally went online in 2020 - <http://www.honolulu.gov/parks/program/summer-fun-program.html>.

CHILD CARE RESOURCES AND REFERRAL

Updated Aug 2020
All phone numbers (808)

ON-BASE PROGRAMS

For all Child Development Centers (CDC – 6 weeks-5 years), School Age Centers (SAC – grades K-6) and Child Development Homes (CDH – 6 weeks-12 years). register at www.militarychildcare.com

JBPHH (JOINT BASE PEARL HARBOR-HICKAM)

JBPHH Child Development Homes/Family Child Care program, Bldg 1514	471-8445
Hickam Main CDC, Bldg 1597	449-9880
Hickam West CDC, Bldg 1654	449-5230
Hickam Harbor CDC, Bldg 623	448-0183
Hickam School Age Center, Bldg 1335	448-4396
Center Drive CDC, Bldg 930	471-1978
Peltier CDC, Bldg 1928	471-9336
Pier Side CDC, Bldg 1655	473-2669
Ford Island CDC, Bldg 570	472-0259
Kids Cove 24/7/365, Bldg 204	421-0989
Catlin School Age Center	421-1556

SCHOFIELD BARRACKS

Schofield Parent Central Services, Bldg 1283	655-8380
Schofield CDC, Bldg 9098	655-7106
Bowen CDC, Bldg 1279	655-1569
Peterson CDC, Bldg 791	655-5293
Schofield / Fort Shafter Family Child Care program, Bldg 1283	655-1521/8373

FORT SHAFTER

Fort Shafter CDC, Bldg 900	438-1151
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AMR (Aliamanu Military Reservation)

AMR Parent Central Services, Bldg 1782	833-5393
AMR CDC, Bldg 1783	833-5570

WAHIAWA AREA

Wahiawa Annex CDC, Bldg 477	653-5305
Helemano Military Reservation CDC and SAC, Bldg 30	653-0724

MCBH (MARINE CORPS BASE HAWAII) KANEOHE BAY

Child Care Resource & Referral, Bldg 5082	257-7430
Kupulau CDC, Bldg 6111	257-1388
Laulima CDC, Bldg 6782	257-2038
School Age Care (Kulia Center), Bldg 6753	257-7430

LOCAL/CIVILIAN CHILDCARE RESOURCES

Child Care Connection Hawaii and Preschool Open Doors (2 subsidy programs)	832-3800 / 791-2130
Head Start & Early Head Start (age 0 - 6) www.hcapweb.org/headstart/	847-1000
KCAA Pre-Schools of Hawaii (age 2 - 5) www.kcaapreschools.org/	845-4115
Kama'aina Kids (pre-school & school age care at 70+ sites) www.kamaainakids.com	262-4538
PATCH (child care resource & referral agency) www.patchhawaii.org	839-1988
The Parent Line (for any parenting concerns, not just child care) www.theparentline.org/	526-1222
Armed Services YMCA (3 locations on Oahu) www.asymca.org/honolulu-hi	
FREE search tools: www.care.com , www.childcare.gov , www.childcareaware.org , www.sittercity.com	

PET INFORMATION AND QUARANTINE

Moving to or from Hawaii with a pet takes advance planning and a lot of expenses.

Hawaii is the only rabies-free state in the US. To maintain this unique status, there are strict guidelines and specific programs that must be completed before your cat or dog will be accepted into the state of Hawaii.

Cats and dogs meeting specific pre- and post-arrival requirements may qualify for the 5-Day-Or-Less quarantine program, which has a provision for direct release at the Honolulu airport after inspection. Otherwise, they may have to be quarantined for up to 120 days upon arrival.

Airline, veterinary, animal quarantine, and other costs can add up to hundreds or thousands of dollars, depending on where you're coming from, where your animal will be in the aircraft, how big your pet is, etc. Space for traveling in the cabin or the cargo compartment is subject to availability and seasonal/temperature limitations. Temporary lodging that allows pets is limited.

The DoD may reimburse active duty military members up to \$550 per family for pet quarantine expenses only (not pet transportation or other expenses). This is claimed on the PCS travel voucher with the Finance office.

The best advice is to read the requirements very carefully and start planning early.

Hawaii Rabies Quarantine Information Brochure is a **MUST READ** and available at:
<https://hdoa.hawaii.gov/ai/files/2019/08/aqsbrochure-08.2019.pdf>

For more information, see the Hawaii Animal Quarantine Information Page at:
<http://hdoa.hawaii.gov/ai/aqs/aqs-info/>

CONTACT INFO for the Hawaii Animal Quarantine Station:

Email: rabiesfree@hawaii.gov

Phone: (808) 483-7151 (email is better due to the high volume of calls and time zone differences)

Mailing address to submit forms:

Animal Quarantine Station
99-951 Halawa Valley Street
Aiea, Hawaii 96701



EMPLOYMENT RESOURCES

The Family Support Centers / Community Services Centers listed on page 7 can provide employment-related services directly to you. They each have an Employment or Transition Readiness section to assist spouses and family members as well as military members and veterans. Services include classes, workshops, job search skills training, career planning, resume writing, job fairs, and interviewing techniques. Resources include computer and internet access, websites and literature, and federal and private sector employment information.

Some general resources are listed here:

<p><u>Military-Related Job Resources</u></p> <p>DoD Military Spouse Employment Partnership https://msejobs.militaryonesource.mil/</p> <p>Military Spouse Career Center www.military.com/spouse</p> <p>Military Spouse Corporate Career Network www.msccn.org</p> <p>US Army Garrison Hawaii https://home.army.mil/hawaii/index.php/my-fort/services/employment-opportunities</p> <p>Marine Corps Base Hawaii https://mccshawaii.com/careers/</p> <p>Joint Base Pearl Harbor Hickam https://jbphh.greatlife-hawaii.com/support/military-family-support-center/employment-program</p>	<p>Hawaii Job Resources</p> <p>Hire Net Hawaii www.hirenethawaii.com</p> <p>Tech Jobs Hawaii www.techjobshawaii.org</p> <p>State of Hawaii Careers (hawaii.gov) http://jobs.hawaii.gov/careers/</p> <p>Hawaii Jobs on Demand/Kama'aina Jobs www.hawaiijobsondemand.com</p> <p>Local Daily Newspaper with Employment Ads www.staradvertiser.com https://hawaiijobs.staradvertiser.com/?src=HSA</p>
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Vehicles

The government will pay to ship one privately owned vehicle (POV) for you. It will be shipped to the Vehicle Processing Center located at Pier 1 on Forrest Avenue in Honolulu. **To check on the status of your vehicle, check online at <https://www.pcsmypov.com/Track>, or email Honolulu.VPC@ialpov.us, or call 808-670-3095 or 1-855-389-9499.** As long as COVID Quarantine or Restriction of Movement (ROM) are required, you will need to complete that before picking it up.

