Special Operations Command-Central Newcomer's Packet
Table of Contents

HQ SOCCENT MACDILL AFB...................................................................................
1. SOCCENT CG "WELCOME LETTER" ...........................................................................................
2. SOCCENT MEDICAL PAMPHLET ..............................................................................................
3. POTFF INFORMATION .................................................................................................................
4. MACDILL AFB BASE MAP ............................................................................................................
5. MANDATORY JKO CLASSES .........................................................................................................
Welcome to Special Operation Command Central (SOCCENT)

Command Sergeant Major Mike Weimer and I want to express our warmest welcome as you and your family join SOCCENT. You will be a valued member of our Special Operations team. Your tour at SOCCENT will be both personally rewarding and professionally challenging!

SOCCENT is the theater special operations command (TSOC) for United States Central Command (CENTCOM), and a sub-unified command of the United States Special Operations Command (SOCOM). We plan and conduct full spectrum special operations in the CENTCOM area of responsibility, a region spanning 20 countries from Egypt across the Arabian Peninsula, the Levant, through Central and South Asia. This is a dynamic and turbulent part of the world with a challenging political and military environment.

The men and women of SOCCENT work alongside four Service component commands within the region: Army, Air Force, Navy, and Marine Central Commands. We coordinate with, and derive most of our resources from SOCOM, the four-star command responsible for all Special Operations capabilities, forces and effects. We draw critical resources and authorities from USSOCOM and our command culture derives from the five SOF Truths: 1. Humans are more important than hardware, 2. Quality is better than quantity, 3. Special Operations Forces cannot be mass produced, 4. Competent Special Operations Forces cannot be created after emergencies occur, and 5. Most special operations require non-SOF support. While assigned to SOCCENT, you will work within a joint environment with a cadre of government civilians and contractor personnel.

We all took an oath to protect and defend the Constitution, and underlying that oath is the belief that all of us are created equal. Yet we each bring important diversity to the team. You are joining a team where diversity is critical to our success and will be leveraged for maximum effect.

We are proud of our successes, but we do not hide from our mistakes. We learn from each. It is clear that more will be asked of us in the future and it will require increased sophistication and creativity to remain proactive against the increasingly complex threats we face. Our team is committed to a culture of honor, courage, commitment, and mutual respect. Every member of our team contributes to the SOCCENT mission, from our personnel specialists, logisticians, and financial managers to our intelligence and special operations planners and operators. We rely on every member’s varied knowledge, skills, and abilities to succeed. We look forward to you joining our team.

As a first step, we encourage you to leverage your sponsors during the transition; they have an important role in integrating and welcoming you into the command. Welcome to the SOCCENT team! MOLON LABE!

F. MITCH BRADLEY
Rear Admiral, U.S. Navy
Commanding

MICHAEL R. WEIMER
Command Sergeant Major, U.S. Army
Senior Enlisted Advisor
MEDICAL RESOURCES
1. INTRODUCTION
SOCCENT has an excellent working relationship with the 6th Medical Group at MacDill. The facility at MacDill is currently an outpatient clinic with no inpatient or emergency capability. Care is accomplished by utilizing the facility at MacDill and the local Tricare network.

A great resource to answer most questions about services to members and their families is available at: http://www.tricare.mil/ContactUs/Login.aspx

2. WHAT DO I DO WHEN I IN PROCESS?
   a. All incoming personnel need to call TRICARE’s “Humana Military Interactive Voice Response Quickstart Guide for TRICARE South Customers.” (catchy title)
   b. After updating TRICARE, you will go to the Medical Readiness Office in SOCCENT Headquarters, BLDG 1040, 2nd floor above Human Performance Center (THE MIDDLE BUILDING).
      1. Immunization review and update
      2. Assessment of medical readiness

3. WHERE WILL I RECEIVE MEDICAL CARE?
   a. All SOCCENT unit members are enrolled to the SOCCENT Clinic at the 6th Medical Group Facility.
   b. SOCCENT medical providers are available in this clinic to care for unit members.

4. WHERE WILL MY FAMILY RECEIVE MEDICAL CARE?
   a. Some families, however, do elect to use the medical facility on MacDill AFB or the Brandon Clinic. Enrollment is based upon availability. Pediatrics accommodates children of all ages. All obstetric care is delegated to network providers.
   b. Some families elect to use the TRICARE network based upon geographic location. This is facilitated through the 6th Medical Group TRICARE service center, which is adjacent to the 6th Medical Group Facility.
   c. If your family lives outside the area, questions may be directed to the Humana Military Healthcare Services at 1-800-444-5445.
5. **WHERE WILL I RECEIVE CARE WHILE IN QATAR?**
   Unit members receive care at the SOCCENT Clinic in HQ2. You can contact the section by calling in Qatar 436-1104.

