



USSOCOM Warrior Care Program - Care Coalition

Military Adaptive Sports Comprehensive Resource Guide

Version 5
Mar 2024

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WHEELCHAIR BASKETBALL

History

Wheelchair Basketball (WCB) first emerged around 1946 in the USA, developed by injured servicemen from World War II. Most were former able-bodied players who wanted to continue playing the game. The simple adaptations and slight rule variations for people in wheelchairs allowed the sport to spread across the US, and eventually worldwide.



USSOCOM in WCB

Wheelchair Basketball is one of the three recognized "Team Sports", alongside Wheelchair Rugby and Sitting Volleyball, in the [DoD Warrior Games](#) and [International Invictus Games](#) slate of adaptive Sports. Each year, recovering service members and veterans from all branches of service including SOCOM represent their respective teams and compete in these highly competitive events. Anyone enrolled in the USSOCOM Warrior Care Program is eligible to try out for Team SOCOM. Contact CC_MAS@socom.mil today if you are interested in seeing what it's all about!



Rules of WCB (DoD Warrior Games/ Invictus Games) Page 3 of 54

The primary rules of a Wheelchair Basketball game are quite similar to that of a regular basketball game. The rules include minor modifications that meet the needs of the players in the wheelchair, during a game. Today, the Wheelchair basketball players compete in tournaments and other minor activities based on the rules given by the governing body, the International Wheelchair Basketball Federation (IWBF). Here are the three primary rules of the game discussed extensively:

FOULS

- In the game, **your wheelchair is part of your body**—which is in connection with establishing a sense of responsibility for all contact in the court, i.e., in the case of blocking, going out of bounds, charging, and many other violations.
- The regulations of the game don't allow you to stay put in a key area for more than three seconds as an offensive player.
- Lifting your legs or body to gain an advantage to take a shot is a technical foul. Thus, you must remain seated in your chair while you pass, shoot, or dribble the ball. And you're not allowed to use your limbs to wheel your chair—as it's an unfair advantage.
- In a scenario where you fall off your chair, the referee is likely to stop the game, if he believes you're at risk of getting injured. Otherwise, the game will continue.

DRIBBLING

- You can bounce the ball and drive your chair simultaneously in wheelchair basketball. But, you're not allowed to push your wheelchair more than twice, holding the ball or having it on your lap, before passing, dribbling or shooting.
- In wheelchair basketball, there's no double-dribble rule. Hence, if you take more than two pushes while you have the ball, without dribbling, it will be counted as a traveling violation.
- You're not allowed to have any contact with your feet on the playing surface, while you have the ball.

SCORING

Scoring remains constant with the standard National Basketball Association scoring system. A team on offense with the basketball may score a basket when the following occurs:

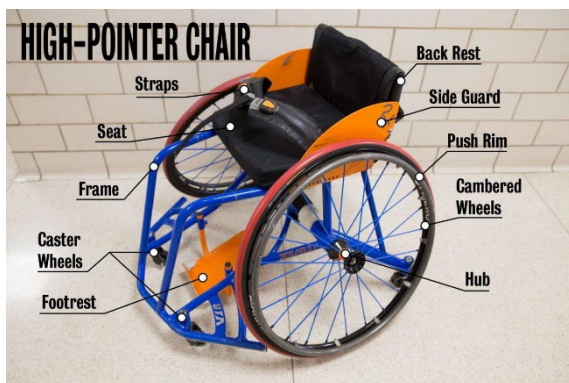
- A free throw to the basketball counts 1 point
- A throw from a two-point field goal zone counts 2 points
- A throw from a three-point field zone counts 3 points

Classification

The classification in wheelchair basketball involves measuring and categorizing a player's functional ability to handle all the skills necessary to play the game—which are pivoting, shooting, dribbling, pushing, catching, and rebounding. It's crucial to note that it has nothing to do with the assessment of a player's skill level. Particularly, the stability and trunk movement of a player observed during the pivoting, shooting, dribbling, pushing, catching, and rebounding, forms the allocation of a player to a specific class. Before a major tournament begins, all participating athletes will be classified by an independent third-party qualified medical professional.

WHEELCHAIR

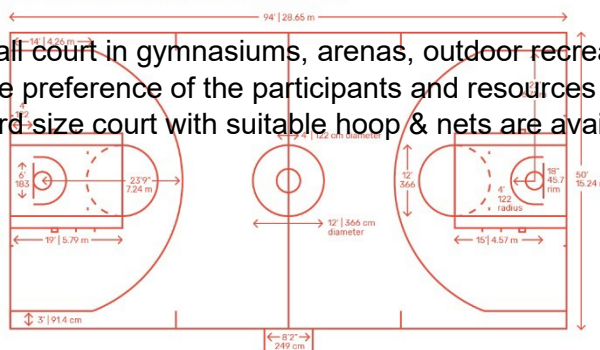
The wheelchair, which is the primary piece of equipment for the game, has evolved with the sport over the last 50 years. In the past, players had to use typical stainless-steel wheelchairs, which came with arm and footrests—weighing about 30 lbs. As the game evolved, the wheelchairs produced for the game became lightweight and streamlined. The features give players the room for agility and speed with a cutting-edge design as well as a sport-enhancing functionality. These days, sports wheelchair manufacturers construct the wheelchairs with aircraft aluminum or titanium to get the ideal weight and form required for optimal performance. They also include an extra fifth and sixth wheel for improved mobility and stability. The new wheelchairs also come with a well-designed front bumper that can't be hooked or held by an opponent. The angle of the wheelbase is suitable for quick turns and stability. The wheels on the chair now come with cables, rather than the conventional steel spokes. The new ones are usually 50 percent lighter and three times stronger than the steel spokes.



BASKETBALL COURT

Dimensions.Guide | Basketball Court

WCB can be played on any basketball court in gymnasiums, arenas, outdoor recreational complex, etc. Playing the game outdoors or indoors is up to the preference of the participants and resources of the governing body. As long as it's on a flat surface and a standard size court with suitable hoop & nets are available, WCB may be played.



BASKETBALL

The standard size of the ball mirrors that of the National Basketball Association and all other adjacent professional entities (29.5" / Size 7). Size 7 basketballs measure 29.5" in circumference and have a standard weight of 22 oz.

WCB Myths

There most common Wheelchair Basketball adaptive sport myth is that you must be daily wheelchair user or suffer from a severe mobility impairment to participate in the sport. This is **FALSE!** In fact, most athletes that compete on a WCB team in the DoD Warrior Games or Invictus Games are actually fully able-bodied. For military events, WCB is a recognized team sport in order to level the playing field and remain inclusive to all our recovering service members and veterans.

Similarities to Basketball

One could make the case that WCB is very similar to able-bodied basketball, and that most of the differences lie within the use of a WCB wheelchair. Besides the mode of travel on the court, the same basketball court, team size, balls, and scoring system are all similarly used to that of the National Basketball Association and other adjacent professional organizations.

Differences to Basketball

There are a few notable rule modifications that coincide with the use of wheelchairs in this adaptive sport. Most notable are that your wheelchair is an extension of the athlete's body—which is in connection with establishing a sense of responsibility for all contact in the court, i.e., in the case of blocking, going out of bounds, charging, and many other violations. The regulations of the game also don't allow you to stay put in a key area for more than three seconds as an offensive player.

Aside from the rules, the execution of the sport biomechanics is actually much more difficult when compared to able-bodied basketball. To see for yourself, try shooting a basketball from the 3-point line in a seated position. The focus of athletic movement is placed on the athlete's upper body when pushing the wheelchair and conducting all individual sport immediate actions – shooting, blocking, passing, etc.

Sources

Unknown. *Wheelchair basketball - About*. International Paralympic Committee. (n.d.). Retrieved December 13, 2021, from <https://www.paralympic.org/wheelchair-basketball/about>.

Zhang, L. (2021, June 1). *A beginner's Guide to Wheelchair Basketball*. Dunk or Three. Retrieved December 13, 2021, from <https://dunkorthree.com/wheelchair-basketball/>.

Resource Links

National Wheelchair Basketball Wheelchair Association (Official Website): <https://www.nwba.org/>

Department of Defense Warrior Games (Official Website): <https://www.dodwariorgames.com/>

International Invictus Games (Official Website): <https://invictusgamesfoundation.org/games/>

USSOCOM Warrior Care Program MAS (Official Website): <https://www.socom.mil/care-coalition/Pages/Military-Adaptive-Sports.aspx>

USSOCOM WCP-CC Military Adaptive Sports Section (Group Email): CC_MAS@socom.mil





USSOCOM Warrior Care Program - Care Coalition

Comprehensive Resource Guide - Military Adaptive Sports Introduction

WHEELCHAIR RUGBY

History

Wheelchair Rugby (WCR) was invented in 1977 in Winnipeg, Canada, by a group of tetraplegic athletes – athletes with paralysis of both the arms and legs – looking for an alternative to Wheelchair Basketball. The creators wanted a sport that would allow players with reduced arm and hand function to participate equally.



USSOCOM in WCR

Wheelchair Rugby is one of the three recognized “Team Sports”, alongside Wheelchair Basketball and Sitting Volleyball, in the [DoD Warrior Games](#) and [International Invictus Games](#) slate of adaptive sports. Each year, recovering service members and veterans from all branches of service including SOCOM represent their respective teams and compete in these highly competitive events. Anyone enrolled in the USSOCOM Warrior Care Program is eligible to try out for Team SOCOM. Contact CC_MAS@socom.mil today if you are interested in seeing what it’s all about!



The object of the game is to carry the ball across the opposing team's goal line and stop them from doing the same at the other end. Two wheels must cross the line for the goal to count, and the player must have firm control of the ball when he or she crosses the line. Matches are split into four eight-minute quarters. There is a two-minute break between quarters and a five-minute break at halftime. Wheelchair Rugby is played using a standard volleyball on a 28m x 15m hardwood basketball court divided into two halves with a center circle and a try line at each end.

It's a high-impact sport, which is why the wheelchairs have a solid frame, an anti-tip device at the rear and a double bumper. Players aren't allowed to grab an opponent with their hands, and excessive contact could cause injury, which leads to sanctions. Wheelchair rugby is a full-contact game and chair contact is encouraged. To ensure player safety, however, players cannot strike another player's wheelchair anywhere behind the axle of the rear wheel if it causes the chair to rotate horizontally or vertically. Physical body contact is also not permitted.

The rules of Wheelchair Rugby were inspired by rugby, basketball and hockey. The player in possession must dribble at least once or the ball must be passed at least every 10 seconds. Unlike in the able-bodied game, forward passes are allowed. Players can progress towards to opponent's goal by throwing, rolling, dribbling or carrying the ball on their knees. The defending team must have no more than three players in the key. From when they gain possession, a team has just 40 seconds to score a try.

After inbounding the ball, a team has 12 seconds to bring the ball over the half-court line. Each team has four time-outs of 30 seconds each, which may be used during regulation play and may be called by players on the floor, and two one-minute bench timeouts. If the score is tied, an overtime period of three minutes will be played. Additional overtime periods will be played until one team wins.