If you are considering whether to ship a second car at your own expense, consider the cost vs. the value of the car and the wide availability of used cars here on Oahu. There are a number of different companies for shipping. It may cost under \$1000 from the West Coast or over \$2000 from the East Coast.

The Joint Personal Property Shipping Office (JPPSO) manages shipments for military and civilian members of all services. They are part of the NAVSUP Fleet Logistics Center in Pearl Harbor and their webpage is https://www.navsop.navy.mil/public/navsup/flcph/pp_hhgs/ (scroll down for the Vehicle Processing Center part).

Registering Your Vehicle in Hawaii

All automobiles used on the highway must be registered with the State of Hawaii within 10 days of arrival. If you are not a legal resident of Hawaii, you may keep your original vehicle license plates, but you must register your car to get a Hawaii vehicle permit sticker. To complete vehicle registration, you are required to have proof of ownership or certificate of registration; shipping documents; and Hawaii no-fault insurance coverage. Additionally, Hawaii requires an annual safety inspection for all vehicles; valid identification card; and Non-Resident Certificate Form CS-L (MVR) (to be obtained from SOCPAC SOJ1 verifying your home of record as reflected in your service record).

Note: proof of insurance requires a white card with watermark provided by your auto insurance company, not just a printout. If you're with USAA, call them first to change it to Hawaii and mail it to you, or pick up the white card at an associated office called Crawford & Co in Honolulu near the Ala Moana shopping center.

For more information, visit the Customer Services Department at <http://www.honolulu.gov/csd>.

Complete the registration at one of the DMV satellite city halls. They have locations at Joint Base Pearl Harbor Hickam (at 1705 O'Malley Blvd) and around the island; find locations/hours and make appointments online at <http://www.honolulu.gov/cms-csd-menu/site-csd-sitearticles/26204-services-and-locations-listings.html#SCH>.

Note: satellite offices accept CASH or CHECKS only.

Driver's Licenses

Driver's licenses issued by your home state are generally valid in Hawaii until they expire. If you want to apply for a Hawaii driver's license, you must present your Social Security card and current out-of-state license. If your out-of-state license has expired, you will be required to complete an application form, take and pass a written examination, eye test and a road test. Your original license will not be returned. The driver's license age in Hawaii is 16, however teen drivers under 18 (age 16 or 17) with a driver's license from another state or territory or Canada must provide legal written consent by a parent or guardian and pass a required driver's education course.

For more information, visit the Hawaii Driver License website at <http://www.honolulu.gov/csd/dlicense.html> or the Hawaii Driver's Handbook at <https://hidot.hawaii.gov/highways/files/2019/03/mvso-11272-Hawaii-Drivers-Manual-r3-LR-10-24-18.pdf>.

MOTORCYCLES

Motorcycle operators in Hawaii must have a Class 2 motorcycle license or motorcycle instruction permit. Operators and passengers under 18 are required to wear a helmet. For more information, see the Hawaii DOT's Motorcycle Operator Manual at: <https://hidot.hawaii.gov/highways/files/2017/09/Motorcycle-Manual-Version-5-2017.pdf>.

MEDICAL RESOURCES

Before you move, contact the TRICARE office in the region you are leaving to see if you need to switch to a new region. Hawaii is part of the West region and our current regional TRICARE provider is Health Net Federal Services (as of Jan 2021). Visit www.TRICARE.mil for more information.

You must update Defense Enrollment Eligibility Reporting System (DEERS) with your new address, so you do not have any disruptions in service and your enrollment moves with you.

Contact information and more TRICARE moving tips are available online at www.TRICARE.mil. If you have any questions about DEERS, call (808) 433-9166 or (800) 527-5602.

As an active duty military service member arriving in Hawaii, your personnel office will ensure that you in-process through your service's medical Military Treatment Facility (MTF). Each primary care clinic offers orientation sessions for newcomers; spouses are encouraged to attend the orientation too. You will be assigned a Primary Care Manager (PCM) at your respective service clinic that will manage your health care. Eligible non-active duty beneficiaries may enroll into TRICARE Prime at ANY Hawaii MTF that has capacity.

Choose from the following locations:

15th Medical Group (Air Force) Joint Base Pearl Harbor-Hickam	(808) 448-6000
Naval Health Clinic Kaneohe Bay	(808) 257-3365
Naval Health Clinic Makalapa	(808) 473-1880
Schofield Barracks Army Health Center	(808) 433-2778
Tripler Army Medical Center / Fort Shafter	(808) 433-2778
Warrior 'Ohana Medical Home / Kapolei	(808) 433-5401/5402
Camp Smith Branch Health Clinic (Active Duty Only)	(808) 477-2600

Appointments: More than 90% of all appointments can be scheduled online at www.tricareonline.com.

Emergency Services: Dial 911 or report to Tripler Army Medical Center Emergency Room.
For life- threatening emergencies, report to nearest Emergency Room.

TRICARE

Oahu has a variety of Military Treatment Facilities (MTF) for all branches of service. The medical centers and clinics provide TRICARE services by appointment only, not walk-in except for emergency services.

The TRICARE website enables plan enrollment, provides downloadable forms, allows beneficiaries to make appointments, pay bills and get access to prescription information. Visit www.tricare.mil/contactus for multiple resources including frequently asked questions, customer service numbers and e-mail addresses.

TRICARE's online self-service options provide customer service online and over the phone, 24 hours/7 days.

Beneficiaries in the TRICARE West Region can call Health Net Federal Services Military and Veterans Customer Service for beneficiaries and providers at 1-844-866-WEST (1-844-866-9378)

Health Net Federal Services, LLC is the contractor for the TRICARE West Region, which includes Hawaii.

Contact:

Health Net Federal Services, LLC (HNFS)

TRICARE West Region

1-844-866-WEST (1-844-866-9378)

www.tricare-west.com

Details >

HNFS Web Admin Support

(for www.tricare-west.com registration)

1-800-440-3114

Details >

EDI Provider Help Desk

(for electronic data interchange (EDI) enrollment)

PGBA, LLC

1-800-259-0264

Details >

SIGN UP FOR eCORRESPONDENCE

Visit <http://milconnect.dmdc.mil> to provide your e-mail address and opt in to receive eCorrespondence for important information about your TRICARE benefit.

KEEP YOUR DEERS INFORMATION UP TO DATE!

