

Servicemember Transitional Advanced Rehabilitation (STAR) Program

Richmond VA Medical Center

1201 Broad Rock Boulevard

Building 514

Richmond, Virginia 23249



STAR Website:

<https://www.va.gov/richmond-health-care/programs/servicemember-transitional-advanced-rehabilitation-star-program/>

STAR PROGRAM

Structure:

- 8-Week Program (LOS adjusted based on Tx goals)
 - 2-Week Intensive Evaluation
 - 6 Weeks of Treatment

Setting and Environment:

- Residential Setting: No “Hospital” Feel. “Feels like the Team Room.”
- Therapeutic Environment and Interdisciplinary Therapies
- Medical Staff and Treatment Team Within the Building

Patient Experience:

- Involved in Treatment Plan
- Structured Treatment Schedule
- Individual & Group Interventions
 - Center & Community-based



Capabilities:

- Richmond VA Medical Center - Full-Service Medical Center
 - Integrative Therapies & Services Available
- Transition Planning, Preparation, and Support
 - Vocational Rehabilitation
 - Recreation Therapy
- Documentation and Treatment of Conditions On-site



WHO WE'VE SERVED

- 2012 – 2023: 330 Total Served
- 2019 – 2023: 114 SOF Served
 - 99% Active-Duty
 - Mid to Late Career
 - Mean Age = 42
 - Enlisted: E-6 - E-9
 - Warrant Officers: CW2 - CW5
 - Officers: O-4, O-5, & O-6
 - 1st SFC
 - SFGs: 3rd, 5th, 7th, 10th
 - Ranger Regiment
 - NSW: Stennis; VA Beach
 - MARSOC



Thank You!



For information or to make a referral:

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STAR Video from the Patient Perspective:
<https://youtu.be/TLCIrXvwtZQ>