



VETERANS & ATHLETES UNITED

VAU Wheelchair Accessible Retreats

VAU is providing opportunities for families, couples and single veterans to participate in 4-7 day wheelchair accessible beach and mountain retreats throughout the mid-Atlantic region. These retreats are wheelchair accessible and at no cost to the veteran (retreats include lodging, meals, travel (driving), and activities). You are eligible to apply if you have received a Purple Heart or a VA disability rating of 70% or greater.

VAU Application:

<https://reachcycles.wufoo.com/forms/m1kctdre0373efx/>

The retreats in this flyer are not individually listed in the application. Please check the "other" box on the application and name the property you have selected. Before submitting the application, ensure the dates you are requesting are available at that property. Most properties and activities must be booked at least 6 weeks in advance. VRBO properties will require you to download an application in order to view the property and check availability.

Accessible Mountain Properties:

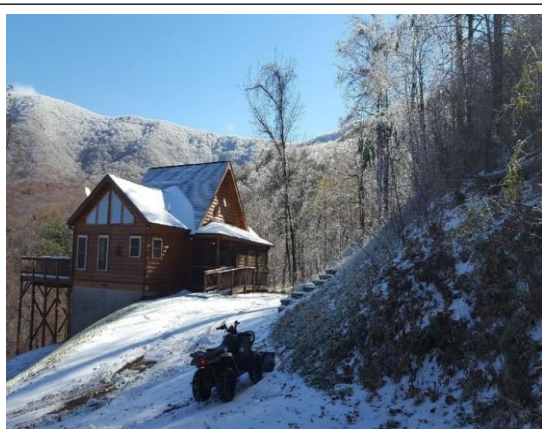


Ferguson, North Carolina (#1)

*Unique 1-bedroom mountain cabin with a roll in shower
Accessible activities include: Tweetsie Railroad, Doc's Rocks Gem Mine, Grandfather Mountain National Park, Blowing Rock Park, Mystery Hill Museum, and The Biltmore.*

For availability and information:

<https://t.vrbo.io/t17Rh9vVQ8>



Luray, Virginia

A Buck's Peak Shenandoah mountain hideaway. Sleeps 10 with 3 king beds, 1 queen bed, and a roll in shower.

Activities include: Blue Ridge Mountain Parkway; Limberlost Trail, Shenandoah National Park (1.3 mile accessible trail); and Luray Caverns Park (1.5 mile accessible trail).

For information and availability:

<https://www.expedia.com/Luray-Hotels-A-Bucks-Peak-Shenandoah-Mountain-Hide-Away-ADA-Accessible-In-Luray.h27528831.Hotel-Information>



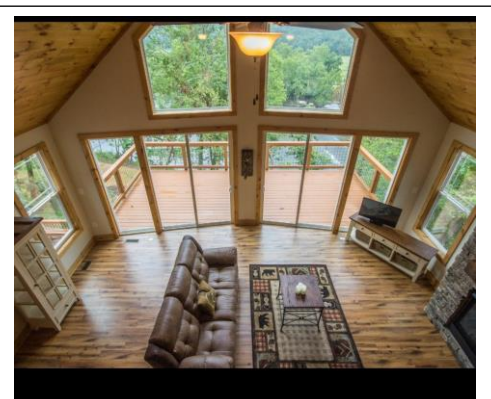
Luray, Virginia

Shenandoah river cabin sleeps 10 with 3 bedrooms and 2 bathrooms with a roll in shower.

Activities include: Blue Ridge Mountain Parkway; Shenandoah National Park Limberlost Trail (1.3 mile accessible trail); Luray Caverns Park (1.5 mile accessible trail).

For information and availability:

<https://t.vrbo.io/CMTRdBV2J8>

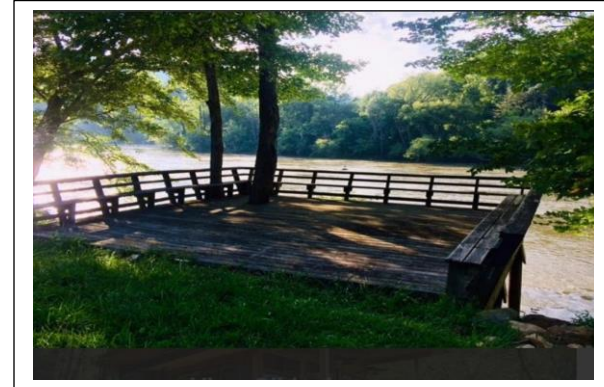


For questions, email veteransau@gmail.com

Accessible Mountain Properties Continued:



Ferguson (near Asheville), North Carolina (#2)
French Broad Riverfront cabin in the heart of the Blue Ridge Mountains with 1 king bed and a roll in shower. Activities include: Accessible trails, fishing, and much more.
For information and availability:
<https://www.yondervacationrentals.com/vacation-rentals/rental/french-broad-chalet/>



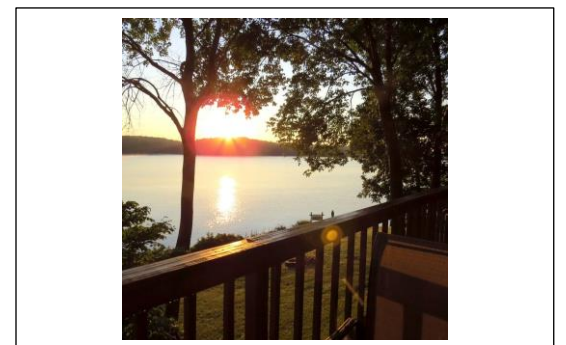
Bryson, North Carolina
Eagles nest cabin overlooking Fontana Lake and the Great Smokey Mountains National Park with 2 bedrooms, and 2 bathrooms with a roll in shower. Activities include: Accessible trails, fishing, and much more.
For information and availability:
<https://t.vrbo.io/tk7cCMH8K8>



Gatlinburg, Tennessee
8 accessible cabins in the Great Smokey Mountains. Activities include: Accessible trails, fishing, Gatlinburg and much more.
For information and availability:
<https://littlevalleymountainresort.com/cabin-rentals/handicap-accessible-cabins/>



Lake Anna, Virginia
Accessible 3 Bedroom, 3 Bath cabin overlooking Lake Anna. Activities include: Fishing, kayaking and much more.
For information and availability:
<https://t.vrbo.io/M9BEEvpo38>

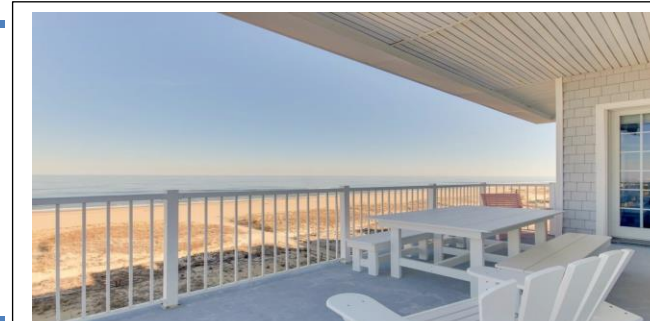


You may search other cabin/camping rentals based on specific disabilities here:
<https://glampinghub.com/rentalsearch/>

Accessible Beach Properties:



Sandbridge, Virginia (near Virginia Beach)
Oceanfront penthouse Beach condo sleeps 12 with 4 bedrooms and 3 baths. Activities include: Beach dune buggy power chair, deep-sea fishing, parasailing, Virginia Beach Boardwalk (5 miles of Boardwalk with restaurants).
For information and availability:
<https://t.vrbo.io/4ChsLBi4J8>



Holden Beach, North Carolina (Property 1)
Bridgecrest Oceanfront. Sleeps 10 with 4 bedrooms, 4 baths and a roll in shower. Activities include: Deep-sea fishing, accessible beach access point and pier within driving distance of house.
For information and availability:
<https://t.vrbo.io/1Yk50sU9M8>



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Accessible Beach Properties Continued:



Topsail Beach, North Carolina

Oceanfront Beach house

3 bed, 2 baths

Activities: Deep-sea fishing

For information and availability:

<https://www.carolinaretreats.com/booking/sea-strapped/191>



Holden Beach, North Carolina (Property 2)

Oceanfront beach house

4 bed, 5 baths with roll in shower

Activities: Deep-sea fishing, accessible beach access point and pier within driving distance of house

For information and availability:

<https://t.vrbo.io/jPbt9rt7J8>



Holden Beach, North Carolina (Property 3)

Oceanfront beach house

5 bed, 5 baths with elevator

Activities: Deep-sea fishing, accessible beach access point and pier within driving distance of house

For information and availability:

<https://www.holdenbeachvacations.com/rentals/727w-a-summer-place/374013>



Nags Head, North Carolina

Oceanfront Hotel in a very wheelchair accessible area with a pier and access points to the beach with the power beach chair provided.

Activities: Deep-sea fishing, accessible beach access point and pier.

For information and availability:

https://www.hilton.com/en/hotels/orfkghi-hilton-garden-inn-outer-banks-kitty-hawk/?SEO_id=GMB-GI-ORFKHGI