The key to receiving timely TRICARE benefits is keeping your information in the Defense Enrollment Eligibility Reporting System (DEERS) up to date. www.tricare.mil/deers

You have several convenient options for updating DEERS:

- milConnect: <http://milconnect.dmdc.mil>
- (800) 538-9552
- (831) 655-8317 (fax)

Find a local identification card-issuing facility:
www.dmdc.mil/rsl

TRICARE PROGRAM COSTS

Health care costs vary depending on your TRICARE program option. Get the latest TRICARE cost information including dental and pharmacy costs. www.tricare.mil/costs

TRICARE COVERED SERVICES

Get details about TRICARE coverage, limitations, and exclusions.
www.tricare.mil/coveredservices

GETTING CARE

Find a doctor: www.tricare.mil/findaprovider

Military hospital and clinic appointments online:
www.tricareonline.com

Military hospital and clinic locator: www.tricare.mil/mtf

AMERICAN RED CROSS



The American Red Cross is mandated by Congress to provide two services to the American people: disaster relief and emergency communication between service members and their families. The Services to the Armed Forces branch helps active duty and community based military members and their families cope with separation and other special needs related to service in the armed forces.

Service members and their families stationed in Hawaii utilize a toll-free number, (877) 272-7337, to access emergency communications and related casework services, including financial assistance.

Red Cross worldwide emergency communications network operates 24 hours/day, 365 days/year. The American Red Cross can help you and your families send emergency messages regarding: Death or serious illness/injury of a family member, birth of a child, extension or leave, financial problems, medical authorizations, personal or family problems.

ALL RED CROSS INFORMATION IS CONFIDENTIAL. No information will be released until the Red Cross has the permission of a patient or next of kin. The Red Cross will request a Doctor's interpretive Statement which includes the diagnosis, prognosis, life expectancy, current condition, and doctor's recommendation for the presence of the service member or spouse. The information is passed on to the command. The command makes the final decision on emergency leave and/or emergency funded travel for family members.

American Red Cross local contact numbers:

Kaneohe Marine Corps Base: (808) 257-8848

Joint Base Hickam/Pearl Harbor: (808) 449-0166

Schofield Barracks: (808) 655-8532

Tripler: (808) 433-6631

SOC PAC RESOURCES

SENIOR ENLISTED LEADER (SEL)

The Command SEL is a key advisor to the Commander and is designated the senior noncommissioned officer (SNCO) of the command who carries out policies, enforces standards, and advises the Commander on the performance, training, appearance, and conduct of unit members. The Command SEL also serves as a trusted observer of activities in garrison and within the operational areas in the Commander's absence. The Command SEL's duties include, but are not limited to:

- Provides insights and perspectives to the Commander on integrating and implementing the overall activities of the command in the areas of operational, institutional, and training matters.
- Provides the senior operator perspective to the Commander, Directors, and staff on all operational matters with tactical, operational, and strategic assessments, recommendations, and feedback.
- Provides counsel and guidance to NCOs, officers, and civilians to include assisting in communicating the Commander's Intent and Guidance to subordinate command teams and staff leaders.
- Monitors the discipline, morale, and mission readiness of SOCPAC elements and component units.
- Administers and monitors the command's NCO development program.
- Conducts command and NCO leadership briefings and communicates perspective to higher headquarters, service component, and partner nation units

CONTACT INFORMATION:

Building 700, Room 216, Camp H.M. Smith, HI
(808) 470-1009

FIRST SERGEANT

In garrison, the First Sergeant is responsible to the Chief of Staff and the SEL for enforcing regulations and policies, conducting ceremonies, inspections, and leading unit activities. The First Sergeant oversees unit readiness, execution of command policies, standards and enlisted personnel issues, and implements enlisted professional development programs. The First Sergeant manages HQs SOCPAC facilities. When deployed, the First Sergeant is responsible for planning and coordinating direct support to HQs, Joint Task Force at its employment locations. The First Sergeant also serves as Senior Enlisted Advisor to the Army Element Commander and provides guidance, advice, and accountability on all Army enlisted matters for the command.

CONTACT INFORMATION:

Building 700, Room 117, Camp H.M. Smith, HI
(808) 204-3651

CASUALTY ASSISTANCE

Personnel assigned to SOCPAC and their families are entitled to casualty services without delay. Timely and accurate reporting, sympathetic and dignified notification, as well as thorough and compassionate assistance are the goals of the SOCPAC Casualty Services Program. The coordinated support of all individuals and agencies assigned or attached to SOCPAC is necessary to achieve these goals.

Any individual, agency or organization having knowledge of an incident that results in a command member becoming a casualty must immediately notify the SOCPAC Joint Operations Center (JOC) at (808) 470-1040. The JOC should be provided as much information as possible regarding the incident.

In the event a SOCPAC member becomes a casualty, the next of kin (NOK) shall be notified in person as promptly as possible in a dignified, humane, professional, empathetic, and understanding manner. No notification will be made by any individual of this headquarters without the consent of the SOJ1, Director of Personnel. No information concerning the SOCPAC member will be released to individuals, agencies, the media, or the general public until the appropriate NOK have been notified.

Within 24 hours after a report of death, SOCPAC shall appoint a Casualty Notification Officer (CNO), Casualty Assistance Officer (CAO) or Casualty Assistance Call Officer (CACO), depending on the branch of service, to advise and assist the immediate family.

CONTACT INFORMATION:
Building 700, Camp H.M. Smith, HI
(808) 470-1040

PRESERVATION OF THE FORCE AND FAMILY (POTFF)

Preservation of the Force and Family (POTFF) is a SOCOM initiative to improve the short- and long-term well-being of Special Operations Forces and families due to the higher ops tempo and stressors of SOF. It started over a decade ago, first at the service components and operational units and more recently at the Theater Special Operations Commands (TSOCs), including SOCPAC. POTFF provides in-house resources in these 5 domains: physical, psychological, cognitive, social and family, and spiritual. This is a benefit for all military members assigned to SOCPAC and to a more limited extent for family members, civilians and contractors. POTFF resources and programs are in addition to those available through the respective service branches elsewhere on Oahu. For more information, see <https://www.socom.mil/potff/>.

POTFF resources (team members) include:

- Physical Performance: Physical Therapist, Strength and Conditioning Coach, Nurse Case Manager
- Psychological & Cognitive: Licensed Clinical Social Worker (LCSW)
- Social & Family: Military & Family Support Coordinator, Military Family Life Counselor (MFLC)
- Spiritual: Chaplain

"DOES SEEKING HELP AFFECT YOUR SECURITY CLEARANCE?"

This is a common concern. Question 21 of the SF86 Questionnaire for National Security Positions, which asks about mental health treatment, was revised in 2016. It now excludes counseling related to marital, family or grief issues unrelated to violence by you or counseling for adjustments from service in a military combat environment as grounds for answering "yes." For more information, see these 2 articles:

<https://www.socom.mil/POTFF/Pages/Clearances%20and%20mental%20healthcare.aspx>

<https://news.clearancejobs.com/2020/03/29/youre-not-imagining-things-the-sf-86s-mental-health-questions-have-changed-if-you-submitted-your-first-sf-86-before-2016/>

Seeking professional care for mental health issues should not jeopardize an individual's security clearance. Getting the support you need can prevent minor issues from becoming major problems.