Like in wheelchair basketball, every player is assigned a point value based on their functional ability, from 0.5 for a player with the least physical function through to 3.5 for the most physical function. The total on-court value for each team of 4 four cannot exceed 8 eight points.

Classification

The classification in wheelchair rugby involves measuring and categorizing a player's functional ability to handle all the skills necessary to play the game—which are pivoting, dribbling, pushing, catching, and rebounding. It's crucial to note that it has nothing to do with the assessment of a player's skill level. Particularly, the stability and trunk movement of a player observed during the pivoting, dribbling, pushing, catching, and rebounding, forms the allocation of a player to a specific class. Before a major tournament begins, all participating athletes will be classified by an independent third-party qualified medical professional.

Wheelchair Rugby players are given points based upon their amount of available movement. Players with the least movement score lower than those with more. A team is made up of four players that can be in any combination as long as their points total does not exceed a total of 8. Teams are allowed half a point extra for each female player on court.

To be eligible, athletes with spinal cord injuries must have impairment in at least three limbs. Athletes without spinal cord injuries (such as cerebral palsy or amputation) must have impairment in all four limbs.

Typically, an athlete is assigned a class following the completion of the bench test and the functional skills test prior to game play (observation of ball handling and wheelchair skills). The athlete's execution of ball and wheelchair handling skills are observed on court during actual play to make a final determination of the athlete's class.

Players are classed into one of seven classes (0.5, 1.0, 1.5, 2.0, 2.5, 3.0, or 3.5) depending on their functional ability. The higher classes are assigned to players with higher functional levels, while lower classifications are assigned to players with less functional ability.

Equipment

WHEELCHAIR

The wheelchair, which is the primary piece of equipment for the game, has evolved with the sport over the last 50 years. In the past, players had to use typical stainless-steel wheelchairs, which came with arm and footrests—weighing about 30 lbs. As the game evolved, the wheelchairs produced for the game became lightweight and streamlined. The features give players the room for agility and speed with a cutting-edge design as well as a sport-enhancing functionality. These days, sports wheelchair manufacturers construct the wheelchairs with aircraft aluminum or titanium to get the ideal weight and form required for optimal performance. They also include an extra fifth and sixth wheel for improved mobility and stability. The new wheelchairs also come with a well-designed front bumper that can't be hooked or held by an opponent. The angle of the wheelbase is suitable for quick turns and stability. The wheels on the chair now come with cables, rather than the conventional steel spokes. The new ones are usually 50 percent lighter and three times stronger than the steel spokes.

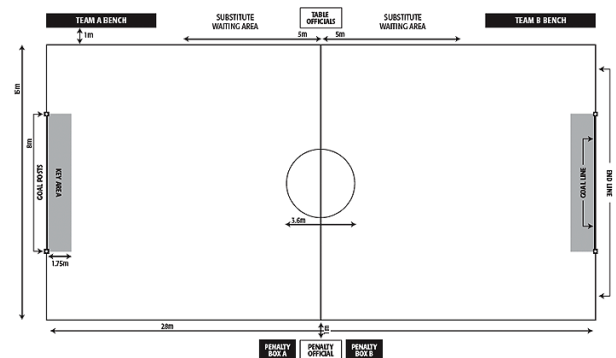
Wheelchair Rugby requires specialized types of wheelchair that fits into two main categories - Offensive/High-Point Chairs and Defensive/Low-Point Chairs. Athletes with more function (Higher Sport Class - 2.0-3.5, typically) tend to use wheelchairs with metal wings in the front of the chair, which reduce opposing athletes' ability to stop their chair as they attempt to move up court and score. Athletes with less function (Lower Sport Class - 0.0-1.5, typically) tend to use wheelchairs that have a metal extension, called a picker, which can be used to slow or stop opposing athletes' wheelchair from moving. Both types of chairs have similar attributes of hard plastic or metal spoke guards.



WCR Offensive High-Point Chair



WCR Defensive Low-Point Chair



RUGBY/BASKETBALL COURT

WCR can be played on any basketball court in gymnasiums, arenas, outdoor recreational complex, etc. Playing the game outdoors or indoors is up to the preference of the participants and resources of the governing body. As long as it's on a flat surface and a standard size court.



VOLLEYBALL

Wheelchair Rugby uses a regulation volleyball typically of a 'soft-touch' design, with a slightly textured surface to provide a better grip. The balls are normally over-inflated compared to volleyball, to provide a better bounce.

WCR Myths

The most common Wheelchair Rugby adaptive sport myth is that you must be a daily wheelchair user or suffer from a severe mobility impairment to participate in the sport. This is **FALSE!** In fact, most athletes that compete on a WCR team in the DoD Warrior Games or Invictus Games are actually fully able-bodied. For military events, WCR is a recognized team sport in order to level the playing field and remain inclusive to all our recovering service members and veterans.

Similarities to Rugby

Much like able-bodied rugby matches, highly competitive wheelchair rugby games are fluid and fast-moving, with possession switching back and forth between the teams while play continues. The game clock is stopped when a goal is scored or in the event of a violation—such as the ball being played out of bounds—or a foul. Players may only be substituted during a stoppage in play. The games' ultimate objective is the same, to move the ball past your opponents goal line.

Differences to Rugby

There are a few notable rule modifications that coincide with the use of wheelchairs in this adaptive sport. Most notable are that your wheelchair is an extension of the athlete's body—which is in connection with establishing a sense of responsibility for all contact in the court, i.e., in the case of blocking, going out of bounds, charging, and many other violations.

Aside from the rules, Wheelchair Rugby is also typically a mixed-gender sport that allows forward passes. The ball utilized is also a standard volleyball instead of a Rugby Football.

Resource Links

United States Wheelchair Rugby Association (Official Website): <https://www.uswra.org/>

Department of Defense Warrior Games (Official Website): <https://www.dodwariorgames.com/>

International Invictus Games (Official Website): <https://invictusgamesfoundation.org/games/>

USSOCOM Warrior Care Program MAS (Official Website):
<https://www.socom.mil/care-coalition/Pages/Military-Adaptive-Sports.aspx>

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Sitting Volleyball



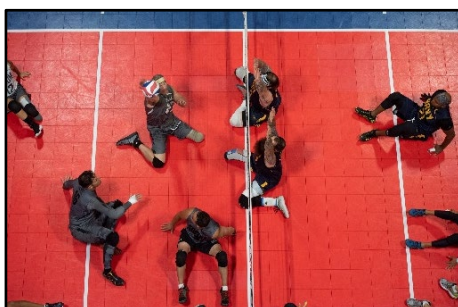
History

Sitting Volleyball was invented in the Netherlands by the Dutch Sport Committee in 1956 as a rehabilitation sport for injured soldiers. The sport originated as a combination of volleyball and sitzball, a German sport with no net but seated players. Since then, it has become one of the most popular Para sports in the world. Men's Sitting Volleyball was first included in the Arnhem 1980 Paralympic Games with the women's version following in Athens 2004. It has always been a clear staple for team sports in United States Armed Forces and USSOCOM adaptive sport programs.



USSOCOM in Sitting Volleyball

Sitting Volleyball (SVB) is one of the three recognized "Team Sports", alongside Wheelchair Basketball and Wheelchair Rugby, in the [DoD Warrior Games](#) and [International Invictus Games](#). Each year, recovering service members and veterans from all branches of service including SOCOM represent their respective teams and compete in these highly competitive events. Anyone enrolled in the USSOCOM Warrior Care Program is eligible to try out for Team SOCOM. Contact CC_MAS@socom.mil today if you are interested in seeing what it's all about!



Rules of SVB (DoD Warrior Games/ Invictus Games) Page 11 of 54

SVB is a discipline of the sport in which athletes play in a seated position. This sitting game utilizes the same volleyball skills and techniques as the standing game with a few key rule differences. Players use both their arms and legs to move across the court, and it's a physical, fast-paced game. USA Volleyball is the official National Governing Body for sitting volleyball, for which the DoD Warrior Games and Invictus Games has adapted the rules set from.

SVB is a sport played by two teams on a playing court divided by a net. There are different versions available for specific circumstances in order to offer the versatility of the game to everyone. The object of the game is to send the ball over the net in order to ground it on the opponent's court, and to prevent the same effort by the opponent. The team has three hits for returning the ball (in addition to the block contact). The ball is put in play with a service: hit by the server over the net to the opponents. The rally continues until the ball is grounded on the playing court, goes "out" or a team fails to return it properly. In SVB, the team winning a rally scores a point (Rally Point System). When the receiving team wins a rally, it gains a point and the right to serve, and its players rotate one position clockwise.

Within the DoD Warrior Games and Invictus Games competitions, teams consist of 12 players and may be same gender or mixed gender. The tournament within these competitions consists of pool and bracket play. Pool winners advance to bracket play, which determines medal contention. Athletes are classified based on functional limitation (minimum, moderate and maximum). Of the six players on the court per team, no more than five players can be of the same classification. Players must have some part of the upper body (bottom to shoulders) in contact with the floor at the moment of ball contact, during all contact points of the game.

The introduction of a specialist defensive player(s) – the Libero(s) – has moved the game forward in terms of rally length and multi-phase play. Modifications to the service rule have changed the act of service from simply a means of putting the ball in play to an offensive weapon. The concept of rotation is entrenched to allow for all-round athletes. The rules on player positions permit teams to have flexibility and to create interesting developments in tactics. Competitors use this framework to contest techniques, tactics and power. The framework allows players a freedom of expression to enthuse spectators and viewers.

Classification

The Warrior Games and Invictus Games Classification System is sport-specific in which classification protocols such as testing impairments for flexibility, range of motion and/or strength, and functional observation are considered to ensure correct athlete classification specific to each sport. Athlete classifications will be determined prior to athlete registration and arrival at the Warrior Games/Invictus Games and IAW established Warrior Games/Invictus Games classification criteria. Athletes with a serious visual impairments are not permitted to compete in Sitting Volleyball. There are **3 Classifications** for the SVB Competition at the DoD Warrior Games and Invictus Games, and a mix must be present at all times on the court:

MINIMUM CLASSIFICATION

This category is for athletes with minimal/mild or non-permanent physical disabilities and other illnesses (e.g., PTSD, TBI, minor orthopedic injuries) including but not exclusively:

- A measurable and combined loss of strength in an ankle, knee, hip, shoulder, elbow, or wrist that is less than 50% when compared to an opposing or fully functional joint.
- A measurable and combined loss of range of motion in an ankle, knee, hip, shoulder, elbow, or wrist that is less than 50% when compared to an opposing or fully functional joint.
- A measurable and combined loss of strength and range of motion in an ankle, knee, hip, shoulder, elbow, or wrist joint that is less than 60% when compared to an opposing or fully functional joint. To determine the total combination of measured loss of strength and loss of range of motion, simply add the two scores of functional loss together. (i.e., 10% loss of range of motion + 40% loss of strength = 50% combined measured loss).
- Minor or no balance issues.

MODERATE CLASSIFICATION

This category includes athletes with one of the following physical/functional impairments, including moderate TBI: Classification - Fair bilateral coordination, fair motor planning.