6. **HOW CAN I GET A MEDICAL APPOINTMENT?**
   Medical appointments are made by calling the SOCCENT Clinic at 827-9213. Unit members should inform the clinic that they are SOCCENT personnel/dependents.

7. **IS THERE A SICK CALL?**
   Sick call is at 0730 at the SOCCENT Clinic. We also provide same day open access by appointment. On weekends see question #14.

8. **HOW CAN I SCHEDULE A MILITARY PHYSICAL OR PHA?**
   Physical appointments can be made through the medical office by calling Readiness - 828-4351 or Clinic - 827-9213.

9. **WHAT ABOUT DENTAL CARE?**
   a. Dental sick call is available at 0730 and 1330 M-F at the Dental Clinic adjacent to the 6th Medical Group Facility. The Dental Clinic number is 827-9400.
   b. Routine appointments and cleaning can be made by calling.

10. **WHAT ABOUT OPTOMETRY?**
    Optometry is an appointment only clinic, requiring a call to 827-9132.

11. **WHAT ABOUT SPECIALTY CARE?**
    Specialty care requires a referral that can be obtained by an appointment with your PCM.

12. **HOW DO I GET MY HIV TESTING COMPLETED?**
    Call the Medical Readiness office at 828-4351 or the SOCCENT Clinic at 827-9213 and the order will be entered for you.

13. **WHAT ABOUT MEDICATION REFILLS FOR UNIT AND FAMILY MEMBERS?**
    a. If you have refills available, they may be renewed via an automated phone system 1-800-272-0201 and picked up at the refill pharmacy drive thru which is located by the Burger King.
    b. If you do not have refills available, you need to call the clinic to place a telephone consult with your PCM who can assist you.
    c. Refills can also be obtained in the civilian pharmacies, however, a written prescription is required and there will be nominal co-pay. Pharmacies in the Tricare network include CVS, Publix, Wal-Mart, and K-Mart. A complete list is available at the Tricare Service Center or the Tricare website at [www.tricareonline.com](http://www.tricareonline.com) or [www.humana-military.com](http://www.humana-military.com).
14. **HOW CAN I GET URGENT AND EMERGENT MEDICAL CARE AT NIGHT AND DURING THE WEEKEND HOURS?**

   a. If you believe that a serious medical condition exists that would result in a threat to life, limb, or eyesight, then proceed to the nearest emergency room. If you are enrolled in the 6th Medical Group and your medical need is not an emergency, but you feel care is necessary, contact the on-call 6th Medical Group provider at (813) 828-2273. The on-call provider will assist you in determining your medical need. If you proceed to an urgent care center without first talking with the on-call provider you may incur the cost of the visit. If you are enrolled to a civilian provider, attempt to reach that physician prior to proceeding to an urgent care center.

   b. **After a visit to the ER or an urgent care center, you must contact your primary care provider within one duty day.** This will allow the PCM to arrange follow-up care, as well as enter an authorization, if not already done. You must contact your PCM.

   c. To locate an emergency room or urgent care center that will accept Tricare, call the provider locator at 800-444-5445 and follow the prompts. You can also go online to [www.humana-military.com](http://www.humana-military.com) or [www.tricareonline.com](http://www.tricareonline.com), select beneficiary resources, select provider locator and choose urgent care centers. You will need to insure the center is certified in order for the visit to be reimbursed. If you are a Tricare Prime enrollee and you are treated in a network urgent care facility, you will not be required to pay at the time of the visit.

   d. Any further questions can be directed to the Humana Military Healthcare services at 1-800-444-5445, or by visiting the 6th Medical Group Tricare Service Center. The service center is open M-F, 7:30 to 4:30 and the number is 827-9900.
The SOCCENT SSHP Team approaches every effort, program, and activity with two goals in mind: Prevention & Preservation.

**Prevention:** SOCCENT SSHP offers education, social support, and resources to empower service members and their families to mitigate and prevent future challenges.

**Preservation:** Our networks and resources address the SOCCENT community’s necessities and concerns as they arise. The SSHP Team strives to preserve the force and family while reducing the stigma associated with seeking care.