CONTACT INFORMATION:
Building 20, Camp H.M. Smith, HI
(808) 470-1087/1082

MILITARY FAMILY LIFE COUNSELOR (MFLC)

As part of the POTFF team, SOCPAC has a Military Family Life Counselor (MFLC) to provide support for service members, their families, and command staff. Short-term behavioral counseling and consultations are available to assist with issues such as deployment/reintegration, marriage/relationships, parenting, stress, combat stress, communication, etc. In addition, the MFLC is available to provide psycho-educational presentations on a variety of issues, workplace stress, conflict resolution, children and deployment or SOF-specific needs.

To ensure easy access and preserve confidentiality, appointments are available for face-to-face, phone or virtual meetings on or off military installations. Services are confidential with the exception of duty-to-warn situations and child/domestic abuse issues. The MFLC does not create or maintain documentation on individuals who receive services.

Please contact the POTFF, Chaplain, or Command Surgeon office for the current MFLC's contact information.

CONTACT INFORMATION:
Building 20, Camp H.M. Smith, HI
(808) 470-1087/1082

CARE COALITION

The United States Special Operations Command (USSOCOM) Warrior Care Program, also known as the Care Coalition, is the SOCOM Commander's Congressionally-authorized program for tracking and assisting all SOF wounded, ill, and injured. Although the name Care Coalition can be misleading, we are a military organization manned by active duty military personnel, government civilians, and government contractors, most of which are veterans of the SOF community. Some of the items we assist with include:

- Applying for and receiving benefits (TSGLI, SCAADL, VA, SSDI, etc.)
- Monitor and assist w/MEB/PEB/IDES process
- Access to care issues
- Education of patient's rights
- Medical care/items not available through MHS/MTF
- DFAS wounded warrior pay
- Benevolent Organization assistance
- Liaison w/Unit surgeons, NCMs, care coordinators, etc.
- "Navigating" through the Military Healthcare system
- TRICARE issues
- VA claims for compensation
- Adaptive sports programs and reconditioning venues
- Transition programs to assist SOF personnel with their transition to civilian careers
- Anything that no one else can solve: "When SOF or their families need help, they only need to remember the USSOCOM Care Coalition -- They will resolve the issue or find who can." - USSOCOM Commander

CONTACT INFORMATION:
Phone: 808-266-0662 / 813-810-8567
<https://www.socom.mil/care-coalition/>

CHAPLAIN

The mission of the Chaplain is to facilitate pastoral care for SOCPAC families by offering privileged and confidential counseling relating to individual spiritual growth, marriage, family and personal concerns, Bible study, and spiritual literature.

The Chaplain maintains a close relationship with the SOCPAC POTFF team, Care Coalition, Warrior Foundation, other Military Chaplains, and local Veterans Administration Hospital.

CONTACT INFORMATION:

Building 20, Room 118, Camp H.M. Smith, HI
(808) 470-1086

PACIFIC SOF WARRIOR ASSOCIATION (PSWA)

The PSWA is a non-profit organization supporting SOCPAC and fostering esprit-de-corps. Its leaders are elected from unit members for two-year terms. The PSWA Objectives are to:

- Support community service events to benefit the SOCPAC community and the local community at large.
- Provide a forum for members, families and friends to socialize.
- Foster esprit de corps among Special Operations Command, Pacific (SOCPAC).
- Promote the ideals that embody the traditions of all military services.
- Provide an instrument capable of assisting members in need whenever and however possible.
- Keep members informed on unit matters whereby we may continue to serve the nation and our Armed Services.

PSWA sells SOCPAC shirts, coins, mugs and other merchandise. Display cases and PSWA contact information are located in Building 20 (first deck lobby) and Building 700 (first deck around the corner from the Shirt's office).

CONTACT INFORMATION:

Facebook: <https://www.facebook.com/Pacific-SOF-Warriors-Association-332318764301305>
Email: PACIFICSOFWARRIORSASSOCIATION@gmail.com

FAMILY READINESS GROUP (FRG)

The SOCPAC Family Readiness Group (FRG) supports the mission of the command by enhancing the quality of life and well-being of its families. The FRG helps SOCPAC personnel and their families by developing and operating systems that provide information, offer support and outreach, promote involvement, and prevent isolation. During times of sustainment and deployment, the FRG will identify the needs of family members and provide information and referral assistance. The FRG is led by volunteer spouses.

Please contact the POTFF office for the current FRG Leader's contact information.

CONTACT INFORMATION:

Building 20, Room 126, Camp H.M. Smith, HI
(808) 470-1087/1093

SINGLE SERVICE MEMBER PROGRAMS

All services have programs geared toward single enlisted service members. They may not have the same name or title, but they all have the same goal, to provide single service members with a "Quality of Life" program dedicated to serving the unaccompanied Soldier, Marine, Sailor and Airman.

The single service member programs offer organized activities including trips to the beach, other islands, off-post entertainment venues, and activities/parties on military installations. To learn more about these programs or to volunteer, visit the following sites:

Marine Corps Base Hawaii:

Single Marine & Sailor Program (SM&SP)

<https://mccshawaii.com/smsp/>

Schofield Barracks:

Better Opportunities for Single Soldiers (BOSS) Program

<https://hawaii.armymwr.com/programs/better-opportunities-single-soldiers>

or <https://www.facebook.com/HIBOSSMWR/>

Joint Base Pearl Harbor-Hickam:

Liberty Program

<https://jbphh.greatlifehawaii.com/liberty->



EMERGENCY PREPAREDNESS



How can you get ready for the next disaster?

- ✓ Make A Plan
- ✓ Build A Kit
- ✓ Due to Hawaii's isolation, 14 days vs 72 hours worth of supplies is recommended
- ✓ Consider making a kit for the home, work/school, car, and one to evacuate with
- ✓ Be Informed
- ✓ Get Involved



It's critical to have enough drinking water, non-perishable food, and cash on hand in an emergency. Each family or individual's kit should be customized to meet specific needs, such as medications, baby supplies and pet supplies, and should also include important documents.

The Hawaii Emergency Management Agency, called HI-EMA, has a good "2 Weeks Ready" brochure with a "Go Bag" packing list at <https://dod.hawaii.gov/hiema/files/2018/07/2WeeksReadyBrochure.pdf>.

Emergency Preparedness / Disaster Preparedness Resources:

A number of local, state, and federal agencies provide excellent resources. Your community group or neighborhood association may also want to establish a phone tree or email list to relay important information. In SOCPAC, the point of contact is the Command Surgeon (Medical) office at (808) 477-7930.

Hawaii Emergency Management Agency (HI-EMA)
<https://dod.hawaii.gov/hiema/>

American Red Cross of Hawaii
<https://www.redcross.org/local/hawaii.html>

City & County of Honolulu Department of Emergency Management
<http://www.honolulu.gov/dem>

Ready America (www.ready.gov) educates and empowers Americans to prepare for emergencies.