- Loss of one thumb and at least two additional fingers on one hand. Loss of minimum of seven total fingers.
- Lisfranc amputation; mid foot or higher.
- A measurable loss of strength in an ankle, knee, hip, shoulder, elbow, or wrist joint that is greater than or equal to 50% when compared to an opposing or fully functional joint.
- A measurable and combined loss of strength and loss of range of motion in an ankle, knee, hip, shoulder, elbow, or wrist joint that is greater than or equal to 60% when compared to an opposing or fully functional joint. To determine the total combination of measured loss of strength and loss of range of motion, simply add the two scores of functional loss together. (i.e., 30% loss of range of motion + 30% loss of strength = 60% combined measured loss).
- Significant balance issues (athlete must walk with assisted device).

MAXIMUM CLASSIFICATION

This category includes athletes with the following or more significant physical/functional impairments:

- Complete loss of motor function in an ankle, knee, hip, shoulder, elbow, or wrist joint.
- The inability to move one of the listed joints whether from amputation, paralysis, fusion, or other factor is considered a complete loss of function.
- Severe TBI, inability to follow complex movements. Classification - Poor bilateral coordination, poor motor planning, inability to complete movements during play.

Sitting Volleyball Myths

There most common SVB adaptive sport myth is that you must be daily wheelchair user, be a lower body amputee, or suffer from a severe mobility impairment to participate in the sport. This is **FALSE!** In fact, most athletes that compete on a SVB team in the DoD Warrior Games or Invictus Games are actually fully able-bodied. For military events, SVB is a recognized team sport in order to level the playing field and remain inclusive to all our recovering service members and veterans.

Similarities to Volleyball

Much like able-bodied volleyball games, highly competitive SVB games are fluid and fast-moving, with volleys bouncing back and forth between the teams while play continues. The game clock is stopped when a volley is scored or in the event of a violation—such as the ball being played out of bounds—or a foul. Players may only be substituted during a stoppage in play. The games' ultimate objective is the same, the first team to score the first to 25 points wins that set. Each team is allowed to have up to three contacts with the ball before returning it to the opposing team's side of the court.

Differences to Volleyball

In SVB, the net is about 3 feet high, and the court is 10 x 6 meters with a 2-meter attack line. The court is divided into two sides of 5m deep by 6m wide. The net height is set at a height of 1.15m for men, and 1.05m for women. Players are allowed to block serves, but one "cheek" must be in contact with the floor whenever they make contact with the ball. Players must remain in contact with the court at all times when handling the ball. Standing, rising, or taking steps is not permitted. A short loss of contact with the court is permitted in two scenarios: when making a defensive play in the back zone to save a ball and when making a defensive play in the front zone. Rather than a best of 5 sets, sitting volleyball is a best of three sets, played to 25 points, but you have to win by two. If a third set is necessary, that set is played to 15 points, also having to win by two.

Resource Links

United States Volleyball Association (Official Website): <https://usavolleyball.org/>

Department of Defense Warrior Games (Official Website): <https://www.dodwarriorgames.com/>

International Invictus Games (Official Website): <https://invictusgamesfoundation.org/games/>

USSOCOM Warrior Care Program MAS (Official Website):
<https://www.socom.mil/care-coalition/Pages/Military-Adaptive-Sports.aspx>

USSOCOM WCP-CC Military Adaptive Sports Section (Group Email): CC_MAS@socom.mil



NATIONAL SPORT ORGANIZATIONS

American Association of Adapted Sports Programs	www.adaptedsports.org
Blaze Sports America	www.blazesports.org
Disabled Sports USA	www.disabledsportsusa.org
National Center on Health, Physical Activity and Disability	www.nchpad.org
Paralyzed Veterans of America	www.pva.org
Triathlon Organization	www.triathlon.org/paratriathlon
United Amputees Services Association	www.oandp.com
United Amputees	www.unitedamputees.com
Amputee Coalition of America (ACA)	www.amputee-coalition.org
Athletics for All Adaptive sports for students	www.nfhs.org
Disabled Sports USA	www.disabledsportsusa.org
Spina Bifida Association	www.spinabifidaassociation.org
Sportsabilities Organization	www.sportsabilities.com
The United States Association of Blind Athletes (USABA)	www.usaba.org
Transverse Myelitis Association (TMA)	myelitis.org
United Cerebral Palsy	www.ucp.org
WCMX	www.facebook.com/wcmotocross/
Adaptive Sports USA	www.adaptivesportsusa.org/
Achilles International	www.achillesinternational.org/

NATIONAL GOVERNING BODIES

Blaze Sports	www.blazesports.org/
Lakeshore Foundation	www.lakeshore.org/
National Wheelchair Basketball Association	www.nwba.org/
Surfing America	www.surfamerica.org
University of Central Oklahoma Official U.S. Olympic & Paralympic Training	www.uco.edu/wellness/sr/trainingsite/
U.S. Association of Blind Athletes	usaba.org/
US Fencing	www.usfencing.org/
U.S. Quad Rugby Association	usqra.org/
US Rowing	www.usrowing.org/NationalTeams/ParalympicParaRowingNationalTeam
US Sailing	www.ussailing.org/olympics/games/paralympic/
U.S. Soccer	www.ussoccer.com/
U.S. Tennis Association	www.usta.com/
USA Archery	www.teamusa.org/USA-Archery/
USA Canoe/Kayak	www.teamusa.org/USA-Canoe-Kayak.aspx
USA Curling	www.teamusa.org/USA-Curling/
USA Cycling	www.usacycling.org/
USA Hockey	www.usahockey.com/
Team USA	www.teamusa.org/USA-Judo
USA Shooting	www.usashooting.org/
USA Table Tennis	www.teamusa.org/USA-Table-Tennis
USA Triathlon	www.teamusa.org/usa-triathlon

USA Volleyball	www.teamusa.org/USA-Volleyball/
INTERNATIONAL ORGANIZATIONS	
AdaptSurf – Rio de Janeiro, Brazil	adaptsurf.org.br/
International Paralympic Committee	www.paralympic.org
International Surfing Association/Adaptive Surfing	www.isasurf.org/development-programs/adaptive-surfing
London Western Track and Field Club in London, Ontario	www.londontrack.org/#!/about-us/cee5
High Performance Handcycling, Calgary	www.burke.org/community/adaptiveprograms/handcycling
CADS Alberta	www.cadsalberta.ca/
Rocky Mountain Adaptive Sports Centre (BANFF, CANADA)	www.rockymountainadaptive.com
Swim BC	swimbc.ca/
Wheelchair Basketball, South Africa, Pretoria	www.basketball.co.za/
LIDERES CON 1000 CAPACIDADES MEXICO, Jalisco, Mexico	www.facebook.com/LideresCon1000CapacidadesMexico
ADD – Assosiação Desportiva para Deficiente, Sao Paulo, Brazil	www.add.org.br/

ADAPTIVE SPORTS CLUBS (BY STATE)

ALASKA

Alpine Alternatives, Inc.	www.alpinealternatives.org
Challenge Alaska – Paralympic Sport Alaska	www.challengealaska.org/index.php?option=com_content&view=article&id=112&Itemid=123
Southeast Alaska Independent Living	www.sailinc.org

ALABAMA

Lakeshore Foundation – Paralympic Sport Birmingham	www.lakeshore.org
United States Quad Rugby Association	http://www.quadrugby.com
Birmingham VA Medical Center	www.birmingham.va.gov
Lakeshore Junior Wheelchair Basketball	http://www.lakeshore.org/index.php?src=gendocs&link=Wheelchair_Basketball&category=Main
Alabama Adapted Athletics	http://alabamaadapted.com/
Team River Runner Ft. Campbell	http://www.teamriverrunner.org/?q=node/1283
Golf 4 the Disabled	www.golf4thedisabled.org
Auburn University Office of Accessibility – Paralympic Sport Auburn	http://auburn.edu/adaptivesports

ARIZONA

Arizona Disabled Sports – Paralympic Sport Mesa	www.arizonadisabledsports.com
Southern Arizona Association for the Visually Impaired (SAAVI)	http://www.saavi.us
City of Phoenix Adaptive Recreation (Daring Adventures)	https://www.phoenix.gov/parks/adaptive-recreation
Rio Salado Rowing Club – Paralympic Sport Valley of the Sun	https://www.rowrio.org/pages/adaptive-rowing
University of Arizona	https://drc.arizona.edu/athletics
Surprise Road Runners	http://www.surpriseaz.gov/index.aspx?NID=1459
Ability360 – Paralympic Sport Phoenix	www.spofit.org

CALIFORNIA

Achieve Tahoe (formerly Disabled Sports USA Far West)	www.achievetahoe.org
Amazing Surf Adventures	www.amazingsurfadventures.org
Angel City Sports	www.angelcitysports.org
Central California Adaptive Sports Center	www.centralcaladaptive.org
Helen Woodward Animal Center ð Therapeutic Riding	www.animalcenter.org/therapeuticriding/
City of Sacramento – Paralympic Sport Sacramento	www.accessleisuresac.org
Disabled Sports Eastern Sierra – Paralympic Sport Mammoth Lakes	www.disabledsportseasternsierra.org
Far West Wheelchair Athletic Association – Paralympic Sport Silicon Valley	www.fwwaa.org
Living Spinal	http://livingspinal.com/
PossAbilities at Loma Linda University Medical Center – Paralympic Sports	www.teampossabilities.com
Adaptive Sports and Recreation Association – Paralympic Sport San Diego	www.adaptivesportsandrec.org
Bay Area Outreach & Recreation Program – Paralympic Sport Bay Area	http://www.borp.org
Argo Challenge	www.argochallenge.org
Riekes Center for Human Enhancement – Paralympic Sport Menlo Park	www.Riekes.org
Disabled Veterans SCUBA Project / Long Beach VA	http://www.disabledveteransscubaproject.org/
Disabled Veterans SCUBA Project	http://www.disabledveteransscubaproject.org/
California Adaptive Rowing Program	http://www.carplb.net
Rancho Wheelchair Sports Program	http://ranchofoundation.org/wheelchair-sports/
United States Adaptive Recreation Center – Paralympic Sport Big Bear Lake	www.usarc.org
Blind Stokers Club	www.blindstokersclub.org
San Diego District Tennis Association	http://www.sandiegotennis.com



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Bicycling Blind Los Angeles	http://bicyclingblind.org
Southern California Soaring Academy	http://www.soaringacademy.org/
Shared Adventures – Paralympic Sport Santa Cruz	www.sharedadventures.org
Triumph Foundation	www.Triumph-Foundation.org
United States Para-Equestrian Association	www.USPEA.org
Golden State Road Warriors	www.goldenstateroadwarriors.com
Incight – Paralympic Sport Palm Desert	www.incight.org
UCLA Adaptive Programs	https://www.recreation.ucla.edu/adaptiveprograms
Military Racquetball Federation	http://www.militaryracquetball.com/
Team River Runner Menlo Park & Palo Alto	http://www.teamriverrunner.org/?q=node/321
Team River Runner Sacramento	http://www.teamriverrunner.org/?q=node/1381
Team River Runner San Diego	http://www.teamriverrunner.org/?q=node/136
Adaptive Athletics Association	www.adaptiveathletics.org
Disabled Sports USA Los AngelesÐ The Unrecables	http://www.unrecables.com/
Disabled Sports USA Orange CountyÐ The Achievers	www.theachievers.org
Discovery Blind Sports	www.discoveryblindsports.org
Shasta Disabled Sports USA	www.shastadsusa.org
IVHA/Junior Reign Sled Hockey – Paralympic Sport Riverside	http://socalsledhockey.blogspot.com
C.O.R.E. Centers, LLC	www.corecenters.info
Break The Barriers, Inc. – Paralympic Sport Fresno	www.breakthebarriers.org
Marty Turcios Therapeutic Golf Foundation	www.therapeuticgolfclinic.com
San Diego Rowing Club	www.sandiegorowing.org



