



Welcome to our SOCKOR Family!

My name is Heidi Wilson and I am the Family Readiness Group (FRG) Leader for SOCKOR. I would like to welcome and encourage you to get involved with our unit Family Readiness Program. We will be organizing fun outings to explore the areas, holding quarterly meetings for our families, and planning holiday parties. We hope to see you and your family at these events!

We put together the enclosed information to help with your transition to Korea. The FRG is here to help you and your family get settled. In the coming days, a member of the FRG will be in contact to invite you to coffee. Please come to the coffee loaded with questions!

Your name will be added to our contact lists to keep you informed with information regarding the unit and to invite you and your family to upcoming events. Please join us at any of these events and contact me if you need more information.

Welcome again to SOCKOR! If you have any questions about our unit or want to join our FRG team, please feel free to contact me at 010-2112-0632, HeidiHeinzWilson@gmail.com.

Regards,

Heidi Wilson
Family Readiness Group Leader
SOCKOR

90 Days Before Your PCS

- Meet with Transportation and find out what % of your HHG you can bring to Korea. Arrange dates for your UB/Express shipment, HHG shipment, and Storage Shipment (UB will take approximately 6-8 weeks to arrive and HHG up to 3 months).
- Contact personnel to obtain a no-fee passport.
- Download the incredible resource book DMZ To the Sea:
<https://www.afscyongsan.org/uploads/8/5/5/5/8555551/dmztotheseadigital.pdf>
- Complete maintenance including recall work on any vehicle to be shipped and start arranging for shipping (DMZ To the Sea pg. 26). Ideally you would ship the car 4 weeks out.
- If you plan to bring your pet(s), determine transport plans (DMZ To the Sea pg. 42).
- Join the Camp Humphreys Spouses Facebook Group.
- There is only housing on post for 40% of Command Sponsored Families. Because of this you will more than likely be living off post. Look on Facebook for housing options off post. You can't do anything about registering for housing until you arrive at Humphreys.

60 Days Before Your PCS

- Obtain Power(s) of Attorney (for receiving HHG, receiving Vehicle, and a general POA).
- Get an International Driver's License if you plan to travel outside of Korea and want to drive (AAA offers them).
- Start planning what to put in storage, what to pack in luggage, what to set aside for the UB/Express Shipment (see DMZ To the Sea pg. 28). We recommend bringing your mattresses and couch as the loaner pieces for these items are not very comfortable. Consider shipping Sponsor's bicycle in UB shipment so he/she can bike to work. This website has pictures of some of the loaner furniture: <https://www.sixinseoul.com/seoul-42008---42010/army-issued-furniture>
- Schedule medical appointments and request records. Consider having kids' physicals completed before you leave the US.
- Confirm your cell phones are unlocked so you will be able to use them in Korea.
- Pre-register school-aged children online and obtain current school records (see DMZ To the Sea pg. 194). <http://www.dodea.edu/Pacific/west/registration.cfm>

30 Days Before Your PCS

- Make reservations for temporary accommodations –
 - On post hotel: <http://army.dodlodging.net/propertys/Camp-Humphreys-Lodging>
 - If lodging is full email them to receive a current list of off post hotels:
usarmy.humphreys.imcom-fmwrc.mbx.lodging@mail.mil
- Work with transportation to secure your travel to Korea.
- Make arrangements for your pet.
 - Once you arrive at Humphreys you will go to the Post Office with your orders to set up a mailbox. If your sponsor is living at Humphreys already they can take a copy of your orders and your phone number at your current duty station and set it up in advance for you. Here is a great article to explain your new address: <http://sigflipsthetable.com/2016/12/12/mail-south-korea-apo/>
- Refill prescriptions
- If needed renew driver's license and military ID.
- Make 10 copies of Sponsor's orders and carry them with you during PCS and first month in Korea.

List of Items from the ACS Lending Closet

While you wait for your household goods to arrive, you have the ability to lend certain item from the ACS Lending Closet (in the One Stop Building). You are able to check these items out for 30 days, with the option to extend for additional time as needed. This list is to give you an idea of what the Lending Closet may have on hand, but keep in mind that these are very basic items and the list is subject to change. If you have anything you cannot live without, make sure to pack it in your Express Shipment.

Items in alphabetical order under category. List last updated June 2017 – items CAN change.