USA Gov (www.usa.gov) is an online guide to federal government information and services.

NOAA Weather Radio (<https://www.weather.gov/nwr/>) broadcasts National Weather Service warnings, watches, forecasts and other hazard information 24 hours a day.

Know Your Resources

WEATHER HAZARDS ON OAHU

Hurricanes:



Hurricanes are part of a family of storms known as *Tropical Cyclones* that are very large and produce three life-threatening effects:

1. High winds in excess of 74 mph
2. Storm surges that can exceed 40 feet
3. Heavy rains that will exceed flash flood conditions

The National Weather Service, Central Pacific Hurricane Center (<https://www.nhc.noaa.gov/?cpac>) issues watches and warnings for tropical cyclones.

1. Watch = Hurricane conditions possible; Prepare your disaster supply kit, prepare to evacuate
2. Warning = Hurricane conditions expected; Evacuate and take protective shelter; take your disaster supply kit

Tsunamis:



Tsunamis are a series of waves generated by underwater earthquakes, landslides, volcanic eruptions, icebergs or (very rarely) meteorite impacts. Three natural warning signs are:

1. FEEL - a strong earthquake making you unable to walk
2. SEE - ocean water recede unveiling the ocean floor
3. HEAR - roar of the wave approaching the shore (sounds like a freight train)

Indicators of Tsunamis are:

1. You feel a strong earthquake or observe the ocean suddenly receding or hear a large roaring sound from the ocean; *evacuate to higher ground immediately!*
2. Outdoor warning sirens sound (turn on radio or television) and officials advise evacuation
3. Text alerts or other electronic warnings advise evacuation
4. Pacific Tsunami Warning Center (<https://www.tsunami.gov/>) bulletins

Know Your Zone:

It is important to identify if your home, work, school, place of worship, and other frequented areas are in a *tsunami evacuation zone* in order to plan accordingly. Check at <http://www.honolulu.gov/demevacuate/tsunamimaps.html>.

To evacuate:

1. Horizontally: go inland away from the evacuation zone
2. Vertically: go to the third floor or above in a solid, concrete building, or to the highest, closest hill

Other situations where you may have to evacuate:

There are many other disasters or emergencies that may affect your community or workplace. It is essential that you have plans in place to evacuate to a safe area and that you practice these plans annually.

HAWAII SAFETY AND HAZARDS

Hawaii can be described as paradise, but even paradise has its hazards and we want to educate you on a few of them. Please make sure you and those you travel with know about these hazards. This is not Disneyland; it is often wild, rough, and natural law prevails out here. The more you know, the better prepared you are.

WILDLIFE, PLANTS, & INSECTS (ALL ISLANDS)

For the most part you are very safe in Hawaii from animal and plant life. There are no large predators or snakes, and few plants that will cause irritation (no poison oak or ivy, for example). However, other hazards still exist.

The main culprit in the animal world is actually an insect, the centipede. In Hawaii these aggressive insects carry quite a punch. Be careful with any shoes left outside at night, etc. Another insect that gets a lot of attention is the cane spider. It's mostly hype. The cane spider is mostly feared due to its size (up to the size of a can of tuna, including its long legs) but typically it will run rather than defend and its bite is rarely dangerous.



There are also scorpions on the drier sides of the islands, but they usually stay out of sight. Mosquitoes typically frequent the wetter sides of the islands, so prepare accordingly. Geckos are nothing to worry about; they are the cute lizards that actually keep the bug population somewhat under control. On the Big Island, the other cute but pesky resident is the coqui tree frog (seen here). Especially prevalent on the Hilo/Puna side, you may enjoy their music the first night but soon understand why they spray for them.

The many edible plants and fruits of Hawaii also create a hazard. Many people believe they can pop just about anything in their mouths for a taste, but not so. Many plants here are poisonous, such as the very common plumeria flower, and no fruits or plants should be eaten unless you absolutely know for sure it is safe. Remember that many plants may have similar looking fruits.

THE SUN (ALL ISLANDS)

The high UV index every day speaks for itself. Sunblock of at least 15+ is recommended in Hawaii at all times.

STREAMS, RIVERS, WATERFALLS & POOLS (ALL ISLANDS)

Pay attention to the flow of any streams where you are and be aware of the weather inland. Flow rates and heights can change very quickly in the islands; Flash flooding is a regular occurrence in some places. One good rain, even far inland from where you are, can cause a stream to rise substantially. If you're crossing any water or rock hopping, pay close attention to the weather and the water levels. Any time you're crossing where it empties into the ocean, we also advise crossing inland a bit. Dangerous rip currents can form in the ocean at the mouth of a river or stream. Hiking poles may be extremely useful for any crossings you do make, as they provide an extra set of limbs to help you keep your balance.

If you go swimming, make sure you do not swallow any water and try to cover up any open cuts or sores so water can't get in them. In Hawaii leptospirosis can be found in water contaminated by animal droppings, and you do not want to get mixed up with the likes of this disease. It causes flu-like symptoms and in rare cases death. Waterfalls and the trails to get to them are by definition often rocky, muddy and slippery; use caution and sturdy shoes (not just flip flops or "slippers" as they're called here) and consider taking along a first aid kit.

OCEAN LIFE & THE BEACH (ALL ISLANDS)

If you have ever been to the beach then you likely already know about the hazards of the ocean. Rip currents, sharp coral, large waves, surf, and various creatures are just a few. The most notable sea creatures to watch out for are coral, jellyfish, and sea urchins. Box jellyfish and their relatives, the Portuguese man-of-war, also called "Blue bottles," have a painful sting and are more prevalent in windy weather and 8-10 days after a full moon. If you plan to swim, snorkel, or scuba dive, make sure to do your homework and check conditions first.



VOLCANO AREA HAZARDS (BIG ISLAND AND PORTIONS OF MAUI)

The first thought that comes to mind when you hear about Hawaii volcano danger is probably the lava hazards. In reality the 2,000 degree Fahrenheit active lava flows probably pose the least amount of danger to the sensible person. Hawaii Volcanoes National Park and other volcanic areas of the Big Island and Maui have a number of hazards that are easy to overlook or just not expected without prior knowledge of the area.

Hiking on Lava: Around the Big Island, you will have the opportunity to hike over lava. There are two types of lava, pahoehoe and a'a flows. The surface of a'a lava is sharp, rough and chunky, while pahoehoe lava has more smooth, billowy or ropy crust, but still with sharp edges and variations in the surface, so you can easily cut yourself (especially your hands) if you fall. Extreme care should be taken when hiking over lava. Closed toe shoes, long pants and gloves are always a good idea. Stay aware of what you are walking across, as shallow lava tubes can cave in. Also be sure to bring lots of water as the sun greatly reflects heat and dehydration can occur quickly on the shade-less black asphalt-like surface.