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Cottage Rehabilitation Hospital – Paralympic Sport Santa Barbara	www.cottagehealthsystem.org
Bay Area Association of Disabled Sailors (BAADS)	www.baads.org
Teaming Individuals Emphasizing Sports	www.tiessports.org
High Fives Non-Profit Foundation	www.highfivesfoundation.com
Timpany Center, San Jose, CA	http://www.sjsu.edu/timpany/
SoCal Power Soccer, Glendale, CA	https://www.facebook.com/SoCalVaqueros/
Best Day Foundation	https://www.facebook.com/BestDayFoundation/
LA Kings Sled Hockey	https://www.facebook.com/LAKingsSledHockey/
San Diego Sharp – USA Wheelchair Rugby	https://www.facebook.com/SharpEdgeRugby/
Team PossAbilities Shield Maidens, Los Angeles	http://www.nwba.org/page/show/2226624-possabilities-shield-maidens
SoCal Surf & Skate	https://www.facebook.com/socalsurfandskate/
Corona Challengers –	http://www.cnusd.k12.ca.us/Page/17824
San Diego Ducks Sled Hockey	https://www.ducksledhockey.org/

COLORADO

City of Colorado Springs – Paralympic Sport Colorado Springs	www.coloradosprings.gov/tr
Adaptive Adventures Paralympic Sport Front Range	www.adaptiveadventures.org
Adaptive Sports USA	http://www.wasusa.org/
Craig Hospital Paralympic Sports	https://craighospital.org/programs/therapeutic-recreation
Golf 4 The Disabled	www.golf4thedisabled.org
USA Table Tennis	www.usatt.org/disabled
USA Shooting	www.usashooting.org



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USA Paratriathlon	https://www.teamusa.org/usa-triathlon/usat-for-me/athlete-resources/paratriathletes
USA Judo	www.usjudo.org
USA Hockey	http://www.usahockey.com/
USA Fencing	http://www.usfencing.org
USA Cycling	http://usacycling.org/clubs/
USA Archery	www.AmericanDisabledArchers.com
United States Handcycling Federation	http://www.nchpad.org/Directories/Organizations/2086/United~States~Handcycling~Federation
United States Association of Blind Athletes (USABA)	www.usaba.org
Telluride Adaptive Sports – Paralympic Sport Telluride	www.tellurideadaptivesports.org
Team River Runner Fort Carson/Colorado Springs	http://www.teamriverrunner.org/?q=node/1319
Team River Runner Denver	http://www.teamriverrunner.org/?q=node/401
Steamboat Adaptive Recreational Sports ‘STARS’	www.steamboatstars.com
Paralympic Alpine Development Program – Aspen	https://www.teamavsc.org/Adaptive-Program
Paradox Sports	http://paradoxsports.org/
National Sports Center for the Disabled-Winter Park	http://www.nscd.org
National Sports Center for the Disabled – Paralympic Sport Denver	www.nscd.org
Lending Sight	https://www.facebook.com/LendingSight
Keystone Adaptive Center	www.boec.org
Ignite Adaptive Sports	www.IgniteAdaptiveSports.org
Foresight Ski Guides, Inc.	http://foresightskiguide.org/
Community Sailing of Colorado – Paralympic Sport Denver	www.communitysailing.org
Colorado Discover Ability – Paralympic Sport Grand Junction	http://www.coloradodiscoverability.org



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Colorado Adaptive Sports Foundation	http://www.coloradoadaptivesports.org
City of Fort Collins Adaptive Recreation – Paralympic Sport Fort Collins	http://www.fcgov.com/aro
City of Boulder Parks & Rec EXPAND – Paralympic Sport Boulder	https://bouldercolorado.gov/parks-rec/expand-program-for-people-with-disabilities
Challenge Aspen – Paralympic Sport Aspen	http://www.challengeaspen.com
Aspen Camp (Deaf & Hard of Hearing)	www.aspencamp.org
Adaptive Sports Association – Paralympic Sport Durango	www.asadurango.com
Adaptive Adventures – Paralympic Sport Front Range	www.adaptiveadventures.org
Adaptive Action Sports – Paralympic Sport Rockies	www.adacs.org
Adaptive Sports USA	www.adaptivesports.org
National Wheelchair Basketball Association	http://www.nwba.org/
Visually Impaired and Blind Skiers	www.coloradovibes.org

CONNECTICUT	
Sports Association, Gaylord Hospital – Paralympic Sport Southern NE	www.gaylord.org/sports
Groton Parks and Recreation	www.grotonrec.com
Leaps Of Faith Disabled Skiers – Paralympic Sport Connecticut	http://lofadaptiveskiers.org/
Connecticut Spokebenders	http://www.ctspokebenders.com/
Hospital for Special Care – Paralympic Sport Club Connecticut	www.hfsc.org
Chapter 126 Sports & Fitness, An Oak Hill Center	www.chapter126.com

D.C.	
Medstar NRH Veterans Sports Program	www.medstarnrh.org/sports
Paralyzed Veterans of America	www.pva.org
Capital Rowing Club – Paralympic Sport Washington, D.C.	http://www.capitalrowing.org
Paralyzed Veterans Racing	http://www.pva.org/site/c.ajlRK9NJLcJ2E/b.6305947/k.B171/Racing_and_Fitness.htm
NRH Ambassadors	www.nrhref.org/sports
DCFire Fighters Burn Foundation	www.dcfburnfoundation.org

DELAWARE	
Nemours/Alfred I duPont Hospital for Children – Paralympic Sport Delaware	http://www.nemours.org/locations/nemours-dupont.html

FLORIDA	
James A. Haley Veterans Hospital’s (JAHVAH) Adaptive Sports Program	https://www.tampa.va.gov/
Hillsborough County Parks – Paralympic Sport Tampa Bay	http://www.hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/paralympic-sports-club
Wounded Warriors Abilities Ranch	https://woundedwarriorsabilitiesranch.org/
Miami-Dade Parks and Recreation – Paralympic Sport Miami	http://www.miamidade.gov/parks/accessibility-paralympic-sports.asp
Team Paradise Sailing – Paralympic Sport Miami	www.teamparadise.org
Bassai Karate Dojo -International	https://www.facebook.com/BassaiKarateDojoInternational
Sunrise Suns	www.sunrisesuns.com
Central Florida Tri-Club – Paralympic Sport Orlando	www.cfltriclub.com
Colusana	www.colusana.org
South Orlando Rowing Association	http://www.SORACrew.com

Team River Runner Orlando	http://www.teamriverrunner.org/?q=node/1354
Team River Runner Tampa	http://www.teamriverrunner.org/?q=node/134
Florida Disabled Outdoors Association	www.fdoa.org
Brooks Rehabilitation Adaptive Sports and Recreation – Jacksonville	www.brooksrehab.org
Central Florida Adaptive Sports Club – Paralympic Sport Central Florida	https://www.facebook.com/CentralFloridaAdaptiveSportsClub?ref=br_rs
IRISHWATERDOGS	https://www.facebook.com/IRISHWATERDOGSWARRIORS/
Miami Beach Watersports Center, Inc. – Paralympic Sport South Florida	www.rowmiamibeach.com
Tim’s Kids	http://www.timskids.org/Welcome.html
Space Coast Hurricanes Sled Hockey	http://spacecoastsled.webs.com/
Florida Bandits Sled Hockey	http://www.usahockey.com/page/show/1193888-florida-bandits

GEORGIA	
Athens Inclusive Recreation and Sports, Inc.	www.airs-ga.org
BlazeSports America & BlazeSports Atlanta – Paralympic Sport Atlanta	www.blazesports.org
Champions Made From Adversity – Paralympic Sport Greater Augusta	https://www.nchpad.org/Directories/Organizations/3356/Champions~Made~From~Adversity-Paralympic~Sport~Greater~Augusta
Charlie Norwood VA Medical Center	www.augusta.va.gov
Atlanta VA Medical Center	www.atlanta.va.gov
Shepherd Stealers	http://www.shepherd.org/resources/sports
Heroes On The Water	www.heroesonthewater.org
Team River Runner Atlanta	http://www.teamriverrunner.org/?q=node/1353
Team River Runner Augusta	http://www.teamriverrunner.org/?q=node/131



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Georgia Blind Sports Association	www.gablindsports.com
Catalyst Sports	www.gocatalystsports.org
Nautical Milers Special Needs Swim Team	https://www.facebook.com/NauticalMilersSwimTeam
Atlanta Sparks	https://www.facebook.com/pages/Atlanta-Sparks-Special-Needs-Hockey/276260542495795?ref=hl

HAWAII

AccesSurf Hawaii Inc. – Paralympic Sport Hawaii	http://www.Accessurf.org
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IDAHO

Wood River Ability Program – Paralympic Sport Sun Valley-Ketchum	www.woodriverabilityprogram.org
Treasure Valley Family YMCA – Paralympic Sport Boise	http://findaclub.usparalympics.org/organization-detail.aspx?id=275
Higher Ground Sun Valley – Paralympic Sport Sun Valley	www.highergroundsv.org
AquAbility, Inc. – Paralympic Sport Idaho	www.aquability.org
City of Boise – Parks & Recreation Dept. – Paralympic Sport Boise	www.cityofboise.org/adaptiverecreation
Inland Northwest Disabled Veterans Sports Association – Paralympic Sports	http://www.indvsa.org
Adaptive Wilderness Sports of McCall	https://sites.google.com/awesomemccall.org/home/home
Recreation Unlimited, Inc.	www.recreation-unlimited.org
Idaho Disabled Archery	https://www.facebook.com/IDArchery
Idaho Wheelchair Tennis Association	www.IdahoWTA.org