**Emergency Contact Information**

SOCCENT Operations Center: 813-828-7424

American Red Cross
National Emergency Communication Services 1-877-272-7337

---

**Online Resource Library**

- **Military One Source**
  [http://www.militaryonesource.mil/](http://www.militaryonesource.mil/)
  (800) 342-9647

- **211 Crisis Care Center**

- **TriCare Online**

- **Child Care Aware**
  [http://www.naccrra.org/military-families](http://www.naccrra.org/military-families)
  1(800) 424-2246

- **MacDill AFB Support Squadron**

- **SOCOM Care Coalition**
  [https://www.socom.mil/Care-Coaltition/](https://www.socom.mil/Care-Coaltition/)
  1(877) 672-3039

- **SOCOM Force and Family Readiness**
  (813) 828-0145

- **MacDill Area Resilience Center**
  [https://www.facebook.com/MacDillARC](https://www.facebook.com/MacDillARC)

- **MacDill Legal Assistance**
  [https://www.macdill.af.mil/Staff-Judge-Advocate-Legal-Officer/](https://www.macdill.af.mil/Staff-Judge-Advocate-Legal-Officer/)
  (813) 828-4421

- **MacDill Sexual Assault Resources**
  (813) 826-7272

- **MacDill Family Life Consultant (MFLC)**
  macdillcommflc@gmail.com
  (813) 777-7257

- **MacDill Health and Wellness Center**
  (813) 828-4739

- **MacDill Airman and Family Readiness**
  [https://macdillfrg.com/](https://macdillfrg.com/)
  (813) 828-0145

- **American Red Cross**
  1(877) 272-7337

- **FOCUS**
  [https://focusproject.org/](https://focusproject.org/)
  (813) 826-0143

---

The SOCCENT SSHP Team addresses individual readiness and well-being concerns by providing information, referrals, and solutions for the SOCCENT Community.
SOCCENT SSHP

The SOCCENT SSHP Team brings together information and programs related to four dimensions of well-being: social, spiritual, psychological, and physical.

Social:
Healthy social networks are important for overall well-being. SOCCENT regularly organizes social, educational, and networking events through unit and Family Readiness activities, such as Family Orientations and Open Houses, Back-to-School Socials, Hall & Farewells, and Holiday Functions.

The Community Programs and Peer Network Coordinator is a command sponsored role with the purpose of providing a viable family chain of concern. The SOCCENT CPPNC can be reached at (813)-828-0308.

SOCCENT Service Members, DOD civilians, contractors, and their families can opt-in to receive social related information on events, opportunities, and networking by sending an email request to soccentconnect@gmail.com. You can request to join the Families of SOCCENT Facebook Group or the parallel page SOCCENT Connect which is geared towards members without children. The groups are both private and security questions will need to be answered prior to admission.

Spiritual:
Spiritual resilience is about fueling and refueling your heart and soul - that inward part of you that gives you purpose and meaning and helps make sense of your life and experiences. The SOCCENT Chaplain provides confidential counseling, pastoral care, spiritual direction, coaching and mentorship. Marriage and relationship enrichment opportunities are offered quarterly. Duty hours (813) 828-8093 or after duty hours (813) 385-2799

Psychological:
We encourage everyone, military and family members alike, to seek help when needed. Numerous resources are available to those who are struggling with mental, emotional, behavioral, and relationship issues.

The Military & Family Life Consultant (MFLC) provides short-term problem solving counseling to service members and their families. 813-777-7257

FOCUS: Provides resilience training to military children, families and couples. It teaches practical skills to help overcome common challenges related to military life. 813-981-4387

Physical:
Our Physical Performance team provide state of the art training techniques and physical therapy to keep our SOCCENT members in peak physical condition. Our Strength and Conditioning trainers can be reached at 813-828-7513.

The 6th Medical Group provides medical care at their MacDill and Brandon locations. The clinic does NOT provide emergency services. In the event of an emergency, dial 911 or go to the nearest emergency room. 813-828-2273 (CARE)

The MacDill Health and Wellness Center (HAWC) provides programs to support fit service members and healthy families. They are located in the Short Fitness Center. 813-828-4739

The Military & Family Readiness Center offers services like relocation assistance, employment assistance, and financial management training. 813-828-0145
Go to the JKO link below using your CAC Card.

Select the Course Tab and search by copying the partial course number or name below:

1. DOD–US 1364 Department of Defense (DoD Cyber Awareness)
2. J3T A-US 1328 Combating Trafficking in Persons CTIP
3. J3T A-US 1329 SERE 100.2 Level A
4. JS–US 002 Joint Staff Privacy Act Awareness
5. JS–US 006M Joint Staff Suicide Awareness and Prevention - Military Only
6. JS–US 007 Level I Antiterrorism Awareness Training
7. JS–US 010 Joint Staff Annual Ethics Training
8. JS–US 011 Joint Staff Alcohol and Substance Abuse Prevention
10. JS–US 014 Joint Staff Law of War
11. JS–US 021 Joint Staff Sexual Assault Prevention and Response Training
12. JS–US 028 Joint Staff Information - Records Management
13. JS–US 005 Joint Staff SCI Security Education & Awareness (Personnel with SCI Only)

SOCCENT-US 001 DOD Annual Security Awareness Refresher … see below for link
https://securityawareness.usalearning.gov/awarenessrefresher/index.html