Viewing Active Lava Flows: When approaching active flows, boundary ropes should stop you even before you feel the heat. Use common sense and don't cross any National Park boundary ropes, as they are in place for your protection. Violent explosions, steam plumes, and gases make these treacherous areas to be near. Lava benches are roped off too as they can easily collapse at any time.

Volcanic Gases & Vog: Where hot lava meets the sea, or at the source of any eruptions, the volcano produces a deadly concoction of gases. Even far away from the sources, visitors can experience another type of gas, called vog, which is a mixture of sulfur dioxide gas, water vapor, carbon dioxide, dust and other airborne particles. Vog is common all around the Big Island volcano area and can even wrap around to the Kona side depending on trade wind activity. Vog affects different people in different ways. Visitors with asthma and respiratory troubles will have the most problems. Heavy vog causes coughing and a burning sensation in the eyes, nose and mouth. Avoid areas with a lot of vog. Usually you can see it in the air like a low cloud. You can check the Hawaii Interagency Vog Information Dashboard at <https://vog.ivhhn.org/> for vog and wind forecasts.



GENERAL SIGHTSEEING

There are many locations on Hawaii that are private property. If a trail says it is closed, it is closed. If you see a sign that says 'Kapu' then it is off-limits. Do not explore places you are not sure about - waterfalls, pools, trails, caves, lava tubes, etc. You likely wouldn't want people exploring your backyard at home, so be mindful and respectful of residents here. Your courtesy will be greatly appreciated.

HAZARDS YOU POSE

It may or may not surprise you, but one of Hawaii's greatest hazards is us, humans. As visitors to these islands we must remember that we ourselves are one of the greatest hazards to the rare and endangered species that live here, and only here. There are a few general guidelines to follow.

1. As a general rule it is best to stay away from all wildlife. In fact, you should know it is illegal to feed or touch them. That means no feeding the geese (Nene), no touching the turtles (Honu), and no swimming with the dolphins (Nai'a). It seems innocent enough, but consider the consequences of your casual interaction with these creatures. Nene no longer fear cars and are being killed off at an alarming rate. The touch of a human can deliver deadly infections to the honu as it basks in the sun or swims in a shallow pool. The disruption of normal behaviors affects nai'a even if they seem playful.
2. Kapu means off-limits or forbidden. Many areas that are deemed as ecologically or culturally fragile have been made kapu (off-limits) by the government. Sensitive places include lava tubes, caves, burial grounds, heiaus (temples), etc. Please show ho'ihi (respect) for the laws that protect these beautiful and fragile places.
3. Remember that trails and roads exist for a reason. It is easy to get off the beaten path and do a bit of exploring, but you may be contributing to erosion, trespassing, or putting yourself at risk.
4. Do not take lava rocks or sand home with you; it is actually even illegal to sell black sand in Hawaii. Legend says Pele curses all those who take her "children" away from the islands. Know that local airport screeners will likely confiscate any they find.

If you follow these tips we can guarantee you that the Aloha you show will be most appreciated by all, people and animals alike.



OAHU LANDMARKS AND ATTRACTIONS



- Ala Moana Park: A beautiful 76-acre public park and beachfront with sandy beach, swimming lagoon, surfing grounds, restrooms, food stands, picnic tables, harbors, ponds and bridges.
- Ala Moana Shopping Center: Located in the heart of Honolulu, it's the world's largest multi-level shopping center with over 290 shops and restaurants, as well as abundant parking spaces.
- Aloha Stadium: A major feature near Pearl Harbor and Aiea and the site of UH (University of Hawaii) and NFL football games and many other events. The stadium also serves as the home of the "Swap Meet" on Wednesdays and weekends.
- Aloha Tower: Honolulu's familiar landmark is open to visitors and offers an excellent view of the harbor area.
- Aquarium: Located on the eastern end of Waikiki on Kalakaua Avenue, the oceanfront aquarium is small but very nice.
- Battleship Missouri Memorial: The USS Missouri was the last battleship commissioned by the United States and is best known as the site of the surrender of Japan in 1945, which ended World War II. She is known as the "Mighty Mo" and anchored in Pearl Harbor next to the USS Arizona. Visitors with base access can go directly there on Ford Island; visitors without base access must get tickets and a bus at the Bowfin.
- Marine Corps Base Hawaii Kaneohe Bay, Pacific War Memorial: An Iwo Jima memorial on Marine Corps Base Hawaii to honor all who served in the Pacific theater of operations during World War II, those residents of Hawaii who during the war years befriended and supported military personnel, and those in our armed forces who continue to serve our great nation.
- Bishop Museum and Planetarium: Founded in 1889 and located in Honolulu, it is the largest museum in Hawaii and has the world's largest collection of Hawaiian and Polynesian cultural artifacts and natural history specimens. The planetarium features popular shows for all ages. For most visitors, this may be a rainy day activity,
- Blow Hole: Near Koko Head, playful Mother Nature forces the mighty sea through a tiny hole in the lava ledge and blows miniature geysers high into the air.
- Bowfin Park: Located off of Kamehameha Highway near Pearl Harbor, this 3.5-acre site is named after the historic restored World War II submarine USS Bowfin (SS 287), which is moored at the park and open to the public. Other attractions include the Pacific Submarine Museum, submarine missile and torpedo exhibits.
- Byodo-In Temple: Japan's 900-year-old architectural treasure is duplicated in exact detail at the Valley of the Temples Memorial Park in Kaneohe beneath the majestic cliffs of the Ko'olau mountains. The beautiful oriental garden setting also has a carp pool, massive nine-foot Buddha statue and teahouse.
- Chinatown: One of the oldest Chinatowns in the United States, this section of downtown Honolulu is an exciting blend of restaurants, markets and shops for Chinese foods and goods.
- Diamond Head: This world-renowned landmark bounds Waikiki Beach on the South. An extinct volcano, it is said to have once been the home of Pele, the Fire Goddess. Drive-in and walk-in access is inside the crater.