ILLINOIS

Adaptive Adventures – Paralympic Sport Chicago	www.adaptiveadventures.org
Auburn University, Auburn, IL	https://cws.auburn.edu/Accessibility/adaptedsports
Chicago Rowing Foundation	http://www.rowchicago.com/
Great Lakes Adaptive Sports Association (GLASA) – Paralympic Sports	www.glasa.org
Western DuPage Special Recreation Association – Paralympic Sports	www.wdsra.com/adaptedsports.htm
U.S. Soccer	http://www.usoccer.com/Teams/Other-Programs/Paralympic-Soccer.aspx
Lincolnway Special Recreation Association (LWSRA)	www.lwsra.org
South Suburban Special Recreation Association – Northern Illinois	www.sssra.org
South East Association for Special Parks and Recreation – Northern Illinois	www.seaspar.org
Rockford Park District – Paralympic Sport Rockford	http://www.rockfordparkdistrict.org/home/programs/therapeuticrecreation/Therapeutic%20Recreations.cmsx
Rehabilitation Institute of Chicago – Paralympic Sport Chicago	www.ricsports.org
Northern Suburban Special Recreation Association – Northern Illinois	www.nssra.org
Northern Illinois Special Recreation Association – Northern Illinois	www.nisra.org
Fox Valley Special Recreation Association – Northern Illinois	www.fvsra.org
Maine-Niles Association of Special Recreation – Northern Illinois	www.mnasr.org
Northwest Special Recreation Association – Suburban Northwest Chicago	www.nwsra.org
West Suburban Special Recreation – Northern Illinois	www.wssra.net
Jesse Brown VA Hospital	http://www.chicago.va.gov/
Chicago Park District – Paralympic Sport Chicago	http://www.chicagoparkdistrict.com/departments/programming/community-recreation/special-recreation/
Northeast DuPage Special Recreation Association – Northeast DuPage	www.nedsra.org
Heart of Illinois Special Recreation Association	http://www.peoriaparks.org/heart-of-illinois-special-recreation



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Tri County Special Recreation Association – Northern Illinois	http://www.tricountysra.org/
South West Special Recreation Association – Northern Illinois	www.swsra.com
Edward Hines Jr. VA Medical Center	www.hines.va.gov
Midwest Wheelchair Sport & Social Club	www.mdwssc.org
RIC Sky (Women’s Team)	http://www.ricsky.org/
Chicago Skyhawks Wheelchair Basketball	http://www.ric.org/healthinfo/fitness/sportsprograms/Basketball/jrbasketball/
Freedom Golf Association (FGA)	www.fgagolf.org
Judd Goldman Adaptive Sailing Program	http://www.juddgoldmansailing.org
Dare2tri Paratriathlon Club – Paralympic Sport Chicago	www.dare2tri.org
University of Illinois Track and Road Racing Program	http://disability.illinois.edu/athletics

INDIANA	
Turnstone Center for Children and Adults with Physical Disabilities – Fort Wayne	www.turnstone.org
Rehabilitation Hospital of Indiana (RHI) Sports Program – Indianapolis	https://www.rhin.com/rhi-sports-program/
Northern Indiana VA Health Care System	www.northernindiana.va.gov
Special Outdoor Leisure Opportunities (SOLO, Inc.)	http://skisolomichiana.org/
Team River Runner – Northwest Indiana	http://www.teamriverrunner.org/

IOWA	
Adaptive Sports Iowa- Paralympic Sport Central Iowa	www.adaptivesportsiowa.org
SportAbility of Iowa – Paralympic Sport Eastern Iowa	https://sportabilityofiowa.org/
VA Central Iowa Health Care System	www.centraliowa.va.gov

Iowa City VA Health Care System	http://www.iowacity.va.gov/
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KANSAS	
Wheelchair Sports, Inc. – Paralympic Sport Wichita	www.wcsports.org

KENTUCKY	
Frazier Rehabilitation Hospital – Paralympic Sport Louisville	http://www.kentuckyonehealth.org/adaptive-sports-program
Louisville Metro Parks and Recreations Adapted Leisure Activities – Louisville	https://louisvilleky.gov/government/parks/adaptive-and-inclusive-recreation-air-formerly-adapted-leisure-activities
Independence Place – Paralympic Sports Central Kentucky	www.ipky.org
National Wheelcats	www.nationalwheelcats.org
United States Driving for the Disabled, Inc.	www.usdfd.org

LOUISIANA	
Louisiana GUMBO Inc – Paralympic Sport Louisiana	https://sites.google.com/site/louisianagumboinc/home
Samaritan Multi-Services Centered on Living (S.M.C.L) Foundation & Associates	www.samaritanactsneworleans.org
Louisiana Handicapped Sportsmens Inc.	http://www.handicappedoutdoors.com/2015/11/louisiana-handicapped-sportsmen.html

MAINE	
Central Maine Adaptive Sports	http://centralmaineadaptivesports.org/
US Biathlon	http://biathlon.teamusa.org
New England Nordic Ski Association – Maine	https://www.nensa.net/
Pineland Farms, VAST (Veterans Adaptive Sports & Training) Program	www.pinelandfarms.org

Maine Adaptive Sports & Recreation – Paralympic Sport Maine	www.maineadaptive.org
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MARYLAND

Disabled Sports USA	https://www.disabledsportsusa.org/
Bennett Blazers	http://bennettblazers.org/
Maryland Ravens	http://www.marylandravens.org/
Baltimore Adapted Recreation and Sports, Inc. (BARS)	www.barsinfo.org
Team River Runner Walter Reed (WRNMMC)	http://www.teamriverrunner.org/?q=node/1724
Team River Runner Ft. Meade	http://www.teamriverrunner.org/?q=node/1318
Chesapeake Region Accessible Boating	www.crabsailing.org
Soldiers Undertaking Adaptive SCUBA (SUDS)	www.sudsdiving.org
Catch A Lift	www.catchaliftfund.com
VETSports	www.vetsports.org
Salute Military Golf Association	WWW.SMGA.ORG
University of Maryland Rehabilitation & Orthopaedic Institute	http://www.umrehabortho.org/adapted-sports-program/index.htm
Bennett Institute Physically Challenged Sports Prog. of Kennedy Krieger, Baltimore	www.kennedykrieger.org

MASSACHUSETTS

Massachusetts Department of Conservation & Recreation’s Universal Access Program	http://www.mass.gov/eea/agencies/dcr/massparks/accessibility/
Community Rowing, Inc. – Paralympic Sport Boston	www.communityrowing.org/outreach
Holyoke Rows, Inc. – Paralympic Sport Pioneer Valley	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Holyoke-Rows-Inc-Paralympic-Sport-Pioneer-Valley
Piers Park Sailing Center – Paralympic Sport Boston	www.piersparksailing.org



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VA Boston Healthcare System	http://www.boston.va.gov/
CAPEable Adventures – Paralympic Sport Cape Cod	www.capeableadventures.org
Cape Cod Curling Club – Paralympic Sport Southern Massachusetts	www.capecodcurling.org
New England Blazers	www.neblazers.com
Amelia Park Ice Arena	www.ameliaparkice.org
CHD’s Disability Resources	www.chd.org/DisabilityResources
Team River Runner Boston	http://www.teamriverrunner.org/?q=node/107
AccessSport America	www.accessportamerica.org
Community Boating, Inc.	http://www.community-boating.org
NEPVA Celtics	http://www.nepva.org/basketball.html
All Out Adventures	www.alloutadventures.org
Adaptive Sports New England, Inc – Paralympic Sport Boston	www.adaptivesportsne.org
Massachusetts Association for the Blind & Visually Impaired	https://www.facebook.com/mabvi/

MICHIGAN	
Kentwood Parks & Recreation – Paralympic Sport Kentwood	www.yourkprd.org
Michigan Sports Unlimited – Paralympic Sport Saginaw	www.misportsunlimited.com
Oakland County Parks – Paralympic Sport Waterford	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Oakland-County-Parks-Paralympic-Sport-Waterford
Mary Free Bed Wheelchair and Adaptive Sports – Paralympic Sport Grand Rapids	http://www.maryfreebed.com/sports
John D. Dingell VA Medical Center	www.detroit.va.gov
Aleda E. Lutz VA Medical Center	www.saginaw.va.gov
Lucky Fin Project	www.luckyfinproject.org



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Team River Runner Battle Creek	http://www.teamriverrunner.org/?q=node/1401
Cannonsburg Challenged Ski Association	www.skiccsa.org
Michigan Adaptive Sports	www.michiganadaptivesports.org
Michigan State University Demmer Center	www.demmercenter.msu.edu

MINNESOTA

Courage Kenny Rehabilitation Institute – Paralympic Sport Twin Cities	www.allinahealth.org/adaptivesports
Minneapolis VA Health Care System	www.minneapolis.va.gov
St. Cloud VA Health Care System	http://www.stcloud.va.gov/
HOPE, Inc. – Paralympic Sport Fargo-Moorhead	www.hopeinonline.org
Team River Runner Minneapolis	http://www.teamriverrunner.org/?q=node/1299
U.S. Electric Wheelchair Hockey Association	www.powerhockey.com

MISSISSIPPI

G.V. Sonny Montgomery VAMC Warriors Unlimited	www.jackson.va.gov
University of Southern Mississippi Technology Learning Center – Gulf Coast	http://www.usm.edu/gulfcoast/technology-learning-center
Metro Area Community Empowerment (MACE) – Paralympic Sport Jackson	https://www.facebook.com/macemississippi/
Mississippi Wheelcats	https://www.facebook.com/mswheelcats/

MISSOURI

Disabled Athlete Sports Association – Paralympic Sport St. Louis	www.dasasports.org
Springfield-Greene County Park Board – Paralympic Sport Springfield	https://www.parkboard.org/334/Accessible-Recreation

Team River Runner Springfield	http://www.teamriverrunner.org/?q=node/1333
Team River Runner St. Louis	http://www.teamriverrunner.org/?q=node/135
Lake of the Ozarks Judo Club	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Lake-of-the-Ozarks-Judo-Club
Midwest Adaptive Sports	www.midwestadaptivesports.org

MONTANA

DREAM Adaptive Recreation, Inc	www.dreamadaptive.org
Team River Runner Great Falls	http://www.teamriverrunner.org/?q=node/1303
Eagle Mount Billings	www.eaglemount.us
Eagle Mount Bozeman – Paralympic Sport Bozeman	www.eaglemount.org
Eagle Mount Great Falls	www.eaglemount.net
Moving Forward Adaptive Sports	www.neverstoprocking.com

NEBRASKA

Alegent Health Immanuel Rehabilitation Center – Paralympic Sport Omaha	http://www.alegentcreighton.com/TherapeuticRecreation
Eastern Nebraska Wheelchair Athletic Association (ENWAA) – Omaha	www.enwaa.org
Great Plains Chapter Paralyzed Veterans of America, Inc. – Omaha	www.greatplainspva.org
Nebraska-Western Iowa VA Health Care System	www.nebraska.va.gov

NEVADA

City of Reno Parks, Recreation & Community Services – Paralympic Sport Reno	https://www.reno.gov/government/departments/parks-recreation-community-services/adaptive-recreation
Team River Runner Reno	http://www.teamriverrunner.org/?q=node/1332

NEW HAMPSHIRE

AbilityPLUS, Inc. – Paralympic Sport New Hampshire	www.abilityplus.org
Northeast Passage – Paralympic Sport Southern New Hampshire	http://www.nepassage.org
New England Disabled Sports – Paralympic Sport New Hampshire	www.nedisabledsports.org
New England Healing Sports Association – Central New Hampshire	www.nehsa.org
Granite State Adaptive – Paralympic Sport New Hampshire	www.gsadaptivesports.org
Concord Fencing Club	www.concordfencingclub.org
Team River Runner Newbury NH	http://www.teamriverrunner.org/?q=node/1308
Lakes Region Disabled Sports at Gunstock	www.gunstockadaptive.org
Crotched Mountain Accessible Recreation and Sports	https://crotchedmountain.org/programs-and-services/accessible-recreation/
Waterville Valley Adaptive Sports	www.watervilleadaptive.com