Electronic Appliances

Blender, Coffee maker, Hand blender, Hand mixer, Iron, Rice cooker, Slow cooker, Toaster, Vacuum cleaner

Dishes and Cookware

Bowls, Baking pan/sheet, Coffee cup (Mug & Saucer), Fry pan, Juice pitcher, Mixing bowls, Oval baking dishes, Plates (Large & Small), Pots w/ lids, Pyrex baking dishes, Roasting pan w/ rack, Salad spinner, Serving bowl, Water cup

Kitchenware Tools & Cutlery

Can opener, Forks, Knives (Table, Steak & Butcher), Measuring cups, Measuring spoons, Metal tool set, Potato masher, Serving spoons, Spatula, Spoons (Table & Tea), Tongs, Vegetable peeler, Whisk

Baby Items

Crib travel, High chair w/ tray, strollers, table booster seat, toddler car booster seat

School Quick Reference

This is a quick reference to the educational facilities available on post. The Camp Humphreys community is serviced by two elementary schools, one middle school, and one high school. Where you live determines which elementary school your children attend. DMZ To the Sea by the Camp Humphreys United Club has a listing of on post facilities with contact information (pg. 104). In addition, there is a checklist for records necessary for registration for the on post schools (pg. 105). Finally, there are resources available for homeschooling (pg. 108).

On Post Schools

Preschool – Child Development Center (CDC) Strong Beginnings, Sure Start

Elementary – Central Elementary and Humphreys West Elementary K-5

Middle – Humphreys Middle School 6-8

High – Humphreys High School 9-12

*School Year August – June

To register your student for school, you will need to request school records BEFORE you leave your current assignment. Make sure to give the administration sufficient time to assemble the records – this will vary by district.

*Summer Camps, After School Programs and Sports are available through Child, Youth and School Services (CYS). You will need to register your child through Parent and Outreach Services on post – forms required will be school physical, shot records and PCS orders. Detailed information is available in DMZ To the Sea (pg. 192).

Week One at Camp Humphreys

- Sponsor to complete in-processing during first few days.
- As soon as possible visit the Humphreys housing office inside the One Stop building. They will tell you if on post or leased housing is available and if not will give you a list of recommended realtors for off-post housing options. You can also find recommended realtors on Facebook.
- While you're at the One Stop Building take a look around and notice all of the services there from ACS, to cell phones, DBIDS, Tricare, Vehicle Registration, Passports, and more.
- Register in DBIDS (sponsor must be enrolled first) at room G101 in the One Stop Building.
- Obtain Ration Card – you will need this to buy anything at the Shopette, PX and Commissary.
- Set up your cell phone by visiting the PX or vendors inside the One Stop Building.
- Contact the FRG leader to set up coffee with a member and get your SOCKOR welcome bag.
- Over the weekend go to AK Plaza and try out the Korean rail system. Bus 20 outside the walk-in gate will get you there. Details on how to navigate it are in DMZ To the Sea pg. 92.

Week Two at Camp Humphreys

- Register your pet with Vet Services and turn in pet health records (must be done by day 10).
- Visit ACS at the One Stop for a welcome packet and register for Newcomer's Class and the Transportation Class.
- Register your children at CYSS for activities.
- Get your Korean driver's license by taking the test at the TMP, building 7325, which is in Waze as TMP. When you pull in, go into the left parking lot as far as possible. There is an opening in the fence. Go through that entrance and walk along the left side of the buildings to the 4th one back. There is a sign by the door that says Drivers Testing. Enter through the glass doors and go up to the second floor. Testing is marked with a big sign and is in room 203. They start signing people in at 7:50 and the test starts at 8:20, M-F. Study guide:
http://8tharmy.korea.army.mil/g1_AG/Programs_Policy/PublicationsRecords/Publications/USFK_Pam_385-2_Guide_to_Safe_Driving_in_Korea_English.pdf

Weeks Three and Four at Camp Humphreys

- Hopefully you're in housing so now it's time to visit the ACS Loaner closet in the One Stop.
- Visit TRICARE in One Stop office to turn in medical records and be assigned a PCM.
- Obtain your a-3 visa and SOFA Stamp (ACS has info on this as does DMZ To the Sea pg. 51).
- Complete a Non-Combatant Evacuation Operations (NEO) packet (DMZ To the Sea pg. 72).

Apps for Seoul



Camp Humphreys App: This app shows you tons of information for the base including bus schedules, movie times, road conditions, medical info, and so much more.



Kakao Metro: The most critical app for finding your way around Seoul. Use this to navigate the subway system, plan a route, find train times, etc.



Waze: Navigating the Seoul roads in your car can be aggravating but this app will help you get to where you need to go.



AAFES Taxi - This application is indispensable when you need a taxi with post access. Works on all the bases in the peninsula.



Waygo: Available for Korean, Chinese and Japanese, the app allows you to take a photo of a word or sentence and translate it into English.



Naver Dictionary: Type anything in Korean or English and choose the result that is closest to your situation. You will also get synonyms and antonyms to make your search even easier. Many of the results are also in audio.



AirVisual Air Quality: Track the air quality for 72 hours and plan when to avoid being outside.



KakaoTalk: Is a free mobile instant messaging application in Korea for smartphones with free text and free call features.



Brian Allgood Army Community Hospital – This app gives you contact information for all of the military hospitals on peninsula, 911 info, Korean hospital info, 24/7 live medical translation services, and more