- **Dole Cannery Square:** The Hawaiian Pineapple Cannery Division of Castle and Cooke Foods is located at Iwilei Road and open to the public seven days a week for tours of the facilities and pineapple tasting.
- **Dole Plantation:** Historic pineapple plantation that now attracts families with a train ride, the world's largest maze, and other attractions. Be sure to try the "Dole Whip" soft-serve frozen treat.
- **Foster Botanical Garden:** Boasting remarkable botanic displays including a photogenic orchid section, this is a 20-acre setting in downtown Honolulu.
- **Hanauma Bay:** A delightful sea cove near Koko Head Park, its rugged grandeur was created by volcanic action 10,000 years ago when, as legend tells, Pele made her last attempt to find a home on Oahu. A favorite spot for swimming and snorkeling.
- **Hawaii's Plantation Village:** Step back in time to when "sugar was king" and experience the "real Hawaii." This living history museum and ethno-botanical garden opens a door to a bygone era. In addition to guided tours, Hawaii's Plantation Village offers cultural festivals and live ethnic demonstrations throughout the year.
- **Honolulu Zoo:** Located at the eastern end of Waikiki on Kapahulu Ave, the zoo is open daily and has a special collection of more than 300 animals from Hawaii and around the world.
- **Iolani Palace:** The only throne room under the American flag, where Hawaii's last two monarchs lived and ruled. Completed in 1882, the building has been entirely renovated, displaying a magnificent interior.
- **Kaneana Cave:** Near Makaha just before the end of Farrington Highway, Kaneana, the sharkman deity, is supposed to have made his home in this cave, which is volcanic and coral in formation.
- **Kewalo Basin:** Sampans and other fishing boats moor in this small boat harbor that is also the departure point for Pearl Harbor cruises.
- **Mission Houses:** The oldest existing buildings erected by the first missionary contingent to Honolulu are in the downtown civic center area, which is also the locale of many other historic sites.
- **National Memorial Cemetery of the Pacific:** Punchbowl or Puowaina, literally translated "Hill of Sacrifice," is the final resting place of thousands of World War II, Korean and Vietnam War veterans. Open seven days a week, it overlooks the vast expanse of Pearl Harbor, Honolulu and Waikiki.
- **Nature Center:** The Hawaii Nature Center of Oahu offers school and weekend family programs as well as hosting birthday parties and intersession camps.
- **Old Sugar Mill:** The Waialua Sugar Mill is a former sugar refinery, now used for quaint shops and light industry, located in the town of Waialua on the North Shore of Oahu. On the windward side of Oahu near Ka'a'awa are the stone ruins of another sugar mill, the first one on Oahu, erected in 1864.
- **Pali Overlook:** A scenic overlook just off the Pali Highway at the head of Nu'uau Valley, where Kamehameha the Great defeated the Oahuans in a bloody battle in 1795. He forced thousands of warriors over the precipice to meet death on the jagged rocks below, thereby adding Oahu to his realm.
- **Polynesian Cultural Center:** Located on the north shore of Oahu in La'ie, the center brings to life the spirit of Polynesia through its six Polynesian villages, luau, and evening show. It is very popular for school field trips as well as visitors.
- **Queen Emma Summer Palace:** A charming home located just off the Pali Highway in Nu'uau Valley, the former summer palace has been restored to its original appearance and houses a fine collection of Hawaiiana.

- Rabbit Island: Near Waimanalo, this is one of the many interesting islets that border Oahu. It looks like the head of a rabbit and was once overrun by them.
- Royal Hawaiian Shopping Center: Located at the very center of Waikiki, this center offers over 150 shops and restaurants, and has something for everyone. You can purchase anything from fine designer goods to fun-in-the-sun apparel, from classic jewelry to costume pieces and Hawaiian treasures, from elegant dining in many restaurants to hot dogs and ice cream.
- Royal Mausoleum: Located downtown and called Mauna ‘Ala in the Hawaiian language, is the final resting place of Hawaii's two prominent royal families: the Kamehameha Dynasty and the Kalākaua Dynasty..
- Sea Life Park: Located near Makapu‘u Point, the park features an outstanding display of Hawaii’s exotic marine life in a beautiful oceanside setting. The 300,000-gallon Hawaiian Reef Tank is one of America’s finest aquariums, housing 2,000 island specimens. Dolphins, sea lions, penguins and a variety of sea birds can also be enjoyed.
- U.S. Army Museum of Hawaii: Located at Fort DeRussy in Waikiki, the museum houses exhibits of military uniforms over the centuries, an insignia collection, and other displays and memorabilia.
- USS Arizona/Pearl Harbor National Memorial: The memorial marks the final resting place of many of the 1,177 crew members who lost their lives on the USS Arizona during the attack on Pearl Harbor on December 7, 1941, which led to the United States' involvement in World War II. The National Park Service operates the visitor center and provides the only public access to the memorial by Navy shuttle boat. Tickets are available online and on a first-come, first-served basis. The tour includes a 23-minute orientation film followed by a boat ride out to the memorial; for a total tour time of 1 hour 15 min.
- Waimea Bay: On the north shore between Haleiwa and Kahuku, the beach is fine for picnicking, but the bay is dangerous for swimming when surf is 6 feet or more.
- Waimea Valley: On the north shore across from Waimea Bay, this narrow canyon extending into the Ko‘olau Mountains was once a heavily populated Hawaiian village. Today the 1,800-acre site is a lovely, unspoiled environment hosting tropical plant life, birds, walking paths, and a beautiful waterfall pool open for swimming.

USEFUL WEBSITES

SOCPAC SITES

SOCPAC Homepage: <https://www.socom.mil/socpac>
SOCPAC Newcomers: <https://www.socom.mil/socpac/Pages/SOCPACnewcomers.aspx>
SOCPAC Training Req: <https://www.socom.mil/socpac/Documents/SOCPAC%20Training%20Courses.pdf>
SOCPAC Facebook: <https://www.facebook.com/groups/pacificguardian>
Provost Marshal Office: <https://www.mcbhawaii.marines.mil/Offices-Staff/Provost-Marshals-Office/>
SOCOM POTFF: <https://www.socom.mil/potff/>
SOCOM Care Coalition: <https://www.socom.mil/care-coalition/>
PSWA: <https://www.facebook.com/Pacific-SOF-Warriors-Association-332318764301305>

ALOHA, WELCOME, ARRIVAL

Hawaii Military Guide: <https://hawaiimilitaryguide.com/>
Hawaii Installation Guide: <https://www.mybaseguide.com/installation/camp-h-m-smith/>
Airport Car Rental Info: <http://airports.hawaii.gov/hnl/getting-to-from/ground-transportation/car-rentals/>

TLA AND HOUSING

See pages 8-9.

UTILITIES

Electric: <https://www.hawaiielectric.com>
Gas: <http://www.hawaiigas.com>
Water: <https://www.hbws.org>
Cable: <https://www.hawaiiantel.com> (HawaiianTel)
<https://www.spectrum.com/services/hawaii> (Spectrum)

SCHOOLS , EDUCATION, CHILD CARE

Hawaii DOE: <http://www.hawaiipublicschools.org/Pages/Home.aspx>
Military Child Care: <https://militarychildcare.com/>
Child Care Aware: <https://www.childcareaware.org/>

See pages 11-14.