NEW JERSEY

Children’s Specialized Hospital Lightning Wheels – Paralympic Sport New Jersey	https://www.childrens-specialized.org/programs-and-services/specialty-programs/activity-connection-recreation-programs/sports-connection/lightning-wheels
Disabled Sports USA South Jersey Chapter	http://www.disabledsportsusa.org/chapters/disabled-sports-usa-south-jersey-chapter-new-jersey/
United States Equestrian Federation, Inc.	http://www.usef.org/_IFrames/breedsDisciplines/discipline/allpara.aspx
United States Rowing Association	www.usrowing.org



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North Jersey Navigators – Paralympic Sport New Jersey	http://www.tswaa.com/north_jersey_navigators2.htm
New Jersey Freeze	http://www.newjerseyfreeze.com/
Athletes with Disabilities Network North East Chapter	www.adnpage.org
US Adaptive Sailing	http://www.disabledsportsusa.org/chapters/us-adaptive-sailing/

NEW MEXICO

Adaptive Sports Program New Mexico	http://www.adaptivesportsprogram.org/
Zia Freewheelers Adaptive Cycling Team	https://www.facebook.com/ZiaFreewheelersAdaptiveCyclingTeam/
Ski Apache Disabled Skiers Program	http://skiapacheadaptivesports.com/
The Cody Unser First Step Foundation	www.codysfirststep.org
NMVAHCS	https://www.albuquerque.va.gov/
Global Opportunities Unlimited – Paralympic Sport New Mexico	www.gounlimited.org
Adaptive Ski Program	www.adaptiveski.org
University of New Mexico DisAbility Sports Festival	http://nmwheelchairsports.com/adapted-sports-festival
Challenge New Mexico	www.challengenewmexico.com
Milagro Aquatics	www.milagroaquatics.com

NEW YORK

Achilles International	www.achillesinternational.org
Adaptive Sports Foundation – Paralympic Sport Windham	www.adaptivesportsfoundation.org
Asphalt Green	http://www.asphaltgreen.org
STRIDE Adaptive Sports – Paralympic Sport Albany	www.stride.org



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Charles T. Sitrin Health Care Center – Paralympic Sport New Hartford	www.sitrin.com
United States Tennis Association	https://www.usta.com/en/home/play/play-as-a-member/national/wheelchair-tennis-tournaments.html
United Cerebral Palsy of Nassau County, Inc.	www.ucpn.org
New York City Department of Parks & Recreation – New York City	www.nyc.gov/parks
Cape Ability Outrigger Ohana, Inc. – Paralympic Sport Western New York	www.adaptivecanoeing.org
Row New York – Paralympic Sport New York City	http://www.rownewyork.org/
Northport VAMC/Disabled American Veterans TN	https://www.northport.va.gov/NORTHPORT/features/DAV_Honors_Northport_VAMC_Volunteers.asp
Caddo Bossier Foundation for Sword Sports	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Caddo-Bossier-Foundation-for-Sword-Sports
Team River Runner Northport	http://www.teamriverrunner.org/?q=node/395
Greek Peak Adaptive Snowsports	www.gpadaptive.org
Lounsbury Adaptive Ski Program	https://skilasp.wixsite.com/lounsburyadaptive
Western New York Adaptive Water Sports	www.wnyadaptivewatersports.org
Helen Hayes Rehabilitation Hospital – Paralympic Sport Hudson Valley	www.helenhayeshospital.org
World T.E.A.M. Sports	http://worldteamsports.org/
Eastern NY-Western MA – Capital Region Nordic Alliance	http://capitalregionnordicalliance.org/about/
Central Association for the Blind and Visually Impaired – Central New York	www.cabvi.org
National Recreation Education Foundation / Peconic Community Rowing Association	www.recreationeducation.org
Wheelchair Sports Federation	www.wheelchairsportsfederation.org
Move Along Inc.	http://www.movealonginc.org/
Adaptive Climbing Group	http://www.adaptiveclimbinggroup.org/

NORTH CAROLINA	
Bridge II Sports – Paralympic Sport Triangle	www.bridge2sports.org
Mecklenburg County Park and Recreation, Therapeutic Recreation Section – Metrolina	http://TR.Charmeck.org
Triangle Sled Hockey Association	www.trianglespecialhockey.org
Fayetteville-Cumberland Parks and Recreation – Paralympic Sport Fayetteville	https://fcpr.us/athletics/adaptive-sports-3048
Charlotte Rollin Bobcats Wheelchair Basketball Program	https://rollinbobcats.wordpress.com/
Adaptive Sports and Adventures Program, Carolinas Rehabilitation	https://www.carolinashealthcare.org/medical-services/specialty-care/rehabilitation/Community-Programs-Support-Groups/Adaptive-Sports-and-Adventures-Program
Triad Trackers	http://www.facebook.com/pages/Triad-Trackers-Wheelchair-Basketball/153566591321213
Abilities Unlimited of the Carolinas, Inc.	www.aucarolinas.org
The Ability Experience	http://www.abilityexperience.org/
The Warrior Ride	www.Thewarriorride.org
Team River Runner Asheville	http://www.teamriverrunner.org/?q=node/303
Team River Runner Raleigh	http://www.teamriverrunner.org/?q=node/367
Team River Runner Wilmington and the Greater Cape Fear Area	http://www.teamriverrunner.org/?q=node/1292
RDU Crew	http://www.rducrew.org

NORTH DAKOTA	
Fargo VA Health Care System	http://www.fargo.va.gov/

OHIO	
Columbus Recreation and Parks Department – Paralympic Sport Columbus	http://parks.columbus.gov/programs.aspx?=32002
Adaptive Sports Program of Ohio – Paralympic Sport Ohio	http://adaptivesportsohio.org/
Cincinnati Recreation Commission – Paralympic Sport Cincinnati	www.cincyrec.org/tr
Cincinnati VA Medical Center	www.cincinnati.va.gov
Solid Rock Therapeutic Riding Center	www.solidrocktrc.com
Miami Valley Adapted Sports – Paralympic Sport Miami Valley	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Miami-Valley-Adapted-Sports-Paralympic-Sport-Miami-Valley
Youth Challenge – Paralympic Sport Cleveland	www.youthchallengesports.com
Team River Runner Cincinnati OH/Northern KY	http://www.teamriverrunner.org/?q=node/294
Team River Runner Kent State	http://www.teamriverrunner.org/?q=node/1390
Team River Runner Toledo	http://www.teamriverrunner.org/?q=node/11567
Three Trackers of Ohio	www.3trackers.org
The Adaptive Adventure Sports Coalition – Paralympic Sport Central Ohio	www.taasc.org
Greater Columbus Rowing Association – Paralympic Sport Columbus	www.columbusrowing.org
SPIRE Institute	www.spireinstitute.org
Great Miami Rowing Center/RowAmerica – Paralympic Sport Southwest Ohio	www.greatmiamirowing.com
Urbana University Shooting Sports Club	https://www.facebook.com/UUSSclub/
Ultimate Workout and Recovery	www.workoutandrecovery.com

OKLAHOMA	
USA Volleyball – Sitting Program	http://usavolleyball.org/volleyball-disciplines/sitting-volleyball
University of Central Oklahoma – Paralympic Sport Oklahoma City	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/University-of-Central-Oklahoma-Paralympic-Sport-Oklahoma-City
The Center for Individuals with Physical Challenges – Paralympic Sport Club Tulsa	www.tulsacenter.org
Oklahoma City VA Medical Center	www.oklahoma.va.gov
MAPVA Chargers	http://www.nwba.org/page/show/2024042-ok-mapva-chargers
Oklahoma City Boathouse – Paralympic Sport Oklahoma City	http://okc-nhpc.org/
UCO Sports & Events	www.usoadaptiverec.com
Oklahoma Adaptive Sports Association (OKASA)	https://okasa.org/
Tulsa Jammers	https://www.facebook.com/TulsaJammers/

OREGON	
Adaptive Sports Northwest – Paralympic Sport Portland	www.adaptivesportsnw.org/
City of Eugene Adaptive Recreation Services – Paralympic Sport Eugene	www.eugene-or.gov/recadaptive
Evergreen Curling Club	http://evergreencurling.com/wheelchaircurling/wheelchaircurling.php
Oregon Adaptive Sports – Paralympic Sport Central Oregon	www.oregonadaptivesports.org
Team River Runner Portland	https://www.teamriverrunner.org/get-involved/chapters/oregon-portland/
Happy Trails Riding Academy	http://happytrailssridingacademy.org/
PDX Fencing	www.pdxfencing.com
Outdoors For All Foundation	www.outdoorsforall.org
Northwest Wheelchair Tennis Association	http://www.nwwheelchairtennis.org/nwta/

PENNSYLVANIA	
Penn State Ability Athletics Program – Paralympic Sport University Park	http://www.athletics.psu.edu/ability/
Pennsylvania Center For Adapted Sports – Paralympic Sport Philadelphia	www.centeronline.com
HOPE Network – Paralympic Sport Pittsburgh	https://www.facebook.com/HOPENetworkPA/
Strong as Steel Adaptive Sports	http://strongassteeladaptivesports.webs.com/
Bay City Thunder & Lightning	http://www.crinet.org/bay_city_lightning/index.htm
Katie’s Komets	http://www.katieskomets.org/
Blind Sports Organization	www.blindsports.org
Team River Runner Coatesville	http://www.teamriverrunner.org/?q=node/309
Blue Ridge Adaptive Snow Sports (BRASS)	www.brasski.org
Three Rivers Adaptive Sports	www.traspa.org
Three Rivers Rowing Association – Paralympic Sport Three Rivers	http://threeriversrowing.org/adaptive/
Dynamic Paddlers	http://www.dynamicpaddlers.com
Two Top Mountain Adaptive Sports Foundation	http://www.twotopadaptive.org/
Pittsburgh Mighty Penguins Sled Hockey Organization	http://penguinssledhockey.org/

RHODE ISLAND	
U.S. Sailing	http://www.ussailing.org/education/adaptive-sailing/
Sail To Prevail – Paralympic Sport Newport	www.sailtoprevail.org
Rollin’ Red Sox Wheelchair Softball	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Rollin-Red-Sox-Wheelchair-Softball

SOUTH CAROLINA

Coastal Carolina Adaptive Sports & Recreation – Coastal Carolina	http://coastalcarolinaadaptivesports.org/
Touch the Future, Inc. – Paralympic Sport Golden Corner	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Touch-the-Future-Inc-Paralympic-Sport-Golden-Corner
Team River Runner Columbia	http://www.teamriverrunner.org/?q=node/1356
Roger C. Peace Rehabilitation Hospital/Greenville Health System	https://www.ghs.org/healthcareservices/rehabilitation/
Adaptive Expeditions – Paralympic Sport Charleston	www.AdaptiveExpeditions.org

SOUTH DAKOTA

VA Black Hills Health Care System	http://www.blackhills.va.gov/
Black Hills Regional Ski for Light, Inc.	http://www.bhsfl.org/
Sioux Falls VA Health Care System	http://www.siouxfalls.va.gov/

