

# Comprehensive Assessment & Symptom History (CASH)

### What is the CASH?

- ✓ A comprehensive, interview and questionnaire series documenting brain injury/exposure history and subjective symptoms.
- Designed to monitor brain health and cognitive performance, aiming to extend SOF Warfighter operational longevity.

## The CASH is NOT:

- A medical or behavioral health appointment
- A clinical assessment
- A tool to change a SOF Warfighter's operational status
- Automatically shared with medical providers.

### Who gets a CASH?

- All SOF Warfighters who have undergone A&S and completed specialized qualification training for USSOCOM assignment.
- ✓ At risk SOF enablers and DoD civilians (Commander's discretion/unit policy).

### Implementation: \*USSOCOM Brain Health Directive 40-6

- ✓ New SOF: Baseline within 12 months of completing qualification course.
- ✓ Mid-Career SOF: Baseline within 3 years of program implementation.
- ✓ Legacy SOF: Baseline as time permits.
- ✓ **Updates**: Every **5 years** while assigned to USSOCOM.

# **CASH Process:**

# Step 1: Registration 1. Registration 2. In registration Step 2: Intake & Assessments Step 3: Virtual Interview 3. In registration Step 4: PCM Follow-Up (Optional) Update Every 5 Years

- **Registration:** You are now registered for a CASH.
- Intake & Scheduling: You have received instructions and intake forms. Return completed documents to SOCOM.CASH.TEAM.SHDMBX@socom.mil. Once reviewed, you will receive a link to schedule your interview.
- **Interview Process:** A 30–45-minute interview will be conducted via Teams or over the phone.
- Final Report and EHR Integration:
   You can request a copy of your CASH
   Final Report. This report is *not* automatically shared with medical. To
   upload to your EHR, schedule a review
   with PCM. Otherwise, the report
   remains in the CASH database.

# **Why is the CASH Important:**

- ✓ USSOCOM Brain Health Program commitment: assess, understand, prevent, diagnose, and treat brain injuries and exposures.
- ✓ Educates the enterprise on the importance of early detection and documentation of suspected TBIs for effective diagnosis, treatment, and rehabilitation.
- Monitors, documents, analyzes, and supports Service Members' exposures, TBI histories, and cognitive/mental health status throughout their USSOCOM careers.
- Data enhances USSOCOM's ability to determine hazardous exposure effects and develop preventative strategies to minimize risk.
- ✓ Offers real-time feedback and tracking capabilities regarding brain exposures and cognitive performance, when coupled with other monitoring tools (i.e., ANAM and Blast Exposure Monitoring Gauges).

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