PET QUARANTINE

Hawaii Rabies Brochure: <https://hdoa.hawaii.gov/ai/files/2019/08/aqsbrochure-08.2019.pdf>
Hawaii Animal Quarantine: <http://hdoa.hawaii.gov/ai/aqs/aqs-info/>

VEHICLES

Vehicle Shipping Status: <https://www.pcsmypov.com/Track>
Honolulu Customer Service: <http://www.honolulu.gov/csd>
Satellite City Hall Locations: www.honolulu.gov/cms-csd-menu/site-csd-sitearticles/26204-services-and-locations-listings.html#SCH
Hawaii Driver License: <http://www.honolulu.gov/csd/dlicense.html>
Hawaii Driver Handbook: <https://hidot.hawaii.gov/highways/files/2019/03/mvso-11272-Hawaii-Drivers-Manual-r3-LR-10-24-18.pdf>
Hawaii Motorcycle Manual: <https://hidot.hawaii.gov/highways/files/2017/09/Motorcycle-Manual-Version-5-2017.pdf>

MEDICAL RESOURCES:

TRICARE: www.tricare.mil
TRICARE Appointments: www.tricareonline.com
TRICARE Contact: www.tricare.mil/contactus
TRICARE West (our region): www.tricare-west.com

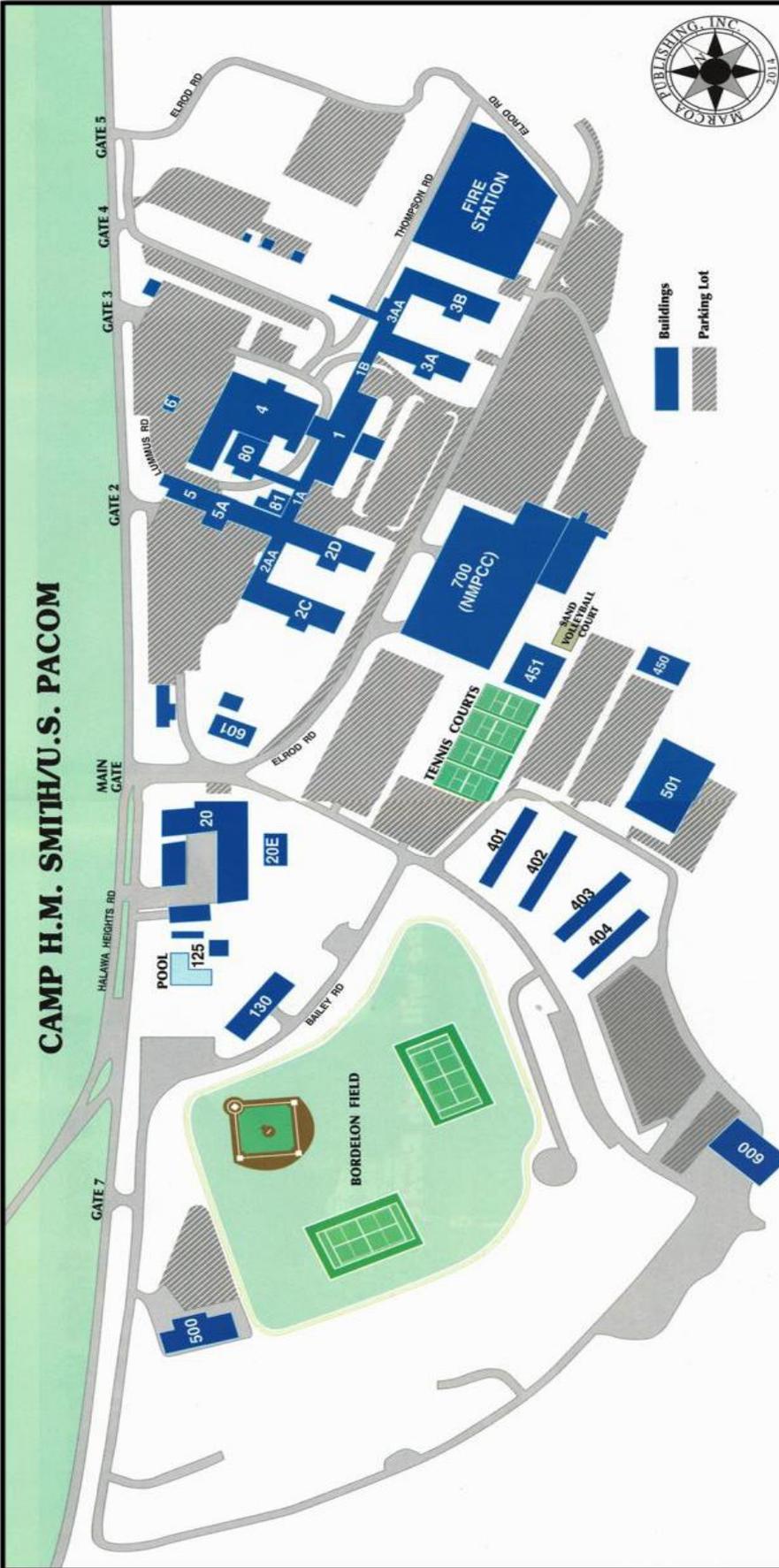
SINGLE SERVICE MEMBER PROGRAMS

Army (Schofield Barracks): <https://hawaii.armymwr.com/programs/better-opportunities-single-soldiers>
Navy & Air Force (JBPHH): <https://jbphh.greatlifehawaii.com/liberty->
Marines (MCBH): <https://mccshawaii.com/smsp/>

EMERGENCY, WEATHER, SAFETY

Emergency Kit/2 Week Re <https://dod.hawaii.gov/hiema/files/2018/07/2WeeksReadyBrochure.pdf>
State of Hawaii Emergency: <https://dod.hawaii.gov/hiema/>
City & County Emergency: <http://www.honolulu.gov/dem>
American Red Cross of Haw: <https://www.redcross.org/local/hawaii.html>
Hurricane Warnings: <https://www.nhc.noaa.gov/?cpac>
Tsunami Warnings: <https://www.tsunami.gov/>
Tsunami Evacuation Zones: <http://www.honolulu.gov/demevacuate/tsunamimaps.html>

CAMP H.M. SMITH/U.S. PACOM



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CAMP H.M. SMITH, Hawaii/U.S. PACOM Map Legend

Bldg #	Building Name	Bldg #	Building Name
1	Library, MARFORPAC Headquarters	20E	JOIPA Media Center
1A, 1B, 2AA, 2C, 2D, 3A, 5, 5A, 80, 81	MARFORPAC Divisions and Support Units	125	Swimming Pool
1B	Education Center	130	COMPACFLT Afloat Planning Services
2C	Post Office	401, 402, 403, 404	Enlisted Barracks
3AA, 3B	SOC PAC	450, 451	Racquetball/Handball Courts
3B	Medical/Dental	500	Sunset Lanai
4	Barber Shop, Marine Corps Exchange, Pollack Theater, Snack Bar, Tailor Shop	501	Recreation Center
5	Job Research, Analysis, Gaming, and Simulation	600	Motor Transport/Supply
6	Gas Station	601	PMO
20	JPAC	700	Nimitz MacArthur Pacific Command Center (NMPCC)