

# Warrior Care Program (Care Coalition) Military Adaptive Sports



Adaptive Sports enhances recovery by engaging wounded, ill and injured Service members in an individualized physical and cognitive setting outside of the traditional therapeutic framework, inspiring recovery and physical fitness while encouraging new opportunities for growth.

## Goals and Objectives

Military Adaptive Sports provides recreational activities and competitive opportunities to all recovering Service members to improve their physical and mental quality of life through the continuum of recovery and transition. In addition, participation in adaptive physical activities helps demonstrate to recovering Service members that they still have physical capabilities beyond what they might have thought was possible. This confidence-building experience can help them in other parts of their recovery as well.

## The Model

Military Adaptive Sports provides direct support to Service-specific adaptive sports programs in the form of subject matter expertise, equipment and policy guidance. Military Adaptive Sports also coordinates with the Department of Veterans Affairs adaptive sports programs, the U.S. Olympic Committee, community-based organizations and other Non-Governmental Organizations.

## Going Local

Site coordinators located across the world facilitate daily activities, and structured camps and clinics to support adaptive sports opportunities in their locations, including para-triathlon, golf, sailing, track & field, cycling, swimming, wheelchair basketball, wheelchair rugby, archery, shooting, and sitting volleyball.