TENNESSEE

City of Chattanooga, Parks & Recreation Therapeutic Recreation – Chattanooga	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/City-of-Chattanooga-Parks-and-Recreation-Therapeutic-Recreation-Paralympic-Sport-Chattanooga
Tennessee Association of Blind Athletes (TNABA) – Paralympic Sport Tennessee	www.tnaba.org
Clarksville Parks and Recreation – Paralympic Sport Clarksville	www.cityofclarksville.com/parks
Team River Runner Johnson City and TriCities area of NE Tennessee	http://www.teamriverrunner.org/?q=node/247
Sports, Arts & Recreation of Chattanooga (SPARC)	http://www.disabledsportsusa.org/chapters/sports-arts-recreation-of-chattanooga-sparc/

TEXAS	
Houston Parks & Recreation Department – Paralympic Sport Houston	http://houstontx.gov/parks/adaptivesports.html
University of Texas Arlington – Paralympic Sport Arlington	http://library.uta.edu/txdisabilityhistory/organizations/movin-mavs-university-texas-arlington
TIRR Memorial Hermann Sports – Paralympic Sport Houston	http://www.memorialhermann.org/locations/tirr/content.aspx?id=1250
Texas Rowing for All – Paralympic Sport Austin	http://www.texasrowingcenter.com/adaptive_programs.htm
San Antonio Fencing Center – Paralympic Sport San Antonio	www.safencingcenter.com
Seton Brain and Spine Institute – Paralympic Sport Austin	www.setonbrainandspine.com
Harker Heights Parks & Recreation – Paralympic Sport Harker Heights	http://www.ci.harker-heights.tx.us/
Kinetic Kids – Paralympic Sport San Antonio	www.kinetickidstx.org
Southwest Wheelchair & Ambulatory Sports Association	www.swaasports.org
Dallas Jr. Wheelchair Mavericks – Paralympic Sport Dallas	https://www.facebook.com/DallasJrMavs/
RISE Adaptive Sports. – Paralympic Sport North Texas	www.riseadventures.org
STARskaters – Paralympic Sport Houston	http://www.STARskaters.org
ParaSports – Paralympic Sport San Antonio	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/ParaSports-Paralympic-Sport-San-Antonio
City of Pasadena Verne Cox Multipurpose Recreation Center – Pasadena	http://www.ci.pasadena.tx.us/default.aspx?name=prk.fac-v_cox
Team River Runner Texas – Paralympic Sport Texas Hill Country	www.kayakinstruction.org
Turning Point	www.turningpointnation.org
Team River Runner Houston	http://www.teamriverrunner.org/?q=node/1324
Home Sweet Home Community Redevelopment Corp	http://www.homesweethomecommunity.org/
Team River Runner San Antonio	http://www.teamriverrunner.org/?q=node/132
Wasabi Dojo at Elements BJJ	www.wasabidojo.net
Lady Mavericks Wheelchair Basketball – Paralympic Sport Club Dallas	http://www.facebook.com/#!/pages/Lady-Mavericks-Wheelchair-Basketball/108867112476689



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DFW Sled Hockey Association	www.facebook.com/dfwsledhockey
Fencing Institute of Texas, Inc. – Paralympic Sport Dallas	http://fenceintexas.org/wheelchair-fencing.html
Austin Rec’ers	http://www.austinrecers.org/
Team River Runner San Antonio	http://www.teamriverrunner.org/?q=node/132
Operation Comfort	www.operationcomfort.org
Heroes On The Water – DFW Chapter	www.HeroesOnTheWater.org
Powered to Move	http://www.poweredtomove.org/
Michael E. DeBakey VA Medical Center	http://www.houston.va.gov/
City of Lake Jackson Parks & Recreation – Paralympic Sport Lake Jackson	http://www.lakejackson-tx.gov/
Texas Regional Paralympic Sport: A division of Lone Star Paralysis Foundation	www.texasregionalparalympicsport.org
STRAPS – South Texas Regional Adaptive Paralympic Sport	www.STRAPSports.com
Sea Scout Base Galveston DBA Galveston Community Sailing – Galveston	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Sea-Scout-Base-Galveston-DBA-Galveston-Community-Sailing-Paralympic-Sport-Galveston
Tirr Texans	http://tirr.memorialhermann.org/patient-resources/adaptive-sports/
Therapeutic Horsemanship of El Paso	https://www.facebook.com/therapeutichorsemanshipofelpaso/
One Chair At A Time	www.onechairatathetime.org
Victoria Bad News Chairs	https://www.facebook.com/groups/783321918448400/about/
META Athletics, Tyler, TX	https://www.facebook.com/MyEastTexasAdaptiveAthletics/

UTAH	
Aspen Valley Ski and Snowboard Club (AVSC)	http://www.teamavsc.org/
Salt Lake County Adaptive Recreation – Paralympic Sport Salt Lake County	https://slco.org/adaptive/

National Ability Center – Paralympic Sport Park City	www.discovernac.org
University of Utah Health Care Rehabilitation Center – TRAILS – Salt Lake City	http://healthcare.utah.edu/rehab/
Utah Rush Wheelchair Basketball	https://www.facebook.com/Utah-Rush-230754530409542/
Utah Wheelin’ Jazz	https://www.facebook.com/wheelinjazz/
Team River Runner Salt Lake City	http://www.teamriverrunner.org/?q=node/1372
Common Ground Outdoor Adventures	www.cgadventures.org
Wasatch Adaptive Sports	www.wasatchadaptivesports.org

VERMONT	
Ability PLUS, Inc.	www.abilityplus.org
Adaptive Martial Arts Association, Inc. (AMAA)	www.adaptivemartialarts.org
Bart J Ruggiere Adaptive Sports Center – Paralympic Sport Manchester	www.bartcenter.com
Vermont Adaptive Ski and Sports – Paralympic Sport Vermont	www.vermontadaptive.org
Northeast Disabled Athletic Association – Paralympic Sport Club Burlington	www.disabledathletics.org
New England Nordic Ski Association – Vermont	http://adaptive.nensa.net/
Friends of Stowe Adaptive Sports	www.stoweadaptive.org

VIRGINIA	
Adventure Amputee Camp	www.adventureamputeecamp.org
Sportable Richmond Adaptive Sports and Recreation, Inc. – Richmond	www.sportable.org
Hunter Holmes McGuire VA Medical Center	http://www.richmond.va.gov/
Wintergreen Adaptive Sports – Paralympic Sport Club Wintergreen	www.skiwas.org



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Therapeutic Adventures, Inc. – Paralympic Sport Blue Ridge/Shenandoah	www.TAonline.org
Project Enduring Pride.org	www.enduringpride.org
Team River Runner Virginia Beach	http://www.teamriverrunner.org/get-involved/chapters/virginia-va-beach/
Virginia Beach Hockey Club Sled Team – Challenge Team, Inc.	www.vbhcchallenge.com
Sailing 4 All	www.gosailing4all.org
Team River Runner Blue Ridge Shenandoah Virginia	http://www.teamriverrunner.org/?q=node/1285
Team River Runner Ft Belvoir	http://www.teamriverrunner.org/?q=node/1728
Team River Runner Richmond	http://www.teamriverrunner.org/?q=node/50
Arlington-Fairfax IWLA	http://arlingtonfairfax-iwla.org/
Richmond Tennis Association	www.richmondtennis.org
Wounded Warrior Adaptive Sports	https://www.facebook.com/WoundedWarriorAdaptiveSports

WASHINGTON	
Team St. Luke’s – Paralympic Sport Spokane	http://www.st-lukes.org/Sub.aspx?id=436&linkidentifier=id&itemid=436
Seattle Adaptive Sports – Paralympic Sport Seattle	http://www.seattleadaptivesports.org
Metro Parks Tacoma Adaptive Recreation – Paralympic Sport Tacoma	http://www.metroparkstacoma.org/adaptive
Seattle Wheelchair Rugby Association – Paralympic Sport Seattle	www.seattleslam.org
Seattle Storm (Women’s Team)	http://www.seattleadaptivesports.org/basketball.html
Team River Runner Spokane	http://www.teamriverrunner.org/?q=node/1345
Footloose Sailing Association	http://www.footloosedisabledsailing.org/
Northwest Association for Blind Athletes – Paralympic Sport Clark County	www.nwaba.org
ParaSport Spokane – Paralympic Sport Inland Northwest	www.parasportspokane.org



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Next Step Archery – Paralympic Sport ARCHERY Northwest	www.nextsteparchery.com
Outdoors for All Foundation	www.outdoorsforall.org

WEST VIRGINIA	
CAMC Para-athletic Program – Paralympic Sport West Virginia	www.camc.org/challengedsports
Challenged Athletes of West Virginia – Paralympic Sport Mountaineer	http://www.cawvsports.org/

WISCONSIN	
USA Curling	www.curlingrocks.net
Milwaukee Recreation Department – Paralympic Sport Milwaukee	http://www.milwaukee recreation.net/adaptive/adaptive-sports.htm
Milwaukee Bucks Wheelchair Basketball Association	https://www.facebook.com/wisconsinadaptivesports/
Clement Zablocki VA Medical Center	www.milwaukee.va.gov
Wheelin’ Wizards Competitive Youth Wheelchair Basketball Club	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Wheelin-Wizards-Competitive-Youth-Wheelchair-Basketball-Club
Central Cross Country Ski Association – Paralympic Sport Madison	www.cxcskiing.org
Wheelchair Bucks	http://www.gofundme.com/8hdew&aff=GFMse
Team River Runner Milwaukee	http://www.teamriverrunner.org/?q=node/1334
Southeastern Wisconsin Adaptive Ski Program	www.sewasp.org
Madison School and Community Recreation	http://mscr.org/our-programs/adaptive-recreation-inclusion

WYOMING

Casper Mountain Biathlon Club – Paralympic Sport Casper Mountain	home.caspermountainbiathlonclub.org
Teton Adaptive Sports, Inc.	http://www.tetonadaptivesports.com

ADAPTIVE SPORTS CLUBS (BY SPORT)

WHEELCHAIR BASKETBALL

National Wheelchair Basketball Association	https://www.nwba.org/
Lady Mavericks Wheelchair Basketball	https://wheelchairladymavericks.webs.com/
Charlotte Rollin Bobcats Wheelchair Basketball	https://rollinbobcats.wordpress.com/
Lakeshore Junior Wheelchair Basketball	http://www.lakeshore.org/index.php?src=gendocs&link=Wheelchair_Basketball&category=Main
Chicago Skyhawks Wheelchair Basketball	http://www.ric.org/healthinfo/fitness/sportsprograms/Basketball/jrbasketball/
NEPVA Celtics	http://www.nepva.org/basketball.html
Triad Trackers	http://www.facebook.com/pages/Triad-Trackers-Wheelchair-Basketball/153566591321213
Utah Rush Wheelchair Basketball	https://www.facebook.com/Utah-Rush-230754530409542/
Seattle Storm (Women’s Team)	http://www.seattleadaptivesports.org/basketball.html
Milwaukee Bucks Wheelchair Basketball Association	https://www.facebook.com/wisconsinadaptivesports/
Wheelin’ Wizards Competitive Youth Wheelchair Basketball Club	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Wheelin-Wizards-Competitive-Youth-Wheelchair-Basketball-Club
Michigan State University Adaptive Sports Club	https://recsports.msu.edu/adaptiverec/adaptiveclub.html

