Servicemember Transitional Advanced Rehabilitation (STAR) Program

Richmond VA Medical Center

1201 Broad Rock Boulevard Building 514

Richmond, Virginia 23249



STAR Website:

https://www.va.gov/richmond-health-care/programs/ servicemember-transitional-advanced-rehabilitationstar-program/







STAR PROGRAM

Structure:

- 8-Week Program (LOS adjusted based on Tx goals)
 - 2-Week Intensive Evaluation
 - 6 Weeks of Treatment

Setting and Environment:

- Residential Setting: No "Hospital" Feel. "Feels like the Team Room."
- Therapeutic Environment and Interdisciplinary Therapies
- Medical Staff and Treatment Team Within the Building

Patient Experience:

- Involved in Treatment Plan
- Structured Treatment Schedule
- Individual & Group Interventions
 - Center & Community-based



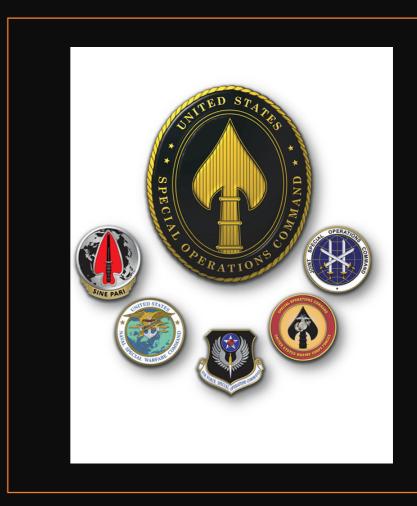
Capabilities:

- Richmond VA Medical Center Full-Service Medical Center
 - Integrative Therapies & Services Available
- Transition Planning, Preparation, and Support
 - Vocational Rehabilitation
 - Recreation Therapy
- Documentation and Treatment of Conditions On-site

WHO WE'VE SERVED

- 2012 2023: 330 Total Served
- 2019 2023: 114 SOF Served
 - 99% Active-Duty
 - Mid to Late Career
 - **Mean Age** = 42
 - **Enlisted**: E-6 E-9
 - Warrant Officers: CW2 CW5
 - Officers: O-4, 0-5, & O-6
 - 1st SFC
 - **SFGs:** 3rd, 5th, 7th, 10th
 - Ranger Regiment
 - NSW: Stennis; VA Beach
 - MARSOC





Thank You!



For information or to make a referral:

Eleanor Woodson, BSN, RN STAR Admissions Case Manager Phone: (804) 675-5000 x3478 Eleanor.woodson@va.gov Randi Hickman, AAS, RN STAR Admissions Case Manager Phone: (804) 675-5000 x5648 Randi.hickman@va.gov

STAR Video from the Patient Perspective: https://youtu.be/TLCIrXvwtZQ