GOLF

Golf 4 the Disabled	www.golf4thedisabled.org
Freedom Golf Association (FGA)	www.fgagolf.org
Middle Atlantic Blind Golf Association	https://www.mabga.org/
Midwest Amputee Golf Association	http://www.mwaga.org/
National Alliance on Accessible Golf	https://www.accessgolf.org/
National Amputee Golf Association	http://nagagolf.org/
North American One Arm Golfer Association	https://www.naoaga.org/
Southern Amputee Golf Association	http://www.sagagolf.org/
United States Blind Golf Association	https://usblindgolf.com/
Western Amputee Golf Association	http://wagagolf.org/

WHEELCHAIR RUGBY

San Diego Sharp – USA Wheelchair Rugby	https://www.facebook.com/SharpEdgeRugby/
United States Quad Rugby Association	http://www.quadrugby.com
Seattle Wheelchair Rugby Association – Paralympic Sport Seattle	www.seattleslam.org
U.S. Quad Rugby Association	http://usqra.org/
Harlequin Rugby	https://www.harlequins.org/quad-rugby
Michigan State University Adaptive Sports Club	https://recsports.msu.edu/adaptiverec/adaptiveclub.html
MedStar National Rehabilitation Network	https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/wheelchair-rugby/

INDOOR ROWING

US Rowing	http://www.usrowing.org/NationalTeams/ParalympicParaRowingNationalTeam
Rio Salado Rowing Club – Paralympic Sport Valley of the Sun	https://www.rowrio.org/pages/adaptive-rowing
California Adaptive Rowing Program	http://www.carplb.net
San Diego Rowing Club	www.sandiegrowing.org
Capital Rowing Club – Paralympic Sport Washington, D.C.	http://www.capitalrowing.org
South Orlando Rowing Association	http://www.SORACrew.com
Chicago Rowing Foundation	http://www.rowchicago.com/
Community Rowing, Inc. – Paralympic Sport Boston	www.communityrowing.org/outreach
National Recreation Education Foundation / Peconic Community Rowing Association	www.recreationeducation.org
Greater Columbus Rowing Association – Paralympic Sport Columbus	www.columbusrowing.org
Great Miami Rowing Center/RowAmerica – Paralympic Sport Southwest Ohio	www.greatmiamirowing.com
Three Rivers Rowing Association – Paralympic Sport Three Rivers	http://threeriversrowing.org/adaptive/
Texas Rowing for All – Paralympic Sport Austin	http://www.texasrowingcenter.com/adaptive_programs.htm
Miami Beach Rowing Club	https://rowmiamibeach.com/
Sarasota Adaptive Rowing	http://sarasotaadaptiverowing.com/

SLED HOCKEY	
IVHA/Junior Reign Sled Hockey – Paralympic Sport Riverside	http://socalsledhockey.blogspot.com
LA Kings Sled Hockey	https://www.facebook.com/LAKingsSledHockey/
San Diego Ducks Sled Hockey	https://www.duckssledhockey.org/
USA Hockey	http://www.usahockey.com/
Space Coast Hurricanes Sled Hockey	http://spacecoastsled.webs.com/
Florida Bandits Sled Hockey	http://www.usahockey.com/page/show/1193888-florida-bandits
Atlanta Sparks	https://www.facebook.com/pages/Atlanta-Sparks-Special-Needs-Hockey/276260542495795?ref=hl
U.S. Electric Wheelchair Hockey Association	www.powerhockey.com
Triangle Sled Hockey Association	www.trianglespecialhockey.org
Pittsburgh Mighty Penguins Sled Hockey Organization	http://penguinssledhockey.org/
DFW Sled Hockey Association	facebook.com/dfwsledhockey
Virginia Beach Hockey Club Sled Team – Challenge Team, Inc.	www.vbhcchallenge.com
Michigan State University Adaptive Sports Club	https://recsports.msu.edu/adaptiverec/adaptiveclub.html
MedStar National Rehabilitation Network	https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/sled-hockey/

CYCLING	
Bicycling Blind Los Angeles	http://bicyclingblind.org
USA Cycling	http://usacycling.org/clubs/
United States Handcycling Federation	http://www.nchpad.org/Directories/Organizations/2086/United~States~Handcycling~Federation
Zia Freewheelers Adaptive Cycling Team	https://www.facebook.com/ZiaFreewheelersAdaptiveCyclingTeam/

SITTING VOLLEYBALL

USA Volleyball	http://www.teamusa.org/USA-Volleyball/
BAVA Beach Paravolleyball (Millersville) EVENT PARTNER	bayvolleyball.com/beachparavolley

ARCHERY

Next Step Archery – Paralympic Sport ARCHERY Northwest	www.nextsteparchery.com
USA Archery	http://www.teamusa.org/USA-Archery/
North Side Archery Club (Chicago) INCLUSIVE CLUB	northsidearcheryclub.org
Minnehaha Archery Adaptive Sports Program	https://www.minnehaha-archers.com/adaptive-sports
Shirley Ryan Ability Lab Adaptive Archery	https://www.sralab.org/adaptive-archery
West Michigan Archery Center	https://www.westmichiganarchery.com/adaptive-archery
Archers Artemis	http://archersartemis.com/
Allina Health Adaptive Archery Program	https://account.allinahealth.org/events/53657
The Cil Adaptive Archery	https://www.thecil.org/events/adaptive-archery
Arrows For Heroes	https://www.arrowsforheroes.org/ourprogram

SAILING

Community Sailing of Colorado – Paralympic Sport Denver	www.communitysailing.org
Team Paradise Sailing – Paralympic Sport Miami	www.teamparadise.org
Judd Goldman Adaptive Sailing Program	http://www.juddgoldmansailing.org
Chesapeake Region Accessible Boating	www.crabsailing.org
Piers Park Sailing Center – Paralympic Sport Boston	www.piersparksailing.org
US Adaptive Sailing	http://www.disabledsportsusa.org/chapters/us-adaptive-sailing/
U.S. Sailing	http://www.ussailing.org/education/adaptive-sailing/
Sea Scout Base Galveston DBA Galveston Community Sailing – Paralympic Sport Galveston	https://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Sea-Scout-Base-Galveston-DBA-Galveston-Community-Sailing-Paralympic-Sport-Galveston
Sailing 4 All	www.gosailing4all.org
Footloose Sailing Association	http://www.footloosedisabledsailing.org/
Warrior Sailing	warriorsailing.org

WHEELCHAIR TENNIS

San Diego District Tennis Association	http://www.sandiegotennis.com
Idaho Wheelchair Tennis Association	www.idahowta.org
United States Tennis Association	https://www.usta.com/en/home/play/play-as-a-member/national/wheelchair-tennis-tournaments.html
Northwest Wheelchair Tennis Association	http://www.nwwheelchairtennis.org/nwta/
Richmond Tennis Association	www.richmondtennis.org
Plantation Community Tennis Corporation	http://www.pctc.plantationtennis.org/
Van Der Meer Tennis	http://vandermeertennis.com/adaptive-tennis/
Active Norfolk	https://www.activenorfolk.org/a-z/wheelchair-tennis



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Seattle Adaptive Sports	http://www.seattleadaptivesports.org/tennis-events.html
BC Wheelchair Tennis	https://www.bcwheelchairsports.com/related-sport-or-activity/wheelchair-tennis
MedStar National Rehabilitation Network	https://www.medstarnrh.org/our-services/adaptive-sports-fitness/services/tennis/

TRIATHLON	
Triathlon Organization	www.triathlon.org/paratriathlon
USA Paratriathlon	https://www.teamusa.org/usa-triathlon/usat-for-me/athlete-resources/paratriathletes
Dare2tri Paratriathlon Club – Paralympic Sport Chicago	www.dare2tri.org
Lakeshore Foundation	https://www.lakeshore.org/
BAM	https://www.balancedartmultisport.com/bam-coaches
HowIRoll Sports Equipment	https://howirollsports.com/product-category/adaptive-sports/paratriathlon/
Next Level Physio Triathlon Club	https://nextlevelphysionj.com/triathlon-club/
Tri Find	https://www.trifind.com/

SHOOTING

Urbana University Shooting Sports Club	https://www.facebook.com/UUSSclub/
USA Shooting	http://www.usashooting.org/
Adaptive Defensive Shooting Summit	https://adaptiveshoot.com/
NRA Adaptive Shooting	https://adaptiveshooting.nra.org/
Paralyzed Veterans of America Shooting	https://pva.org/adaptive-sports/air-guns/
Tulsa Gun Club	https://www.adaptiveshootingsportstulsa.com/tulsa-gun-club
Black Dagger Military Hunt Club	http://www.blackdaggermhc.org/
Schultz Gun Club, Annual Adaptive Sportsman Shooting Picnic	https://www.schultzgunclub.com/news-events/special-interest-groups/adaptive-sportsmen-inc/
Sills Air Range, Arlington Fairfax IWLA	https://www.orionresults.com/afciwla
Triumph Foundation	https://triumph-foundation.org/resource/wheelchair-sports-recreation/

SOCCER	
SoCal Power Soccer, Glendale, CA	https://www.facebook.com/SoCalVaqueros/
U.S. Soccer	http://www.ussoccer.com/
Port Moody Soccer Club	https://portmoodysoccer.com/programs/adaptive-soccer
Manhassey Soccer Club	http://limanhasset.sc.website.sportssignup.com/Site/Adaptive/Adaptive-Soccer
Soccer Club of Los Gatos	https://www.guidestar.org/profile/02-0673966
Colorado Rapids Youth Soccer Club	http://rapidsyouthsoccer.org/adaptive-soccer-spring-2019/
Wasilla Youth Soccer	http://www.wasillayouthsoccer.org/AdaptiveSoccer
Camp Cheerful	https://campcheerful.achievementcenters.org/program/soccer/
All Abilities Soccer Program	http://jarvissc.com/adaptive-soccer-program/
Power Soccer Club	https://www.moveunitedsport.org/sport/power-soccer/
Clemson Paralympic Soccer Program	https://www.clemson.edu/cbshs/departments/prtm/programs/va-adaptive-sport/index.html
American Amputee Soccer Association	http://www.ampsoccer.org
Rehabilitation Institute of Chicago Adaptive Sports and Fitness Program	http://www.ric.org/services/sports-and-fitness/
World Amputee Football Federation	http://www.worldamputeefootball.com/
Frame Football Foundation	http://framefootball.com/
International Blind Sports Federation	http://www.ibsasport.org

For All MAS Events and Additional Information, Visit Our Website and Follow Us on Social Media



<https://www.socom.mil/care-coalition/Pages/Military-Adaptive-Sports.aspx>



<https://www.facebook.com/socarecoalition/>



<https://www.youtube.com/channel/UCwflGk9vivJNMCjNYTSohBQ>



<https://www.instagram.com/socarecoalition/>